

@thechickenpound



# Cilantro-Lime

FULLY COOKED  
CHICKEN BREAST IN A  
CILANTRO-LIME SAUCE  
MARINATED IN UP TO 3% SOLUTION

#ChickenChampions  
[www.TheChickenPound.com](http://www.TheChickenPound.com)



KEEP  
REFRIGERATED  
OR FROZEN

**INGREDIENTS:** Chicken Breast (Containing up to 3% Extra Virgin Olive Oil, Sea Salt, Black Pepper), Cilantro-Lime Sauce (Lime Juice, Extra Virgin Olive Oil, Water, Cilantro, Sea Salt, Black Pepper).

**Heating Instructions:** In Air-fryer heat for 3 minutes at 300 degrees. In Microwave: Heat for 45-60 seconds (you can reheat in sealed bag). In Oven or Toaster Oven: Preheat to 400 F degrees. Place chicken in oven-safe pan or wrap in foil. Heat for 12-15 minutes.

## NUTRITIONAL FACTS

Serving Size 8 ounces (227g)  
Servings Per Container 2  
Calories 320  
Calories from Fat 50

Amount Per Serving	%DV	Amount Per Serving	%DV
Total Fat 6g	9%	Sodium 380mg	16%
Sat Fat 1.5g	8%	Total Carbohydrate 0g	0%
Trans Fat 0g		Dietary Fiber 0g	0%
Cholesterol 235mg	78%	Sugars 0g	
		Protein 66g	
Vitamin A 0%	*	Vitamin C 0%	*
		Calcium 2%	*
		Iron 4%	

\* Percent Daily Values (DV) are based on a 2,000 Calorie diet.



**Safe Handling Instructions:** Keep frozen or refrigerate upon receiving.  
**For Optimal Results**

**Storage:** Store in Freezer, then thaw in refrigerator for 12-24 hours prior to use. Store in refrigerator for up to 5 days.

**Re-heating:** Use air fryer for best tasting results.

Produced for The Chicken Pound, Fairview, NJ 07022

**NET WT:**  
17 oz (482 g)