



Fungus- Yeast - Parasite Restore Your Microbiome

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Discover Miracle Products

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Introduction

Fungal and yeast overgrowth has been suggested as playing a role in such conditions as fibromyalgia, irritable bowel, chronic fatigue, tinea, candida, brain fog, chronic immune suppression, chronic sinus issues, tinnitus, skin rashes or infections, acne, joint aches, depression and too many other conditions to name.

A body that is riddled with an overgrowth of fungus will also provide the perfect terrain for a parasitic infestation. The two often go hand in hand. There are a variety of parasitic worms that can take up residence in humans. Among them are flatworms, tape worms, thorny-headed worms, giardia, pin and roundworms to name a few. New research shows that parasites not only control the behavior of their hosts, they can change the entire microbiome to suit their needs. "Hookworms sink their teeth into the intestinal walls of more than a billion people every day to drink their fill of blood." – WHO. Human parasites are divided into endoparasites, which cause infection inside the body, and ectoparasites, which cause infection superficially within the skin.

Fungi are eukaryotic microorganisms. Fungi can occur as yeasts, molds, or as a combination of both forms. Some fungi are capable of causing superficial, cutaneous, subcutaneous, systemic or allergic diseases. Yeasts are microscopic fungi consisting of solitary cells that reproduce by budding. Regardless of what we call it, the conditions resulting from an overabundance of fungal/yeast contribute to the same ill health conditions. Thus either condition fungus or yeast, from here on will simply be referred to as fungus.

Crucial to our understanding is that fungus is essential to all life including human life. Fungus provides the mechanism for spent matter to be broken down and eliminated/recycled from the system. Without fungus life cannot exist. The challenge begins when there is an overabundance of fungus in the system and the question needs to be – why?

What conditions are creating the overabundance? Is it diet? Is it toxic thinking? Is it a combination of these? And more importantly, how can we change our habits to restore the microbiome and regain a natural state of balance and enjoy vibrant health?

There are very good reasons to understand how our microbiome works. When you understand all the little critters that contribute to keeping you alive you can provide the proper support to help keep you healthy and thriving.

This special package contains four key formulas to provide the necessary foundation in helping you restore and support a healthy microbiome.

Belly Bugz: pre/probiotic formula for optimal gut health support

TranZinc: a transdermal formula easily absorbed through the skin

Pure Borax: to help restore pH balance by reducing acidity, reduces inflammation, neutralizes toxic microorganisms

Blood Dragon herbal formula: anti-parasitic, antibacterial, antiviral, antifungal



Is Killing Fungus the Answer?

This is often the first approach – kill the nasty critters. I am going to invite you to consider that using the “kill them all” approach will inevitably result in killing the entire organism – the host - you. These very organisms just may be what are keeping your body alive because they are serving a purpose in feeding off of the toxic buildup of debris in your system. In fact, your body depends on microorganisms for its very life.

Having disease takes away from your quality of life, it is not actually a symptom of illness but a solution to toxicity in the body. It is an emergency first aid measure by your body to keep you from dying sooner.

Understand that fungi are the garbage collectors of the microbiological world. They feed by secreting digestive enzymes into their surrounding environment, and then absorbing the dissolved organic matter. Fungi decompose and consume dead plants and animals, and are the principal cleaners in ecological systems. They are abundant everywhere, and especially in the soil. Fungi are easily able to digest cellulose (wood), keratin and virtually all other parts of animals that bacteria are not able to break down.

Unless the approach taken to regain balance in health appreciates the service provided by fungus and parasites and moves towards restoring the microbiome, fungus and parasites will again erupt – and usually with much more vigor!

Factors That Contribute To An Overgrowth Of Fungus:

- Acidic body
- Antibiotics
- Immune suppression due to stress
- Oral contraceptives
- Severe illness or chemotherapy
- Low stomach hydrochloric acid
- Drugs that decrease the acidity of the gastrointestinal tract, such as antacids, H2 blockers (such as Zantac), and proton pump inhibitors (such as Prilosec).

What is an Infection?

We are continually exposed to toxins, antigens (an antigen is a molecule capable of inducing an immune response), chemicals, heavy metals etc. When our immune system is working properly, we may not even notice an incoming issue but if we have an under or over-active immune system, we are at a much greater risk of developing a health issue.

The current view maintains that an infection is caused by a proliferation of certain pathogens - germs/microbes. Louis Pasteur conceived the germ theory of disease and invented pasteurization to kill all the nasty germs.



Mainstream medicine is built on this theory that disease comes from the outside by pathogens invading the body and is inflicted upon the innocent helpless person.

According to Pasteur:

- Germs, or microbes, cause disease
- Germs invade the body from the outside, i.e., air, water, or food
- Human blood is sterile and can only be infected by outside microbes
- Germs are monomorphic, i.e., they have only one form and can be identified by species

William Koch attempted to add to Pasteur's germ theory by proving that a specific type of germ caused a specific disease, that the germ would be found in all people suffering from that particular disease but not healthy people, and that every person exposed to these germs would fall ill with that disease.

This theory was blown apart when he discovered that healthy people could carry the germs of certain diseases and yet show no symptoms and that some people could even be exposed to virulent germs yet not catch the disease.

Regardless of this controversy in the late 1800s, the Germ Theory was quickly adopted by the medical powers of the day. This theory that microorganisms invade from outside the body empowered the medical and pharmaceutical industry as guardians of human and animal health. So people became dependent on the medical/drugs industry for information and protection from disease. Thus, Modern Medicine was born.

Historically those who presented findings that challenged the long held dogma of the Germ Theory were silenced. Individuals such as Royal Raymond Rife, Professor Antoine Bechamp, Claude Bernard and numerous others provided substantial evidence revealing the true nature of the human microbiome.

Thankfully brave new researchers are breaking free from the old dogma that has locked us into a failing health and ecosystem. Their efforts are providing information, that when understood, changes our view of the very basis of life. This new information can propel us towards restoring not only human health but the very health of our planet.

Before we delve deeply into the components that restore and support a healthy microbiome, it is important to first gain a basic understanding of how this marvelous system works.

Understanding the Microbiome

The microbiome is a community of microorganisms, such as bacteria, fungi, parasites and viruses that inhabit a particular environment.

A microbiota is the community of these symbiotic microorganisms found in and on all plants and animals. The human microbiota is the aggregate of microorganisms

that resides on or within any of a number of human tissues and biofluids, including the skin, mammary glands, placenta, seminal fluid, uterus, ovarian follicles, lung, saliva, oral mucosa, conjunctiva, biliary and gastrointestinal tracts.

Our healthy microbiota includes bacteria, archaea, protists, parasites, fungi and viruses. Our microbiota has been found to be crucial for immunologic, hormonal and metabolic homeostasis (balance).

DIVERSITY IN THE HUMAN MICROBIOME

The Human Microbiome Project has examined bacteria on 242 people. Some of the microbes living in and on the human body:



Propionibacterium acnes lives on the skin and nose of most people



Bacteroides is the most abundant genus in the gut of almost all healthy subjects



E. coli is present in the gut of the majority of healthy subjects but at very low abundance



Streptococcus dominates the oral cavity



Staphylococcus epidermidis colonizes external body sites



Lactobacillus species are predominant in the vagina

SOURCE: Human Microbiome Project

It is fascinating to realize that the very critters we have been taught to fear are in fact essential to our health. In fact, they are critical for our very survival.

Gut Mircobiome

When you eat food, none of it actually goes into your cells. We eat to satisfy our mircobiome; all the bacteria, fungi, viruses and parasites in our gut! These microorganisms breakdown our food into 3 macro nutrients, fat, sugars and protein. Our liver converts protein into glucose and the bloodstream feeds the mitochondria. The mitochondria convert the fat and glucose into the only source of food our cells can use Adenosine triphosphate (ATP).

