

Instructions



Step 9

Finish taking the sample only when the mark (300 µl) has been reached, otherwise the sample cannot be analysed. Tap the tube gently numerous times against the table so that the blood can run downwards.



Step 11

Once the bleeding begins to slow, apply the plaster to the wound.



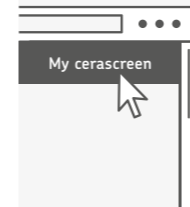
Step 13

Remove the adhesive label from the activation card and affix it to the filled blood collection tube – **NOT to the transport tube**.



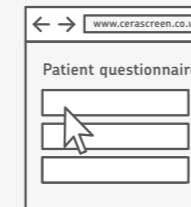
Step 15

Seal the transport tube well.



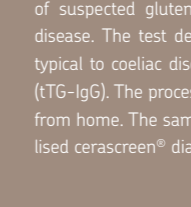
Step 17

To create your results report, you have to go to www.cerascreen.co.uk, log in under **'My cerascreen'** and then activate your test. If you have not registered yet, create a user account in the 'My cerascreen' area.



Step 19

Fill out your personal patient questionnaire and submit it once it is complete. Once your blood has been analysed, you will be notified by email and can access your result via **'My cerascreen'**.



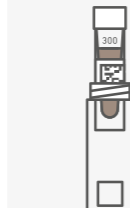
Step 10

After taking the blood sample, please use the swab and press it against the location of the bleeding.



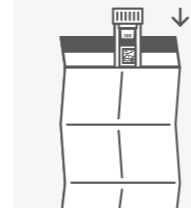
Step 12

Use the cap to close the tube by pressing on it firmly until the cap clicks into place. **Shake the tube well**.



Step 14

Slide the filled blood collection tube into the larger transport tube **without removing the absorbent felt**.



Step 16

Take the blood sample-filled transport tube and place it into the return envelope. Retain the activation card – you will need this to activate your test. Close the envelope carefully and send it immediately by post.



Step 18

After logging in, click on 'Activate test'. Then enter the 6-digit test ID. This can be found on your activation card. Confirm by clicking 'Next'.



Step 20

Place the used parts of the test in clear plastic bags and dispose of them with the rest of your household waste.



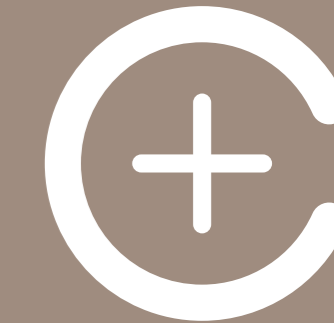
The cerascreen® Gluten Intolerance Test is a send-in sampling kit for testing human capillary blood in the event of suspected gluten intolerance in the form of coeliac disease. The test determines the presence of antibodies typical to coeliac disease against tissue transglutaminase (tTG-IgG). The process is pain-free and can be done easily from home. The sample is analysed in vitro in the specialised cerascreen® diagnostics laboratory.

Manufacturer:
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Güterbahnhofstrasse 16
19059 Schwerin
Germany

support@cerascreen.co.uk
www.cerascreen.co.uk



CRS3-Zöliakie_EN_002
Valid from September 2017



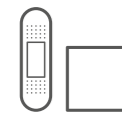
Gluten Intolerance Test

INSTRUCTIONS

Your test kit contains:



1 alcohol wipe CE



1 band-aid CE
1 gauze/absorbent pad CE



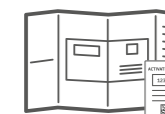
1 transport tube



1 microvette 300 µl (sampling tube) CE



2 lancettes CE 0344



1 return envelope
1 activation card with adhesive label

Information about the test

Important Information

Only take the sample between **Monday and Tuesday** and send this on the same day it was taken. Please take into account any public holidays.

It is **only** possible to analyse your sample if you register online and activate your test ID! More details on this can be found from step 17 onwards.

The validity of this tests requires the dietary intake of gluten for at least one week prior to taking the sample.



