

INGREDIENTS: Chicken Breast (Containing up to Extra Virgin Olive Oil, Sea Salt, Black Pepper), Balsamic Sauce (Balsamic Vinegar, Extra Virgin Olive Oil, Garlic, Basil, Black Pepper, Oregano).

Heating Instructions: In Air-fryer heat for 3 minutes at 300 degrees. In Microwave: Heat for 45-60 seconds (you can reheat in sealed bag). In Oven or Toaster Oven: Preheat to 400 F degrees. Place chicken in oven-safe pan or wrap in foil. Heat for 12-15 minutes.

NUTRITIONAL FACTS Serving Size 8 ounces (227g) Servings Per Container 2 Calories 350 Calories from Fat 70 • Percent Daily Vables (DV) are based on a 2,000 calore det.	Amount Per Serving	%DV	Amount Per Serving	%DV	α
	Total Fat 8g	12%	Sodium 380mg	16%	6
	Sat Fat 2g	10%	Total Carbohydrate 3g	1%	001
	Trans Fat Og		Dietary Fiber 1g	4%	
	Cholesterol 225mg	75%	Sugars 3g		986
	Protein 67g				×
	Vitamin A 0% * Vitar	nin C 0%	* Calcium 2% *	ron 8%	ω

Safe Handling Instructions: Keep frozen or refrigerate upon receiving. For Optimal Results

Storage: Store in Freezer, then thaw in refrigerator for 12-24 hours prior to use. Store in refrigerator for up to 5 days.

Re-heating: Use air fryer for best tasting results.

Produced for The Chicken Pound, Fairview, NJ 07022

