

Habox Boredom Jar

Add some toothy fun to your Boredom Jar

Step 1

If you already have a boredom jar at home, GREAT! But don't worry if you don't. Clean out a finished jam jar (or any jar for that matter), and cut out our handy boredom jar sign or, decorate your jar however you like!

Step 2

Then cut out the activities on the next page.

Choose the ones you like that we have come up with, and add some of your favourite boredom busters to the empty ones!

Fold them all up, and pop them in the jar.

Step 3

When boredom strikes, pick one out!



Summer holidays are the perfect time to work on a bit of brushing tekkers! So here are a few dental ones you can add in there.

See our highlights on our instagram @myhaboboxuk for 'how to' videos in our highlights.

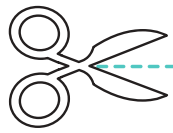
Disclose Teeth

Practice flossing



Love
Katie & Justina

Health is in the Habit



The 'But I'm' bored jar.



Build a sofa fort

Write a story

See how high you can
build lego

Design your own
'Habug'

Make a paper
aeroplane

Draw a treasure map of
your house

Play a board game

Make up a dance

Make up your own here!