In vitro diagnostics



Read the instructions before taking the sample



For single use only



Store at a temperature between 2 °C and 30 °C



Contains 1 kit



Manufacturer



Expiration date



Conformité Européenne



LOT Batch number



REF Order number

General information

- Please read the instructions carefully before you begin.
- Please do not take a blood sample immediately after strenuous physical activity.
- If you have any difficulties with the blood sample or if the kit is incomplete, please contact our customer service department, who will treat this matter confidentially.
- This is a blood sample kit for single-use self-testing.
- It is unfortunately not possible to assess blood samples of volumes under 300 µl.
- In addition to previous versions, the section "Information about the test" in this manual was amended with advice around dietary intake.

Contagious Illnesses

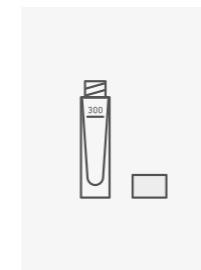
Do not use this kit if you suffer from a blood-borne contagious illness such as hepatitis or HIV.

Warnings

- Store this kit out of reach of children.
- The kit may be used only for adults over the age of 18.
- If you are pregnant or are breastfeeding, use the kit only after consulting your doctor.
- If you suffer from a congenital or acquired blood-clotting disorder or are taking anticoagulant medication, use the kit only after consulting your doctor.
- The lancets are exclusively for your own use.
- If you have problems regarding the sight of or the taking of blood, take the sample only in the presence of another person or contact your doctor or pharmacist.

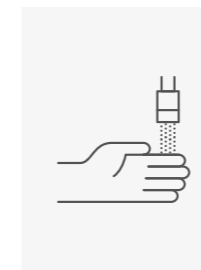
If you have any questions, please send us an email (support@cerascreen.co.uk) or visit our help website: www.cerascreen.co.uk/support.

Instructions



Step 1

Open the blood collection tube and place it on a flat surface. Make sure that it cannot fall over.



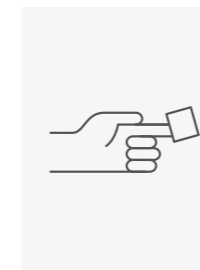
Step 2

Hold your hand under warm water **for at least one minute** to stimulate blood circulation. Dry your hand carefully with a towel.



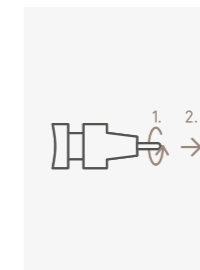
Step 3

Swing your arm around in a circle 5-10 times, fully extended if possible, in order to stimulate blood circulation.



Step 4

Remove the disinfectant cloth from its film and use it to disinfect the tip of one finger. Wait until the finger is dry again (15 sec). TIP: the middle finger is most suitable.



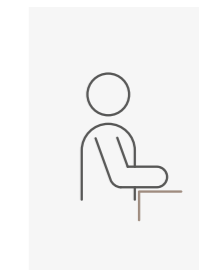
Step 5

Hold the lancet as shown in the image. Rotate the yellow protective cover once around its own axis **(1)** and then carefully remove it **(2)**. Caution: Do not use a lancet with a loose or missing protective cover.



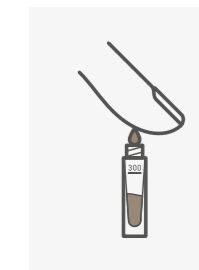
Step 6

Place your hand on a solid surface, hold the lancet as shown in the diagram and place it diagonally against the tip of your finger. Press firmly with your thumb on the yellow button. This button can only be pressed once!



Step 7

Hold your hand horizontally at hip height (for instance while standing at the edge of a table) and massage your finger from the palm of the hand down to the finger tip until blood droplets form.



Step 8

Hold your finger diagonally at the edge of the upright blood collection tube so that the blood can run into it. Continue to massage your finger so that sufficient blood flows through. This process may take several minutes.