ATP is often referred to as the "molecular unit of currency" because this is the chemical found in all forms of life that feeds living cells. Understanding that the mitochondria are bacteria, we begin to realize that our very survival is dependent on the microbiome. Quite humbling to consider that human life – all biological life – depends on non human species for survival.

Keeping the gut microbiome healthy is essential when we desire a strong immune system and healthy body.

Restoring the Microbiome

Experience has proven that certain nutrients can provide the necessary foundation to restore and support a healthy microbiome. Here we will go into detail on each of the products included in this package and how you can use them for the utmost benefit to your health. Most probiotic brands provide only 1 or 2 strains of active bacteria. Belly Bugz contains 13 active strains of friendly bacteria selected to re-culture and restore your gut health.

Belly Bugz Prebiotic & Probiotic

Consuming a pre/probiotic can provide dramatic assistance to restoring gut microbiota. Every day our gut bacteria is compromised due to poor dietary habits and lifestyle factors such as antibiotics, chlorine, fluoride, pollution, stress, vaccinations and pesticides. When digestion is not good our ability to focus and concentrate, absorb vital nutrients and withstand disease is also jeopardized.

Prebiotics are food components that give the beneficial bacteria (i.e. probiotics) nourishment and thus a chance to grow and flourish. Our prebiotic levels can be naturally boosted by eating lots of fruit and vegetables, however if digestion is not optimal our ability to absorb these vital nutrients does not happen - in comes probiotics!

Consider that right from the moment we are born, the human body becomes a host for microorganisms. This includes the beneficial bacteria in our intestinal tracts, simply called probiotics.

These “friendly” bacteria are essential to healthy immune function and perform a number of important tasks including breaking down nutrients and keeping “harmful” bacteria in our gut in balance.

Introducing the new evolution in **Probiotic Foods** suitable for your whole family including your pets!



About 1000 different strains of bacteria, yeasts, protozoa and other microorganisms (weighing over 2 kg!) live in your body (1). Most of them are in your digestive tract, but they are also in your nose, throat, ears, eyes, skin, genitals, urethra, lungs and throughout your entire body. The body has several "reservoirs" which hold beneficial bacteria. These probiotic reservoirs include the appendix, the tonsils and the adenoids.

For your protection and as a critical part of your immune system, it is essential to have bacteria on your throat, urethra, nasal passages, vaginal walls etc. (2) Bacteria play an essential role in digestion, and without them you cannot break down many foods and absorb the nutrients. Having the right bacteria in your gut helps organs all over your body function correctly, including your brain. Studies (3, 4, 5) confirm the protective effects of probiotic bacteria against depression and other brain maladies. Bacteria assist in the production of some vitamins (B12, K, etc). If you are B12 deficient (which many people find they are) it is time to restore the gut microbiome! The bacteria, fungi, protozoa and other microflora making up your microbiome are essential for life and good health, and a healthy balance (symbiosis) is built up over your lifetime.

Antibiotics Kill You

When you take an antibiotic, you indiscriminately destroy most of the friendly microflora in your body along with the target bacteria. There is evidence that the friendly flora that *take a lifetime to build up never fully recover*. After taking an antibiotic, you are vulnerable to imbalance that invites invasion by bacteria, fungi

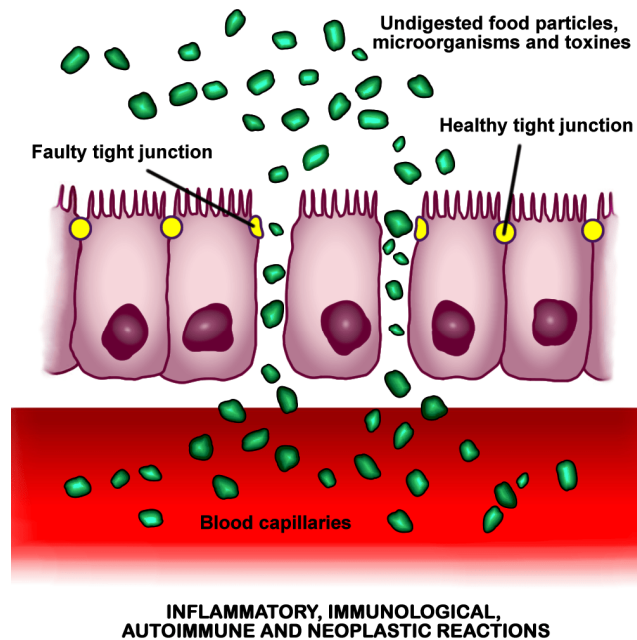
and viruses. The number one cause of many illnesses that linger for years without an apparent cause is damage to your gut biome, usually from the use of antibiotics, but also from the modern processed food diet and excessive hygiene.

Dr Zack Bush MD has provided ground breaking research demonstrating the hazards of glyphosate; commonly known as Round-up. Glyphosate is a *patented antibiotic* designed to kill the weeds in garden crops and also kills the microorganisms in the soil. Antibiotics are designed to kill all pathogens (bacteria, fungi etc.) – hence the name - antibiotic literally means anti-life. Knowing that our very survival depends on these organisms brings to question this approach of mass slaughter of the very organisms that enable your body to live.

What is the Tight Junction

Dr Bush has clearly shown that glyphosate damages not only the microbiome of the soil but also our immune system. Eating crops that have been treated with this chemical destroys the Tight Junction, the very structure of our cellular network that protects us from toxins and foreign materials from getting into the body where they do not belong.

A healthy gut is KEY to maintaining healthy fungal balance. It is also our first line of defense against incoming parasites



When the Tight Junction is damaged, foreign materials, wastes & toxins enter into deeper tissues, the body's automatic protection method is to generate inflammation in an attempt to flush out the debris.

Dr. Bush clearly demonstrates how the damage to the Tight Junction and cellular communication network directly leads to compromised immune function and autoimmune disorders.



Superfood

Belly Bugz can help your body repair. These probiotics are in their own nutrient rich fermented food source, which means the good bacteria are alive and well, laying dormant until activated. Once they are in the body they activate and multiply in the millions to assist in re-colonising the gut with essential probiotics.

Bacteria found in naturally fermented foods can strengthen the body's immune system and ward off infection, not just in the intestines but body-wide.

Belly Bugz Ingredients

All the following Lactobacillus bacteria are used in the fermentation process and are cultured from organic superfoods, NOT dairy, fecal matter or laboratory bred.

- ◆ Lactobacillus Acidophilus
- ◆ Lactobacillus Delbrueckii
- ◆ Lactobacillus Caseii
- ◆ Lactobacillus Bulgaricus
- ◆ Lactobacillus Caucasicus
- ◆ Lactobacillus Fermenti
- ◆ Lactobacillus Brevis
- ◆ Lactobacillus Helveticus
- ◆ Lactobacillus Lactis
- ◆ Bifidobacterium Bifidum
- ◆ Saccharomyces Boulardii
- ◆ Saccharomyces Cerevisiae

The following beneficial yeast strains in Belly Bugz provide a great source of B vitamins that are crucial for good health.

Acidiphilus: Increase immune function to balance pathogenic activity.

Delbruecki: Enhances antibodies in the blood.

Caseii: Immune enhancing, eases the flow of food through the gut.

Bugaricusl: Natural antioxidant, tumour necrosis factor, fat metaboliser, produces its own antibiotics, lives in harmony with other bacterium.

Causasicus: Friendly long life bacteria for happy belly.

Fermenti: Friendly Mucosa bacteria, assists all the linings of the body, decreases harmful bacteria.

