

**KEEP** REFRIGERATED OR FRO7FN

**CONTAINS UP TO 3% SOLUTION** #ChickenChampions www.TheChickenPound.com



@thechickenpounc

INGREDIENTS: Chicken Breast (Containing up to 3% solution of Extra Virgin Olive Oil, Sea Salt, Black Pepper), BBQ Sauce (Tomato Puree, Molasses, Apple Cider Vinegar, Brown Sugar, Worcestershire Sauce, Dry Mustard, Cayenne Pepper, Onion Powder, Smoked Paprika, Garlic Powder, Sea Salt, Black Pepper). Allergens: WHEAT

Heating Instructions: In Air-fryer heat for 3 minutes at 300 degrees. In Microwave: Heat for 45-60 seconds (you can reheat in sealed bag). In Oven or Toaster Oven: Preheat to 400 F degrees. Place chicken in oven-safe pan or wrap in foil. Heat for 12-15 minutes.

## NUTRITIONAL FACTS

Serving Size 8 ounces (227g) Servings Per Container 2

Calories 310

Calories from Fat 40

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Fat 4.5g	7%	Sodium 180mg	8%
Sat Fat 1.5g	8%	Total Carbohydrate 8g	3%
Trans Fat 0g		Dietary Fiber 0g	0%
Cholesterol 210mg	70%	Sugars 8g	
		Protein 61g	
Vitamin A 0% * Vita	amin C 0%	* Calcium 2% *	Iron 8%



Safe Handling Instructions: Keep frozen or refrigerate upon receiving.

For Optimal Results

Storage: Store in Freezer, then thaw in refrigerator for 12-24 hours prior to use. Store in refrigerator for up to 5 days.

Re-heating: Use air fryer for best tasting results.

Produced for The Chicken Pound, Fairview, NJ 07022

NET WT: 17 oz (482 g)