

@thechickenpound



Jerk flavored chicken

FULLY COOKED CHICKEN BREAST IN A JERK SAUCE

CONTAINS UP TO 3% SOLUTION

#ChickenChampions

www.TheChickenPound.com



KEEP REFRIGERATED OR FROZEN

INGREDIENTS: Chicken Breast (Containing up to 3% Extra Virgin Olive Oil, Sea Salt, Black Pepper), Jerk Sauce (Apple Cider Vinegar, Low Sodium Soy Sauce, Cayenne Pepper, Thyme, Extra Virgin Olive Oil, Cinnamon, Brown Sugar, Ginger, Nutmeg, Onion Powder). Contains: Wheat & Soy.

Heating Instructions: In Air-fryer heat for 3 minutes at 300 degrees. In Microwave: Heat for 45-60 seconds (you can reheat in sealed bag). In Oven or Toaster Oven: Preheat to 400 F degrees. Place chicken in oven-safe pan or wrap in foil. Heat for 12-15 minutes.

NUTRITIONAL FACTS

Serving Size 8 ounces (227g)
Servings Per Container 2
Calories 350
Calories from Fat 50

* Percent Daily Values (DV) are based on a 2,000 Calorie diet.

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Fat 9g	14%	Total Carbohydrate 1g	1%
Sat Fat 2.5g	13%	Dietary Fiber 2g	1%
Trans fat 0g	0%	Total Sugars 1g	
Cholesterol 200mg	67%	Protein 60g	
Sodium 200mg	8%		
Vitamin A 0%		Vitamin C 0%	
		Calcium 2%	
		Iron 10%	



Safe Handling Instructions: Keep frozen or refrigerate upon receiving.

For Optimal Results

Storage: Store in Freezer, then thaw in refrigerator for 12-24 hours prior to use. Store in refrigerator for up to 5 days.

Re-heating: Use air fryer for best tasting results.

Produced for The Chicken Pound, Fairview, NJ 07022

NET WT:
17 oz (482 g)