Plantarium: Prevents harmful bacteria from attaching to the wall of the intestine, eliminates harmful pathogens, anti-viral, eliminates toxins and provides the “wake up” factor for those on the Autistic Scale.

Brevis: Assists Leaky Gut Syndrome, aids the elimination of Helicobacter (ulcer causing bacterium).

Heleveticus: Supports bone density, increases calcium absorption, aids stress reduction, assists blood pressure balancing.

Leichmannii: Important for a healthy functioning metabolism.

Lactis: Helps regulate bowel motility, assists IBS.

Bifida-bacterium Bifidum: Assists Bone health, the synthesis of vitamin B and K.

Saccharomyces Boulardii: Aids in the treatment and prevention of diarrhea.

Saccharomyces Cerevisiae: Aids in Preventing recurring intestinal disease caused by a bacterium called Clostridium Difficile.

TranZinc

This wonderful anelectric mineral product provides a simple and effective multi-purpose health solution to various ailments. Originally it was medically administered by doctors as a disinfectant to treat chronic infections, strengthen the immune system while helping to regulate the heart, brain, kidneys, and other important organs.

TranZinc is a time tested formula produced according to the original crystalline method.

Every drop of TranZinc contains a pure Zinc-Boron crystal which is absorbed through the skin into the blood. Zinc is widely used to help reduce the duration of colds and harmful bacteria like streptococci. It is also used as a wound agent to promote accelerated healing on the skin. It is the original transdermal formula; a

truly miraculous solution that can provide healing and relief when applied onto the skin and/or used internally.

TranZinc is a universal disinfectant which controls microorganisms (germs) but does not destroy normal cells and tissues. It is recognized as a natural and holistic solution that provides blood purification, treating burns, acne, scarring and rashes and many other uses including: feminine hygiene, athlete's foot, ulcers and varicose veins.



Do Not

Let TranZinc Formula Come In Contact With Metal.

Remove jewelry from area of application.

Make sure to use glass or plastic for pouring and/or measuring.

***Please note:** unlike most sprayers, TranZinc is equipped with a “metal free fluid path” sprayer.*

What is Anelectric

TranZinc Crystalline Formula is anelectric; meaning it generates infra-red heat caused by negative ions travelling at the speed of light. These are non-frictional betionic, wet electrons. TranZinc is a true osmotic solution. This is the secret of the amazing healing and preventative powers of the TranZinc formula.

TranZinc will lose about 95% of its healing properties if it comes into contact with metal so use plastic spoons or spray directly into a glass or cupped hand. Also remember to take your rings off when rubbing it onto your body.

TranZinc is an all-natural solution that can provide healing and relief when applied to desired areas of the body. As a liquid, it absorbs directly into the skin and penetrates deeply to help balance the microbiome. It can be taken internally when mixed in distilled water.

A Multipurpose Healing Solution

Dr. L.E. Schweitzer was an inspired chemist who created the original formula as a mineral biological toxic. This means that it is a mineral formula that has been prepared in such a way as to have the effect of destroying gram-positive or anaerobic organisms, such as infectious bacteria, viruses, parasites and fungus. This formula has been sold throughout the world since early 1900's and it is not a drug or synthetic petrochemical.

TranZinc is a universal disinfectant which controls microorganisms (germs) but does not destroy normal cells and tissue.

Known as a universal solvent which helps to thin and purify the bloodstream; yet non-toxic, non-irritating and soothing to delicate mucus membranes. It has been proven to stimulate tissue growth and assists nature in restoring normal function.

Zinc is widely used to help reduce the duration of colds and harmful bacteria like streptococci. It is also used as a wound agent to promote accelerated healing on the skin.

Formulated With Three Essential Trace Elements

Zinc: A fundamental nutrient in supporting proper neurological as well as body functions, and present in all human cells and tissues, Zinc is required to manufacture enzymes that preserve the skin, strengthen the immune system, aids digestion, metabolizes fat, proteins, and carbohydrates while helping to regulate the heart, brain, kidneys, and other important organs. Zinc is needed for immune function, wound healing, blood clotting, thyroid function, and much more.

Boron: Due to soil depletion this trace mineral is largely missing from our natural food sources. This trace mineral has been linked to providing relief from pain and is used medically to help alleviate arthritic symptoms like inflammation and

immobility. It has been found to have the ability to strengthen bone density and is given to help sufferers of osteoporosis. Conversely, lack of boron has been linked to receding of the gum lines and tooth decay. Medical experts believe that boron has the ability to prevent allergies by killing the inflammatory bodies responsible for inducing allergic symptoms.

Salicylate: This is a naturally occurring chemical produced by plants that help to protect them against disease, highly concentrated in a range of fruits and vegetables and is commonly known as the active ingredient in the drug aspirin. Foods sources rich in salicylate are peppers, berries, tomatoes and basil. Salicylate has been documented to provide relief from pain and injury, as well as reduce fever and skin inflammation.

Transdermal Technology - Spray It On!

When used externally it soothes burns, cuts, blisters, rashes, hives, poison ivy, insect bites, eczema, psoriasis, nail fungus, athletes foot etc. It also repairs damaged skin such as scarring and acne. Plus it underarm odour, so apply it under your arms. Reduces varicose veins, bruises, hemorrhoids, and takes the sting out of sunburns.

TranZinc is equipped with a “metal free fluid path” sprayer.

Every drop of the liquid contains a pure zinc-boron-salicylate crystal, which is absorbed through the skin into the blood and tissue. There are thousands of pores on every square centimetre of your skin which absorb directly into the bloodstream and lymphatic system. Transdermal applications of nutrients bypass the digestive system and convey active ingredients directly into the body where they are needed most.

Internal Uses:

For internal use, start with just 1 tsp. in a small amount of water.

Make sure to use glass or plastic for pouring and/or measuring, **NO METAL.**

TranZinc will lose about 95% of its healing properties if it comes into contact with metal so pour directly into a glass and add water or use a plastic or wooden spoon.

TranZinc can be used internally as a mouthwash, ease earaches, feminine hygiene as a douche, digestive disorders, venereal diseases, purifying blood and normalizing pH balance.

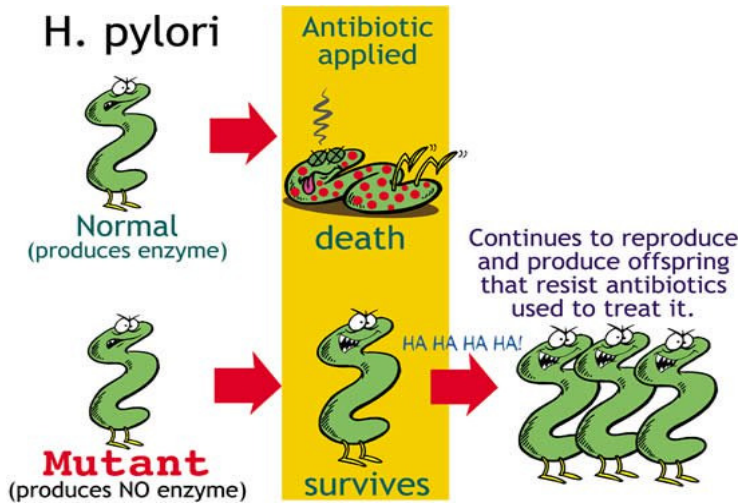
We have found it's best to dilute TranZinc with distilled water when using this as a mouthwash, feminine wash or taking it internally.

TranZinc Formula Is 100% Natural and Recognized As:

1. Universal Disinfectant - controls microbes, but does not destroy normal cells and tissue.
2. Universal Solvent - helps to purify the bloodstream.
3. It is non-irritating to delicate mucous membranes, and it assists in soothing these membranes. It penetrates each layer of skin to eradicate unwanted micro-organisms.
4. It is non-toxic and odourless. It works as a deodorant, alkalizes, assists nature to restore normal function.
5. It is pH balancing, anti-inflammatory, improves detoxification of cells and tissues.

