



Sweet Dumplin' Socks

Bella Cash Socktober



MYSTERY KAL



Week 1

COLORS

*Bright and bold, light and lively...
whatever you choose, make it
something uniquely YOU!*

Sweet Dumplin' Socks

Designed by Rachel Brockman

DIFFICULTY

Intermediate

SIZES

Adult Small (Medium, Large)

FINISHED MEASUREMENTS

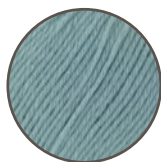
Foot Circumference: 7 (8, 9)"

Foot Length: Adjustable

MATERIALS

Universal Yarn Bella Cash (60% fine merino superwash, 30% nylon, 10% cashmere; 50g/230 yds)

- 126 Forest – 1 ball (all sizes)
- 116 Sage – 1 ball (all sizes)
- 124 Mustard – 1 ball (all sizes)



*Why three needle sizes?
To help with later colorwork!*

Needles: Use DPNs or your preferred needles for knitting small circumferences

Needle A: US Size 1 (2.25 mm)

Needle B: US Size 3 (3.25 mm) or size needed to obtain gauge

Needle C: US Size 2 (2.75 mm) or size needed to obtain gauge

Notions: Tapestry needle, stitch markers, waste yarn

GAUGE

32 sts x 34 rnds = 4" in stranded patt with Needle B

32 sts x 40 rnds = 4" Stockinette stitch (St st) with

Needle C

Save time, check your gauge.

PATTERN NOTES

Thank you so much for joining us in celebrating Socktober with a fun and cozy pair of socks! The Sweet Dumplin' socks are inspired by the season. Pumpkin pies, squash, hot apple cider, brilliant foliage, sweater weather, and the familiar crunch of leaves beneath your feet – all things that make autumn a sure favorite. As the weather begins to turn, there is no better way to stay cozy than with a pair of handknit socks. And with that said, what could be more fun than socks with an element of mystery and a sampling of stitches? Let's get started!

First, let's take a quick look at the general construction of these socks without revealing too much information. After all, there should be an element of surprise while you're knitting! These socks are knit from the cuff down and feature an after-thought heel. There will be a combination of Left and Right Twists, stranded colorwork, and knit-purl textures used throughout the pattern. Kitchener stitch is used to graft the toes and heel.

Don't want these socks to be a mystery? No problem. For spoiler images, head to this link:

<https://photos.app.goo.gl/C6Jd4BgsiP11hj6eA>



Bella Cash Socktober



MYSTERY KAL



Monochromatic

These socks are intended to be as colorful as the season. You'll need a palette of three colors to get started. There are 26 colors of Bella Cash to choose from, creating a multitude of possibilities. Feel free to choose whatever colors speak to you, but I have a few helpful hints to get you started.

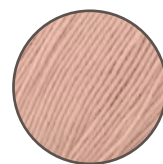
These socks are designed to use two colors of a similar value and one color with a contrasting value. Value refers to the relative lightness or darkness of color. Contrast is what visually separates "objects," or in our case, the stitch patterns. This pattern is designed to have one color that visually pops. If you choose two colors with a light or medium value, pick a third color with a darker value. Alternatively, if you choose two colors with a dark value, pick a third color with a lighter value.

Hue refers to the specific name of a color – for example, red or green. There are so many ways to create a unique color scheme. Perhaps you prefer a monochromatic scheme? A monochromatic scheme includes colors of the same hue, but with different values. An analogous color combination includes colors that are next to one another on the color wheel. For example, blue and green or red and purple. A complementary combination includes colors that are on opposite sides of the color wheel. Yellow and purple or red and green are great examples of complementary colors. Finally, you could use colors inspired by nature. Sometimes colors inspired by nature also fall into one of the categories mentioned above, but not always. The sample socks, for example, were inspired by the colors found in squash and gourds, but they also happen to be analogous colors (yellow and green).

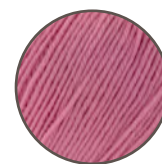
For inspiration, take a look at some of the color schemes that fall into the categories I've mentioned. Whatever you choose, you're sure to end up with some beautiful socks!



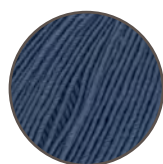
CC1:
101 APPLE



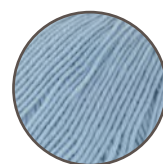
CC2:
102 BLUSH



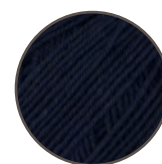
MC:
117 TULIP



CC1:
114 STORM

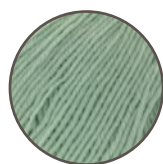


CC2:
113 SKY



MC:
115 PEACOCK

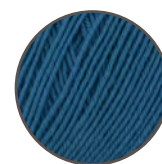
Analogous



CC1:
120 PISTACHIO

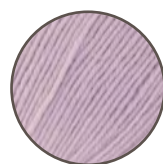


CC2:
111 CREAM



MC:
104 SEA

Complementary



CC1:
118 ORCHID



CC2:
112 BUTTER



MC:
122 AMETHYST

See you next week!

