





Sailors' Delight Socks
Designed by Rachel Brockman

SIZE Adult Medium

FINISHED MEASUREMENTS Foot Circumference: 7½" Length: Adjustable

MATERIALS

Wisdom Yarns *Mini Saki* (50% superwash merino, 25% bamboo, 25% nylon; 50g/209 yds)

- 503 Apricot Ice (MC) 1 skein
- 602 Lullaby (CC) 1 skein

Needles: US Size 1 (2.25 mm) set of dpns or size needed to obtain gauge
US Size 2 (2.75 mm) set of dpns
Notions: Tapestry needle, waste yarn, cable needle (cn), stitch markers

GAUGE

38 sts \times 48 rnds = 4" in Stockinette stitch (St st) with smaller ndl and in Waves patt with larger ndl Save time, check your gauge.

Knit, Relax, Smile, Repeat!

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PATTERN NOTES

"Pink in the night, sailors' delight; pink in the morning, sailors take warning." This traditional saying is the inspiration behind these truly delightful socks with its pink and stormy blue shades. The pink (or red, as it is also sometimes referred to) sky refers to weather conditions. If it is pink at night, it usually indicates stable air coming in from the west and good weather to follow. But a pink or red sunrise can mean that a storm system may be moving to the east.

Regardless of the color of the sky where you are, we're sure this project will be smooth sailing all the way through.

These socks are knit cuff-down in the round with an afterthought heel.

STITCH GUIDE

Wrap 9: Slip next 9 sts to cable needle (cn) and hold in front; working counter-clockwise, wrap these 9 sts 3 times. K9 from cn.

K1, P1 Rib

(even number of sts)

Rnd 1: * K1, p1; rep from * to end, Rep Rnd 1 for patt.

Waves

(begins with multiple of 18 sts)

Rnd 1: With MC, * k1, yo, [p1, k1] 8 times, p1, yo; rep from * to end – 2 sts inc'd, 20 sts.

Rnd 2: With MC, * k2, [p1, k1] 8 times, p1, k1; rep from * to end.

Rnd 3: With MC, * k2, yo, [p1, k1] 8 times, p1, yo, k1; rep from * to end – 2 sts inc'd, 22 sts.

Rnd 4: With MC, * k3, [p1, k1] 8 times, p1, k2; rep from * to end.

Rnd 5: With MC, * k3, yo, [p1, k1] 8 times, p1, yo, k2; rep from * to end – 2 sts inc'd, 24 sts.

Rnd 6: With MC, * k4, [p1, k1] 8 times, p1, k3; rep from * to end.

Rnd 7: With MC, * k4, yo, [p1, k1] 8 times, p1, yo, k3; rep from * to end – 2 sts inc'd, 26 sts.

Rnd 8: With MC, * k5, [p1, k1] 8 times, p1, k4; rep from * to end.

Rnd 9: With MC, * k5, [ssk] 4 times, p1, [k2tog] 4 times, k4; rep from * to end – 8 sts dec'd, 18 sts rem.

Rnd 10: With MC, knit.

Rnd 11: With CC, * k5, wrap 9, k4; rep from * to end.

Rnd 12: With CC, knit. Rep Rnds 1-12 for patt.

SOCKS

Cuff

With CC and smaller ndls, cast on 72 sts using the German Twisted method. Distribute sts evenly among DPNs. PM and join to work in the rnd, being careful not to twist sts. Work in K1, P1 rib for 1½". Change to larger ndls and join MC.

Leg

Establish Pattern

Rnd 1: Work Rnd 1 of Waves patt to end – patt will be repeated 4 times across each rnd.

Rnd 2: Work next rnd of Waves patt to end. Cont working Waves patt until piece meas approx. 6" from cast-on edge, ending with Rnd 12 of Waves patt.

Heel Stitches: With CC k36, join waste yarn and k36, slide these 36 sts back to LH ndl, k36 with working yarn – 72 sts on ndl. Change to smaller ndls.

Foot

Rnd 1: With MC, knit.

Rnd 2: With CC, knit.

Rep Rnds 1-2 until Foot meas approx. 4" less than desired length, ending with Rnd 1 (MC). Break MC, cont with CC only.

Toe

Set-up Rnd: With CC, k36, pm, knit to end. **Dec Rnd:** With CC, * k1, ssk, knit to 3 sts bef m, k2tog, k1; rep from * to end – 4 sts dec'd, 68 sts rem.

Even Rnd: With CC, knit.

Rep Dec Rnd and Even Rnd 10 more times – 40 sts dec'd, 28 sts rem.

Place first 14 sts on one ndl and last 14 sts on separate ndl. Holding the ndls parallel, graft the two sets of sts tog using the Kitchener method.

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Heel

Place 36 sts on each side of waste yarn sts onto
dpns – 72 sts total. Carefully remove waste yarn.
With smaller ndls, work as for Toe using MC.

FINISHING

Gently wash and block to finished measurements. Weave in all ends.

Abbreviations

approx	approximately	
bef	before	
beg	begin(ning)	
CC	contrast color	
cont	continue	
dec('d)	decrease(d)	

dpn(s) double pointed needle(s)

est'd established k knit

k2tog knit 2 stitches together (1 st

dec'd)

LH left handm markermeas measuresndl needle

purl р pattern patt place marker pm remain(ing) rem repeat rep RH right hand round rnd sl slip st(s) stitch(es)

tbl through the back loop(s)

tog together

ssk slip next 2 sts individually

knitwise, slip them back to left needle in this position, knit them together through the back loops

(1 st dec'd)

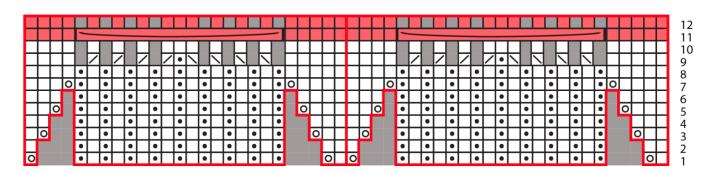
St st Stockinette stitch (knit on RS

rows, purl on WS rows; in the

rnd, knit every rnd)

yo yarn over

Waves



Key



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