Stops Unhealthy Fungus Without Causing Mutations

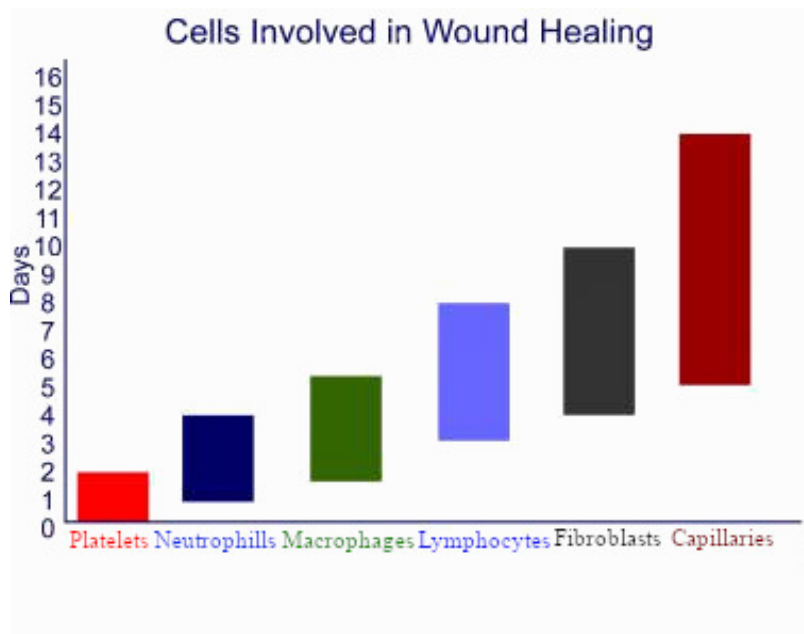
Doctors know that antiseptics and antibiotics kill fungus/germs and healthy cells of the human body, resulting in new unhealthy germs, which the antibiotics cannot kill. There is a widespread acceptance of Biological Pleomorphism, which is the activity of a germ changing to a new form, to adapt to its new environment. Thus, when one changes the cellular environment with antibiotics, new germs develop in new qualities and virulence that increase the problem. In addition, because the healthy cells of the body are killed and depleted, as well as the unhealthy ones, important healthy flora levels are depleted, causing repeated infections to become more likely.



TranZinc stops the growth of anaerobic bacteria, fungi and viruses because it is a true disinfectant!

Increases Capillary Growth for Healing

Laboratory analysis indicated a positive increase in phagocytic cell activity in destruction of fungus, bacteria and other foreign substances, without any harm to surrounding tissue. Increases in fibroblastic and lymphocytic activity with increased epithelial cell growth, resulting in rapid healing of injured tissue, has also been observed.



Capillaries are the cells most involved in wound healing.

TranZinc increases capillary growth.

Rejuvenation & Beautification Effects

TranZinc formula aids in the rebuilding and restructuring of tissues during the “healing crisis” and “genetic restructuring”. It penetrates through the skin and

increases the oxygenation and circulation to the tissue, which improves the metabolic function.



Use it on your face to smooth out wrinkles, increase skin elasticity, and maintain the microbiota of your skin!

Safety

For over 95 years in the use of the TranZinc formula, no contraindications have ever been observed.



Borax

Borax is known to prevent and treat fungal conditions such as Candida. It is also successful in alleviating arthritis, osteoporosis, cancer, hormonal imbalances and many other ailments. It is so cheap and effective that the medical establishment in

Western countries have actively moved to discredit borax and successfully labeled it as a poison. In reality, it has similar toxicity as table salt, and is widely and effectively used therapeutically in countries where the pharmaceutical industry does not enforce profit above all else directive.

Miracle Products Borax is 100% pure and natural with no additives.

Beware that commercially supplied Borax may contain anti-caking agents and/or synthetic fragrances. If the added substance is less than 1% of total content, it is not legally required to be listed on the label as an ingredient.

Material Safety Data Sheets list borax as a health hazard of level 1, which is similar to baking soda or common table salt. Interestingly, table salt is actually revealed to be even more toxic than borax because it can change genetic material and is mutagenic at high dosage, while borax is harmless in this regard. Borax, also known as sodium tetraborate, is a naturally occurring mineral composed of sodium, boron, oxygen and water. It has been used as a remedy for over 4000 years.

Unlike borax, boric acid is produced when borax is reacted with another acid (like sulfuric or hydrochloric acid). The result is an acid structure (pH of 5.0), rather than alkaline, as borax is (9.3 pH). ***Borax is not boric acid.***

The boron content of Borax is 11.3% while for boric acid it is 17.5% or about 50% higher. Ingested boron compounds are rapidly and nearly completely excreted with the urine.

When borax is added to water it converts some molecules to hydrogen peroxide (H₂O₂). The pH of borax is about 9.3, which is ideal in helping to alkalize the body. It is clearly established that most diseases live and thrive in an acid pH condition.

Health Benefits Of Borax



Borax and Candida

In normal healthy conditions Candida exists as harmless oval yeast cells. Under certain conditions it can develop into chains of elongated cells and finally strongly invasive long, narrow and tube-like filaments which damage the intestinal wall and cause inflammation and Leaky Gut Syndrome. Candida can also form tough layers of biofilm. This study shows that borax inhibits the formation of biofilms and also the transformation of harmless yeast cells into the destructive form.

Biofilm formation of Candida albicans was reduced by about 90% by using only a 31.3 µg/ml (approximately 1 tsp per litre) borax concentration. (6)

Boron is proven effective against moulds and fungi, internally and externally and provides prevention for Candida overgrowth. (7, 8)

Candida Recovery

For the first few days or weeks of treating a Candida infection, you may feel worse. As the yeasts die off they release toxins quicker than your body can eliminate them, causing fatigue, aches, pains and headaches. Drink plenty of water

and herbal teas. A chronic Candida infection may take months to heal. (refer to: To Ease Detox)

Foods To Avoid When Dealing With Fungal Overgrowth

If you suffer from fungal issues, it is important to eliminate all processed foods and refined sugar in your diet – such as:

- Pastries, breads, cakes, anything made with flour, sweets/lollies, jams, sweet foods
- Wheat, potato, corn and products made from them (especially high fructose corn syrup, added to many processed foods)
- Dried fruits
- Soft drinks/sports drinks/colas etc
- Fruit juice
- Alcohol, bakers and brewer's yeast
- Mouldy foods
- White vinegar, pickles
- Dairy products
- Soy products

Borax And Brain Function

A paper was presented at the International Symposium on Health Effects of Boron and Its Compounds held 16-17 September 1992 at the University of California, Irvine, California which showed that relatively short periods (42-73 days) of restricted boron intake can adversely affect brain function and cognitive performance in otherwise healthy older women and men. Behaviorally, low boron intake apparently results in poorer performance on tasks which emphasize psychomotor skills and the cognitive processes of attention, perception, and memory.

Borax is reported to improve attention, both short and long term memory, perception, hand-eye coordination, and manual dexterity.

Sleeping Issues Related to Pineal Gland & Fluoride Toxicity

In the 1990s, a British scientist, Jennifer Luke, discovered that fluoride accumulates in the pineal gland. The pineal gland is located between the two hemispheres of the brain and is responsible for imagination and the synthesis and secretion of the hormones melatonin and serotonin. Melatonin maintains the

body's circadian rhythm (sleep-wake cycle), regulates the onset of puberty in females, and helps protect the body from cell damage caused by free radicals. Serotonin is known as the "feel good" hormone. (9)

Based on this and other evidence, the National Research Council has stated that "fluoride is likely to cause decreased melatonin production and to have other effects on normal pineal function, which in turn could contribute to a variety of effects in humans" (10)



As a calcifying tissue that is exposed to high blood flow volume, the pineal gland is a major target for fluoride accumulation. In fact, the calcified parts of the pineal gland (hydroxyapatite crystals) contain the highest fluoride concentrations in the human body (up to 21,000 ppm F), higher than either bone or teeth. (11, 12, 13)

Fluoride "bonds" with calcium and it will literally "clog" up your brain ultimately leading to conditions such as dementia and Alzheimer disease. Borax breaks up this bonding of fluoride in your body literally freeing your brain from calcification.

As borax enters your blood stream and removes fluoride build-up in the pineal gland will allow you to sleep more soundly and dream more vividly.

Borax protects against the accumulation of fluorides in the body and is effective as an antidote in fluoride toxicity because it can safely remove fluorides from the body. (14, 15, 16, 17, 18, 19)

Borax The Nanobot Inhibitor

There is an abundance of misleading information regarding Morgellons (Nanobot infestation). Here I will share the information as presented by Divine Health.

Fungus and/or mold are inherent components of Morgellons which operates on a combination of fungus, mold or bacteria and AI. Bacteria and mold create biofilm which creates a “shield” and prevents AI from being detected and removed by the body. **Boron is the only known Nanobot Replication Inhibitor.**

If you or a loved one is contending with Morgellons and would like the *complete protocols* as presented by Divine Health (very important if it is in advanced stage) please email support@miracleproducts.com.au and I can forward the entire expose as it is too much to cover here.

BORON MINERAL

THE ONLY KNOWN NANOBOT REPLICATION INHIBITOR

Borax: 1 pinch in a glass of distilled water 3 times a day

Maximum Dose:
1/8 tsp per 45.35kg weight
¼ tsp per 90.71kg weight

BENEFITS:

- ❖ Arthritis
- ❖ Hormone Balance
- ❖ Detoxes Flouride
- ❖ Decalcify Pineal Gland
- ❖ Improve Cell Function
- ❖ Absorption of minerals
- ❖ Improved Wound Healing
- ❖ Raises pH/alkalizing
- ❖ Detoxifies the Liver
- ❖ And much more...



NANO DETOX BATH:

- 1 cup Borax
- 1 cup Sodium Bicarbonate
- 1 cup Epsom Salt
- 1 cup Himalayan Pink Salt (Never use white table salt)

SOAK AS LONG AS POSSIBLE

Another protocol suggests adding a handful of alfalfa pellets to the above bath because the Nanobots leave the body to go to the alfalfa as this provides a more vibrant food source.

Candida is a natural fungus in the body to assist decomposition after death. Many suffer with an overgrowth way ahead of schedule.

Some Symptoms Of Morgellons Disease:

- Crawling sensations under the skin - biting or stinging sensations.

- Colored, thread-like fibers and granules under the skin - the fibers are black, clear, white, or blue or less frequently, red, pink, green, or gold, with a slightly metallic look (metals & silicon).
- Fatigue - intense fatigue that is typically chronic and persistent.
- Vision issues - such as blurred vision and floaters.
- Tinnitus - or ringing in their ears. (*Or it could be God speaking saying that you're off your path!*)
- Muscle and Joint Pain – Inflammation in the joints of the hips, knees,
- elbows, shoulders and more; back pain, leg pain and even stiffness in the
- joints.
- Brain Fog – mild to severe; common complaints are the inability to focus, poor memory recall and sometimes confusion.

How to Make Borax Water Concentrate

An ongoing maintenance dose of 3 to 6 mg may be used for general good health and the prevention of ailments, especially if you live in an area where the soil is boron deficient.

Walter Last's protocol:

Dissolve 1.5 teaspoon of Borax in 1 litre of purified water (distilled drinking water is ideal). This is the **concentrate**.

Suggested Use:

Mix 1 tsp of the **concentrate** into a glass of water.

Standard Daily Dose:

1teaspoon (5ml) of **concentrate**. This has 25 to 30 mg of borax and provides about 3 mg of boron.

Take one or two teaspoons of **concentrate** (5-10ml) in water (any beverage or food) per day for optimal health, if you have no specific health issues.

When to Increase Dosage: It is suggested that for arthritis, osteoporosis, low hormone production, muscle cramps, joint pain or stiffness; you can take **three to five** teaspoons of concentrate with water (any beverage or food) per day for several months or longer until your ailment has sufficiently improved. For best results space the dosage out over the whole day. Then drop back to a daily dose.

Super Strength Dose: For fungal infections, including Candida, mycoplasmas, removing fluoride from the body; it is suggested that up to 15 - 25 teaspoons of the **concentrate** can be taken per day, spacing the dosage out over the whole day. (Approximately 50-85mg of boron). Lower weight use less – heavier weight use more.

For vaginal thrush fill a large size gelatin capsule with borax and insert it at bedtime for one to two weeks. With toe fungus or athlete's foot wet the feet and rub them with borax powder or soak them in borax water.

IMPORTANT NOTE!

Always start with a lower dose and increase gradually to the intended maximum. Take the maximum amounts for 4 or 5 days a week as long as required, or alternate periodically between a low dose and your maximum dose.

When you consume borax it seems to work synergistically with magnesium, so keep your magnesium intake up while taking borax.

Reported Effects With Borax Water:

- Immediately more energy from the first week of use
- Candida (causing bloating, thrush, gases) and fungal infections disappear
- Pain gone or reduced (pain is often caused by a pH acidic body and inflammation)
- pH levels normalize (borax water is 9.5 alkaline).
- Digestion greatly improved.
- Increased libido (balances normal levels of estrogen and testosterone and has been called natural “Viagra”)
- Improved sleep (sleep deeper and awaken restored)
- Combats osteoporosis
- Regulates bowel movements
- Parasites, worms, lice effectively cleansed from the body
- helps against all viral infections, colds, flu, etc
- Urinary tract infections and all other bacterial infections clear up
- Immune system is strengthened - cleanses and detoxifies the body (produces a natural oxygen when mixed with water)

Transdermal Absorption of Borax

Similar results can be achieved if using borax as a soaking salt. Just as magnesium is well absorbed transdermally (through the skin) so is borax. This is exactly how it is absorbed in natural boron mineralised waters that are called “Miracle Waters” where folk are reported to be healed of a host of chronic arthritic type conditions.

Bath Or Foot-Soak ... How Much To Use

Assuming a bath holds 80 litres of water add 50g (1/4 cup) of borax per warm bath. For a foot soak consider 2-3 tbls of borax to 3 litres of warm water.

Bath or soak a few times per week until relief is experienced.

External Use: For extreme fungal and other ailments use a high saturation – keep adding borax to the water until saturation and no more dissolves. Apply the borax solution to the problem areas on the skin and leave it on without rinsing. It tends to cause drying, so later you may want to apply a moisturizing cream or oil.

Borax water can be poured directly over affected areas of the body that have fungus and infection.

Some have found that using a borax solution very effective for overcoming insomnia, lice, parasites and worms as well as Rosacea (which is caused by a tiny mite in the skin and hair).

Borax -What To Expect And Possible Side Effects

In my experience all uncomfortable “symptoms” are the body’s efforts to clean itself. When the body is seriously overloaded by toxins, (most people alive today have been poisoned for years) the detox can be extremely uncomfortable. The greater the toxic load often the greater the detox symptoms. Important to take it slowly and support all detox pathways to ease the cleansing. (see: To Ease Detox).