Bella Cash Socktober



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Week 2

THE CUFF

Welcome to Week 2! It's short and sweet. You may wish to start both of your socks at the same time. You'll start with the smallest needle to ensure the cuff fits snugly and won't slip when you wear your socks.

You can find a helpful tutorial for working the Right and Left Twist stitches here:

<http://blog.universalyarn.com/2019/11/30/day-11-of-winter-series-3-edition/>

STITCH GUIDE

Right Twist (RT): K2tog but do not slip st from ndl, knit the first st again, slip both sts from ndl.

Left Twist (LT): Knit the second st on the left ndl through the back loop, knit the first st through the front loop, slip both sts from ndl.

SOCKS

Cuff

Note: This section is also charted for your convenience. The Cuff pattern is repeated 7 (8, 9) times across each round.

With CC1 and Ndl A, cast on 56 (64, 72) sts. PM and join to knit in the rnd, being careful not to twist.

Rnd 1: * K1, p1, k4, p1, k1; rep from * to end.

Rnd 2: * K1, p1, LT, RT, p1, k1; rep from * to end.

Rnds 3-10: Rep Rnds 1-2, 4 more times.

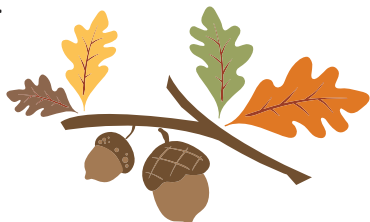
Rnd 11: * K1, p1, k4, p1, k1; rep from * to end.

Rnd 12: * K1, p1, RT, LT, p1, k1; rep from * to end.

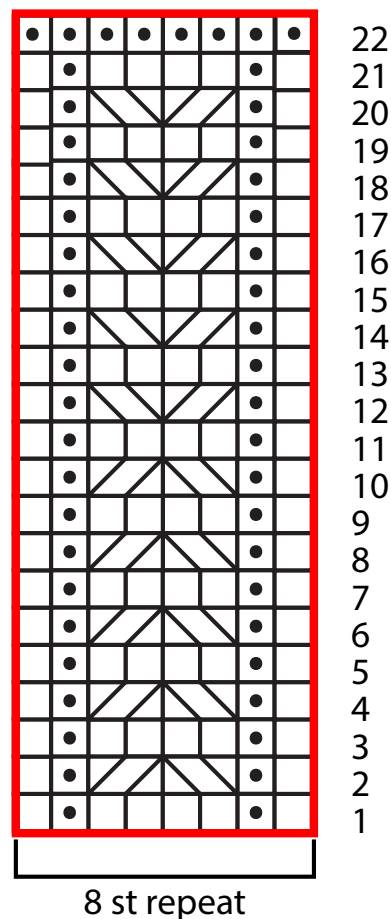
Rnds 13-20: Rep Rnds 11-12, 4 more times.

Rnd 21: * K1, p1, k4, p1, k1; rep from * to end.

Rnd 22: Purl.



Cuff



Key

 pattern repeat

 knit

 purl

 LT

 RT

See you next week!

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Week 3

MAIN SOCK - LEG

Did you finish your cuff? Go you! You should have something like this:



This week it's all about stranded colorwork. We'll be playing with all three colors to create a beautiful motif. Please note that the stitch pattern for this section is charted only. If you do not wish to break your yarn after each color change, you can carry the unused color up the inside of the work.

Most knitters have a tighter gauge when working in stranded colorwork. That's why we've called for a larger needle size for this section. It is also why we suggest changing your needle size on the rows that do not require stranded knitting. When working in the stranded sections, be sure the floats on the wrong side of the work are not too tight. Floats that are too tight result in puckered, inelastic fabric and you'll find it difficult to put the socks on. We have a great blog post that provides tips and tricks for stranded knitting. Be sure to check it out at this link:

<http://blog.universalyarn.com/2018/11/07/day-1-of-winter-series-2-edition/>

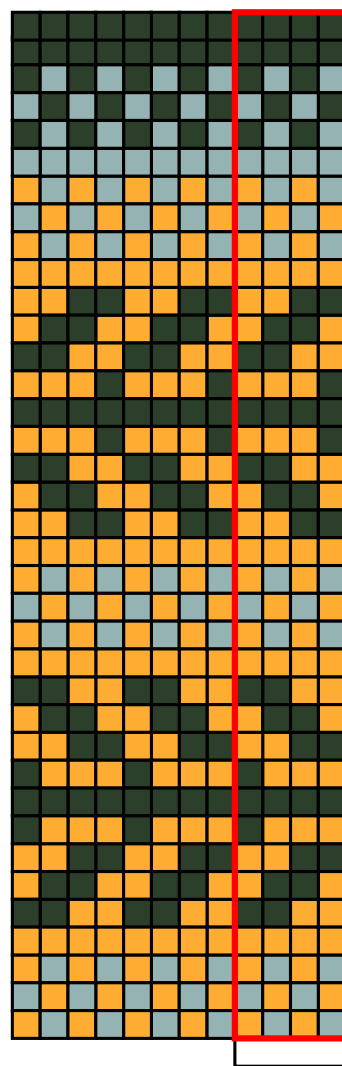
Main Sock Part One

Note 1: Join colors as indicated on chart. