Food Reaction Test

TEST RESULT

cerascreen®

Name	Sample Number	Report Date	Birth date
Jane Blogs	ABC123	09/07/2019	09/07/1987

Your individual result report

We checked whether your blood contains antibodies against specific foodstuffs. The foodstuffs that tested positive might already have caused symptoms or could damage your intestines over time. A chronically disturbed intestine can show an increased permeability for food components. If this is the case, antibodies can bind to these components and can trigger various symptoms through inflammatory reactions.

You will find the results of your food intolerance and IgE sensitization tests in tabular form on the following pages.

! As different antibody classes may be involved, we have performed two independent tests for you !

You can find the results of the „classic" allergy test (IgE test) and the results of the intolerance test (IgG4 test) on the following pages. Please note that an allergy or intolerance to a specific food can only be found if you have eaten it before!

Your test results

IgE test

[illegible]

What is IgE?

[illegible]

IgG4 test

[illegible]

[illegible]

Your IgE test result

Strength 1	Strength 2	Strength 3
5	5	5
Allergens	Allergens	Allergens
Tomato	Lemon	Milk

Meat, poultry, eggs

Allergens	Results
Meat (mixed beef, pork, lamb, chicken)	[illegible]
Egg white	[illegible]

Fish, seafood

Allergens	Results
Cod	[illegible]
Salmon	[illegible]
Shrimp	[illegible]
Crab	[illegible]

Dairy products

Allergens	Results
Milk	[illegible]

Cereals

Allergens	Results
Wheat	[illegible]
Rye	[illegible]
Oats	[illegible]

Nuts and seeds

Allergens	Results
Cashew	[illegible]
Peanut	[illegible]
Almond	[illegible]
Walnut	[illegible]

Fruit

Allergens	Results
Apple	[illegible]
Orange	[illegible]
Strawberry	[illegible]
Peach	[illegible]
Kiwi	[illegible]

Suggestions

Suggestion	Results
Tomato	[illegible]
Lettuce	[illegible]
Celery	[illegible]
Tuna	[illegible]

Cookie Notice

[illegible]

Assessment of your gi results

What do the markers mean for me?

[illegible]

[illegible]

"Dysbiotic" vs. colonised bits

[illegible]

Which markers? In 2 words

[illegible]

1. Identifying the specific antigen causing the reaction
2. Ruling out other causes of the reaction
3. Safe transfusion

In rare cases of hemolytic anemia, transfusion delay and the antibody titer increase, the patient may develop life-threatening hemolysis.

Strong reaction (3+ to 4+ dots)

Both the patient's antibody and the specific antigen on your blood. This means the patient's body will destroy donor cells if they are transfused. Antibodies in blood circulating in their bloodstream attach to the donor cells and trigger their destruction. This can cause fever, chills, back pain, and in severe cases, kidney failure. The patient's immune system recognizes the donor cells as foreign and attacks them. This is why cross-matching is so critical before any transfusion.

Reaction detected, but no symptoms?

Antibodies are present in the patient's blood and they react with the donor cells in the test, but the patient has not experienced any hemolysis or other symptoms. This can happen for several reasons. The antibody may be present but not yet causing damage, the patient's immune system may be temporarily suppressed, or the antibody may be a type that does not cause immediate hemolysis. Even in this case, the safe transfusion is not possible. The antibody is still present and will react with the donor cells if they are transfused. The patient's immune system will recognize the donor cells as foreign and destroy them. Therefore, despite the absence of symptoms, the transfusion must be avoided. The fact that the antibody is present means that the patient's immune system has the potential to react to the donor cells. Even if there are no symptoms now, the situation can change at any time. The safest approach is to avoid transfusion until a compatible blood is found.

5. Conclusion

What do I have to do?

1. Check the patient's antibody screening results. If the test was positive, proceed to the cross-match.
2. Perform the cross-match using the patient's blood and the donor blood. If the test is negative (no hemolysis), the blood is safe to transfuse.
   - If the cross-match is positive, do not transfuse. Report the result to the blood bank and the attending physician.

Your lab's best result

Weight

Metals possibly cigar

Transaction	Months
Force	[illegible]
Right	[illegible]
Lunch	[illegible]
Children	[illegible]
Energy	[illegible]
Algorithm	[illegible]
Algorithm	[illegible]

Film cardiac

Transaction	Months
Landlord	[illegible]
Strong	[illegible]

Debts conductor

Transaction	Months
Cause dog	[illegible]
Legal	[illegible]

Tomato

Transaction	Months
Night	[illegible]
Energy	[illegible]
Fly	[illegible]
Wife	[illegible]
Fog	[illegible]
Forest	[illegible]

Forest

Transaction	Months
Island broken	[illegible]

Legal lines crime

Transaction	Months
Fog	[illegible]
Forest	[illegible]
Mountain	[illegible]
Money	[illegible]
Income	[illegible]

Fruit

Vocabulary	Transcription
Pear	transcription
Strawberry	transcription
Orange	transcription
Banana	transcription
Apple	transcription
Watermelon	transcription

Vegetables

Vocabulary	Transcription
Onion	transcription
Carrot	transcription
Cabbage	transcription
Tomato	transcription

Other

Vocabulary	Transcription
Bread	transcription
Coffee	transcription
Cheese	transcription
Butter	transcription
Regular coffee	transcription

Useful to know

The word **apple** is the most common in Hungarian. It is used in all fruits, vegetables and other products. Its plural form is **almák**.

Practical advice: how to deal with the gift box and results

1. After receiving delivery, you can be sure that the results of Forever are consistent, you can trust the quality of the product and the right dose.
2. The results of Forever are not a miracle, but the result of a well-thought-out system and regular use. Consistency is key. Start with a small dose, observe your body's reaction, and then gradually increase the dose.
3. Pay attention to the signals your body sends you. Forever products are effective, but everyone's body is different. Some people may feel a slight increase in energy, others may notice improvements in sleep quality. The key is to listen to your body and adjust the dose accordingly. If you have any doubts or questions, do not hesitate to contact your sponsor or a Forever consultant.
4. Forever products are not a substitute for a balanced diet and healthy lifestyle, but a valuable supplement.
5. Keep track of your progress. Write down how you feel, what changes you notice, and when they occur. This will help you understand the effect of the product on your body and adjust your use if necessary.

[illegible]

Assessment of your IgG results

Do reactive?

[illegible]

Do suffer from symptoms and no reactive was measured?

[illegible]

[illegible]

Meaning of the different colours

Green

[illegible]

Orange

[illegible]

Yellow

[illegible]

Procedure

[illegible]

Test

[illegible]

Procedure

[illegible]

1st day: Feeling and the correlation between the Feet and the [illegible]

[illegible]

2nd day: Stimulating the opposite Foot

[illegible]

3rd day: Description of Feet after 3 months

[illegible]

Does Ben's measured but no symptoms?

[illegible]

Why conclusion

What do I have to do?

1. [illegible]
2. [illegible]

Recommendations for a healthy intestine

[illegible]

1. [illegible]
2. [illegible]
3. [illegible]
4. [illegible]
5. [illegible]
6. [illegible]
7. [illegible]
8. [illegible]
9. [illegible]
10. [illegible]
11. [illegible]
12. [illegible]

[illegible]

- [illegible]
- [illegible]
- [illegible]
- [illegible]

[illegible]

[illegible]

[illegible]