Interestingly we are taught to fear the dreaded symptoms when we could instead be grateful and encourage our body to clean! The wonderful thing is that once the body is clear of the years of accumulated build-up (which dulls the senses), your system becomes more immediately aware of what it likes and does not like. When we can pay attention to our body’s immediate response and honour it, we no longer

accumulate the debris that dulls this inner sensitivity. When we are aware of our immediate response it is natural to avoid that which does not support our well being.

Pain Relief: When supplementing boron, one may experience improvement in pain within days! This is a direct response to high cellular calcium levels flushing out of the cells as a result of boron. Pain relief can be enhanced when also using transdermal magnesium (Miracle Mist) to rapidly relax muscles and tissues.

If there are long-standing calcifications; the body can only redistribute a certain amount of calcium at a time. As boron mobilises calcified calcium, one may experience a side effect of increased calcium levels in the affected area, especially hips and shoulders which may be uncomfortable for some time. Some experience severe cramping and pain, or problems with circulation, or nerve transmission. Nerve-related effects in the hands and feet may present as numbness or reduced sensitivity in the skin. Higher amounts of calcium and fluoride passing through the kidneys may cause temporary kidney pain. Such healing reactions are natural and cannot be avoided when striving for a higher level of health. Persevere – the best is yet to come!

The application of transdermal magnesium (Miracle Mist) over areas of pain can help ease the discomfort of healing by aiding the release of excess calcium, avoid cramping and pain and is in fact clinically proven to repair nerve damage.

Herxheimer Reaction

The side effects from pharmaceutical drugs tend to be negative and even dangerous. On the other hand, natural medicine, such as borax therapy side effects are usually healing responses with beneficial long term results. Most common is the Herxheimer reaction from eliminating Candida, which is due to toxin release from a die off of Candida and mycoplasma. The symptoms of Herxheimer reaction are aggravated pain, swelling or stiffness for a few weeks. Although unpleasant this should be viewed as an **excellent indication that your body is on the mend**. If detox symptoms are causing too much discomfort reduce or temporarily stop borax until the problem subsides. Then gradually resume.

HERXHEIMER REACTION

From days to a few weeks detoxification reaction in the body, it is not uncommon to experience flu like symptoms including headache, joint & muscle pains, body aches, sore throat, general malaise, sweating, chills, nausea & other symptoms.

This is **NORMAL** and even **HEALTHY** reaction that indicates that parasites, fungus, viruses, bacteria or other pathogens are being effectively killed off.

Boron supplementing can deplete zinc. Application of TranZinc can help replenish the loss incurred.

The biggest problem of Herxheimer reaction is that people stop taking the supplement that is causing the reaction and thus discontinue the very treatment that is helping to make them better. Even though the experience is uncomfortable, the Herxheimer reaction is actually the best indicator that healing is taking place.

Blood Dragon - Powerful Detox Immune Herbal Formula

Blood Dragon herbal formula provides a carefully selected combination of five herbs; Bloodroot, Galangal, Chaparral, Graviola & Cats Claw, all chosen for their powerful antifungal, anti-parasitic, antibacterial, and antiviral properties that support the natural healthy microbiome within the body.



Do you often have colds or flu?

Do you feel sluggish or low energy?

Are you often finding difficulty in concentrating or staying focused on a task?

Perhaps you have difficulty sleeping or still feel tired upon awakening?

It is time to detox!

Detoxification of our body is a major component to enjoying a healthy life. If you are not detoxing, your body will become sluggish and acidic which creates the perfect environment for pathogenic microbes, fungus, bacteria, virus & parasites to thrive. Cleansing our body regularly on the inside goes a long way in keeping our immune system strong and free of disease.

This potent combination of natural wild crafted herbs can safely be used to naturally cleanse and detox. Users report amazing recovery from an array of health issues including; autoimmune dysfunction, rouge cell growth (cancers), asthma, digestive problems, cardiovascular issues, colds and flu, parasite, virus, bacterial and fungal issues.

Hear what J. B. Leigh has to say:

I started taking Blood Dragon for some issues with cancer. After 1 month on the Blood Dragon, I noticed a very itchy bottom and after 2 months on the herbs I passed a dead tape worm! For 7 or 8 years I had a tiny cyst the size of a grain of rice on my perineum. After passing the tape worm the cyst became enlarged and burst after 2 days. I will continue taking the herbs until everything is cleared up. All my stomach and colon problems are gone! And my platelet count has come back to normal! I have also had high cholesterol for 20 or more years (around 7.5 to 7.8) but refused to take statins. Well the number has dropped to 6.4 which I think is wonderful. Thank you BLOOD DRAGON!!! and Miracle Products of course. Isn't the grand plan wonderful? If you didn't have your medical problems

then you wouldn't be helping to heal hundreds of people. So a huge thank you for researching and starting your business. With Love Judy

These herbs are rich in various major flavonoids, terpenoids and alkaloids such as: *sanguinarine*, *berberine*, *chelirubine*, *isopteropodine*, *sanguilutine* and the opium alkaloid *protopine*. These medicinal compounds are proven antibacterial, antiviral, anti-parasitic, antifungal, anticancer, antioxidant and anti-inflammatory. The properties of these herbs have proven to be effective in restoring cellular health from a diverse range of issues including different forms of cancer; however in their natural whole state they cannot be patented. As a result, each of the isolated alkaloid molecules of these herbs, are undergoing extensive testing by various pharmaceutical funded universities and laboratories to develop expensive patented cancer drugs.

Why Wait For Expensive Drugs When Nature Provides Exactly What The Body Needs At A Fraction Of The Cost?

Natural Vs. Synthetic

Isolated alkaloid molecules of pharmaceutical drugs are all strange to the human body. History has shown that the human body is far more responsive to healing using natural substances in their whole state, as opposed to synthetic. Just like ascorbic acid vs. natural vitamin C, Szent-Gyorgyi, who won the Nobel Prize for his discovery of vitamin C in 1937, found that he could not cure scurvy with the isolated ascorbic acid itself. Realizing that scurvy could always be cured with the "impure" vitamin C found in simple foods, Szent-Gyorgyi recognized that other factors had to be at work in order for vitamin activity to take place.

Powerful Antitumor Agents - Cancer Inhibitors

Researchers with the Faculty of Medicine, Memorial University of Newfoundland and Baylor College of Medicine, Department of Medicine in Houston, and others have clearly shown that sanguinarine (a powerful component in the Blood Dragon herbs) generates apoptosis (cell death) in carcinoma cells without destroying normal cells. Their suggestion following the studies was that sanguinarine could be developed as an anticancer drug. (20)

A screening study of 2000 drugs and natural products found sanguinarine had

antiviral activity inhibiting HIV protease with an IC50 of 13 µM. (21). Sanguinarine also has activity against herpes simplex virus while protopine and allocryptopine are both active against Parainfluenza Virus-3; while another showed strong inhibition of *Candida albicans* with a 4 µg/mL exposure. (22)

Berberine Proves Effective Treatment For A Range Of Cancers Including Brain Tumours

Several hundred published papers suggest that berberine is effective against not only brain tumours but a range of cancers. Among their conclusions are: berberine prevents cell growth and induces apoptosis in breast cancer cells (Kim JB et al 2010; Patil JB et al 2010); berberine is cytotoxic to cervical cancer cells (Lu B et al 2010); berberine inhibits cell growth in pancreatic cancer cells by inducing DNA damage (Pinto-Garcia L et al 2010); and berberine triggers cellular suicide in tongue cancer (Ho YT et al 2009).

The Comprehensive Cancer Center in Birmingham Alabama, has demonstrated that berberine also induces apoptosis in human prostate cancer cells, without effecting healthy cells. The abstract states: “In conclusion, the present study reveals that the berberine-mediated cell death of human prostate cancer cells is regulated by reactive oxygen species, and therefore suggests that berberine may be considered for further studies as a promising therapeutic candidate for prostate cancer.”

Reported Health Benefits Of Bloodroot (*Sanguinaria canadensis*)

- ◆ ANTI-TUMOUR AGENT
- ◆ ANTI-BACTERIAL
- ◆ ANTI-INFLAMMATORY
- ◆ ANTI-ENDEMIC
- ◆ FUNGICIDE
- ◆ MALIGNANT GROWTH REMOVER
- ◆ ANTI-GINGIVITIC
- ◆ ANTIOXIDANT
- ◆ ANTISEPTIC
- ◆ RESPIRATORY STIMULANT

Some of the most impressive health benefits of bloodroot include anti-cancer properties, specifically skin cancer, since it contains berberine, a substance found to fight cancer cells. It is known to protect against infections, boost heart health, improve the appearance of the skin, speed healing and recovery, increase

circulation, and soothe the pain of migraines.

Bloodroot has demonstrated antimicrobial activity against both Gram-positive and Gram-negative bacteria (including golden staph), antifungal activity against Candida and dermatophytes, and antiprotozoal against Trichomonas.

Reported Health Benefits Of Chaparral (*Larrea tridentata*)

- ◆ BLOOD CLEANER
- ◆ ANTI-TUMOUR AGENT
- ◆ ANTIVIRAL & ANTIFUNGAL
- ◆ INHIBITS REPLICATION OF HIV
- ◆ RELIEVES PSORIASIS, ECZEMA, BURNS AND SUNBURN
- ◆ RESPIRATORY INFECTIONS
- ◆ SPEEDS RECOVERY FROM COLDS & FLU
- ◆ HELPS RHEUMATOID ARTHRITIS
- ◆ RNA VIRUSES (HCV, HIV & SIV)
- ◆ URINARY INFECTIONS
- ◆ WEIGHT LOSS

Chaparral contains an ingredient called nor-dihydroguaiaretic (NDGA), a potent antitumor agent. NDGA inhibits aerobic and anaerobic glycolysis (the energy producing ability) of cancer cells. The flavonoids present in chaparral have strong antiviral and antifungal properties.

American Indians used chaparral for cancer, arthritis, bowel cramps, gas, colds, and chronic skin disorders. Chaparral has been used internally to treat stomach problems, menstrual disorders, premenstrual syndrome, diabetes, gall bladder and kidney stones, diarrhea, urinary tract infections, and upper respiratory tract infections. Skin application has been promoted for rheumatic and autoimmune conditions, arthritis, back pain, minor wounds, and skin infections, such as impetigo and gingivitis.

Reported Health Benefits Of Galangal (*Alpinia galangal*)

- ◆ ANTI-TUMOUR AGENT
- ◆ ANTI-BACTERIAL & ANTI-FUNGAL
- ◆ ANTI-INFLAMMATORY
- ◆ ANTI-PARASITIC
- ◆ RELIEVES MOTION SICKNESS
- ◆ ANALGESIC (RELIEVES PAIN)
- ◆ ANTIPYRETIC (REDUCES FEVER)
- ◆ RELIEVES GASTROINTESTINAL DISTRESS

A great depth of antimicrobial activities has been reported from Galangal due to its

diverse chemical profile. In a study of COR L23 lung cancer and MCF7 breast cancer cell lines, UK researchers showed the anti-cancer activities of galangal. It has been shown to have anti-oxidative and free radical scavenging activities. Galangal modulates enzyme activities and suppresses the genotoxicity of chemicals. It is therefore regarded as a potential therapeutic against various diseases like cancer, diabetes, ulcer and many neural disorders.

Reported Health Benefits Of Graviola (*Annona muricata*)

- ◆ ANTI-TUMOUR AGENT
- ◆ ANTI-BACTERIAL
- ◆ ANTI-CONVULSANT
- ◆ ANTI-PARASITIC
- ◆ ANTI-MALARIAL
- ◆ HEPATOPROTECTIVE
(prevents liver damage)
- ◆ ANTI-DIABETIC (controls blood sugar)

Many phytochemical screenings have been done to isolate various chemical components from acetogenins of Graviola; including its anticancer (breast cancer, ovarian cancer), antimicrobial, wound healing capacity and many more.

Its main feature is the ability it has to remove carcinogenic cells, without causing damage to other healthy cells, a fact that places its potential as an alternative treatment to cancer, well above the conventional chemotherapy. In addition it has some anti-bacterial qualities, which make it an effective remedy against infections by bacteria and fungi.

Reported Health Benefits Of Cats Claw (*Uncaria tomentosa*)

- ◆ ANTI-TUMOUR AGENT
- ◆ ANTI-MUTAGENIC
- ◆ ANTI-VIRAL
- ◆ ANTI-INFLAMMATORY
- ◆ ANTI-DIABETIC
- ◆ IMMUNO STIMULANT
- ◆ ANTI-ARTHRITIC
- ◆ ANTI-LEUKEMIC

Cats Claw is used to increase the immune response in the body. This herb's anti-inflammatory properties may help to relieve arthritis, gout, and other inflammatory problems. Compounds found in Cat's Claw are known to kill viruses, bacteria, and other microorganisms that cause disease, while working to inhibit healthy cells from becoming cancerous.

Viral Cleanser

Results following extensive research at Institutes and Universities in Peru, Austria, Germany, England, Hungary and Italy, there is evidence to suggest that Cats Claw may be beneficial in the treatment of cancer, arthritis, bursitis, rheumatism, genital herpes and herpes zoster, allergies, ulcers, systemic candidia, PMS and irregularities of the female cycle, environmental toxin poisoning, numerous bowel and intestinal disorders, organic depression and those infected with the HIV virus.

Patents Reveal Enhanced Immune Function

In 1989, Dr. Klaus Keplinger successfully demonstrated (and patented) several alkaloids present in Cats Claw, that stimulate the immunological system. According to his patent, pronounced enhancement effect on phagocytosis (the ability of the white blood cells and macrophages to attack, engulf and digest harmful rouge microorganisms, foreign matter and debris).

Cats Claw also has the ability to inhibit platelet aggregation and thrombosis, suggesting that this herb may be useful in the prevention of stroke, reducing risk of heart attack by lowering blood pressure, increasing circulation and inhibiting both the formation of plaque on arterial walls and blood clots in the vessels of the brain, heart and arteries.

Intestinal Cleanse

Dr. Brent W. Davis has used Cats Claw successfully to help patients suffering from Crohn's disease, diverticulitis, leaky bowel syndrome, colitis, hemorrhoids, fistulas, gastritis, ulcers, parasites and intestinal flora imbalance.

Cautionary Considerations

During detoxification rogue cells are processed through the liver for excretion. It is not uncommon for the urine to become quite dark yellow in this process, however if the urine becomes dark brown, this could indicate that the liver is overburdened and needs a break and further support. Another indication that the liver is overloading is feeling nauseous. Take a few days off and begin again at a lower dosage. Weakness in the heart may exhibit a racing heart sensation. Again, take a few days off and begin at a lower dosage, let your body guide you. It is not uncommon to feel fatigue and mild aches and pains while cleansing – be good to yourself – allow for extra sleep if necessary. Consider other nutrients to support the detox.

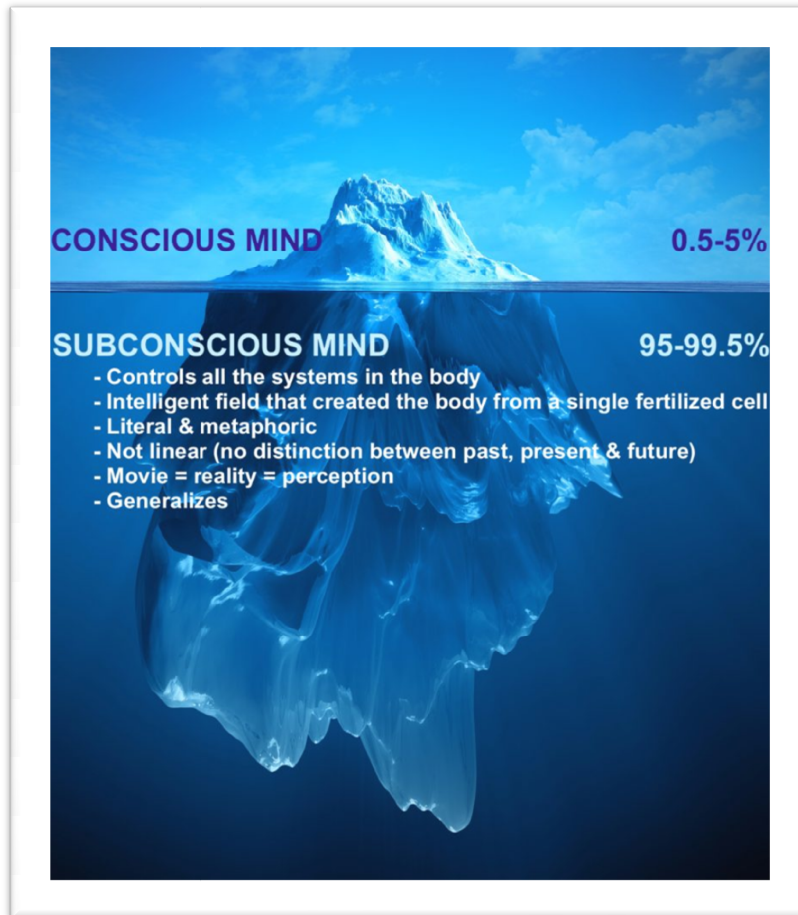
To Ease Detox:

- ◆ AgeLess C60 – known to neutralize all free radicals toxins and heavy metals – it is the only substance known to alleviate hepatoxins from the liver
- ◆ TranZinc – essential nutrient that is depleted by boron cleansing
- ◆ Miracle Mist Transdermal Magnesium – pain relief and companion nutrient required by every cell and function in the body
- ◆ Super AGC – excellent anti-inflammatory and helps alleviate depression
- ◆ Nascent Iodine – nature's antibiotic, feeds the brain and glands
- ◆ LifeForce fx – helps restore pH balance, hydration of cells, provides key electrolytes for optimal energy and heart function, generates redox signaling to aid repair and detox
- ◆ Camu Camu Extract – very high in natural vitamin C (antioxidant), B vitamins, valine serine and lucine for mood elevation, phosphorus and iron

Mental Attitude Affects Health

While seeking a deeper understanding of how our thinking influences our health I came across this extraordinary information provided by Brain Scott in his expose of *The Magic of the Mind*. It was written back in 1922 and does not list the author. It strikes me that universal truth will always remain poignant regardless of time.

Instinctive mind (or the subconscious mind) is controlled by the conscious mind and subject to the influence of suggestion. The instinctive mind also directs the functions of the body that go on without the direction or the knowledge of the conscious mind. The Latin prefix “sub” means underneath, hence the subconscious mind means the mind underneath the conscious mind. For instance, the subconscious mind tends to the beating of your heart, the respiration of your lungs, the pulsation of your arteries, the secretion of your liver, kidneys, stomach and intestines; also, to your sleep, dreams, and the rebuilding of the millions of the little cells that make up your body.



The subconscious mind also directs the nervous system that controls the many functions of your body. The subconscious mind also directs another important phase of your mentality. In it, is located the seat of the deeper constructive thought the memory, the feelings, the capacity for courage or fear, the moral sense habitual happiness or chronic sorrow, high or low spirits, hope or despair, good or bad motives and the hidden resources for health happiness and success. The subconscious mind is also the seat for the higher spiritual faculties of the soul, the conscience, of the beautiful, love and the profounder qualities of the intellect.

The conscious and subconscious parts of the mind can be thought of as two layers of mentality separated by the threshold of consciousness. A thought that wells up from the lower layer does not become known until it has past the threshold and entered the higher layer of consciousness. The subconscious part of the mind accepts freely the suggestions furnished it by the conscious part of the mind. The conscious mind furnishes the mode of power and the subconscious mind accepts the former suggestion. Hence, if we sow ideas of disease we will reap a harvest

of disease. Thoughts of health will be expressed in healthful conditions. If we sow ideas of poverty, that will be our portion. If we sow thoughts of inferiority, weakness and fear we shall build a personality devoid of character and strength. Ideals of abundance will produce abundance, if we enforce them with energy.

Instinctive mind is an absolute necessity to us and when it functions properly it is a wonder of usefulness because it sustains the primal life in our bodies. It continually superintends the indispensable work of repair, restoration, circulation, tissue building, nutrition, digestion restoration assimilation elimination etc..., having the support of the vital energy for its chief aid in this work. The vital energy of which animates the entire system of life on this planet is obtained through a subconscious process. From the air we breathe, to the food we eat and the water we drink. Its natural duty is to supply the constructive elements by which life is sustained. Its work is never ending, unless hindered by obstructions resulting from ones disobeying some established natural law through either a wrong way of thinking or a wrong way of living.

Every atom in the human organism is sustained by the independent life cells supplied with life substance by the vital energy. Each cell has an instinctive intelligence of its own. All these little intelligences function either separately in groups or collectively. They are subject to the influence and direct control of the subconscious mind. Mind influences matter.



The nerves, the means of communication serve as message carriers from the brain to the different cell intelligences in all parts of your body. In like manner, from cell intelligences back to the brain. Whatever affects the mind affects consciously or unconsciously these little cell intelligences that control all the atoms of the body

and are influenced by whatever the mind believes. Therefore to keep well physically you must first keep well mentally. You cannot maintain a strong physical body or attain any degree of happiness and success if through the reasoning of the conscious mind you are constantly expecting or mentally creating pictures of ill health, failure and calamity. Continuous practice of wrong reasoning will eventually impress its influence upon your subconscious mind and practically compel it to adopt the same attitude. By such wrong mental action your supply of vital energy will be obstructed. If the wrong thinking be continued it may bring about unhappiness, affliction, disease and final decay.

As long as your mind is positive and supported by strong will power promoting constructive up-building and optimistic thought and conduct you are helping the body keep well and hold out until the limit of its natural strength is reached. Make your mind master. Whatever affects the mind also affects each cell intelligence – you cannot maintain a healthy body if the mind indulges in unhealthy thoughts. That is the miracle of the mind and its influence on the conscious and subconscious mind.

Summary

Disease has become a multibillion dollar industry that is highly regulated. Doctors are controlled by laws limiting their approach to dealing with patients and many lose their license to practice medicine if they engage in natural remedies and approaches. Medical doctors do not receive formal training in nutrition, nor are they formally educated in natural approaches to healing.

***Doctors can not cure your disease.
Only your immune system can cure your disease.***

I encourage you to investigate and do your own research - because ***you are the expert when it comes to knowing your own body***. It is my hope that if you are already dealing with a health issue, that you do not succumb to fear and resort only to the limited options presented in the medical approach but that you will consider all the options available for you. It is my sincere hope that the information provided here will empower you to use methods that strengthen your microbiome - your immune system and support your well being and recovery.

The most important thing for overall health is not removing disease; rather it is removing the cause of disease.



Lastly, we just want to say a special THANK YOU for ordering your Yeast - Fungus - Parasite Restore Your Microbiome pack today!

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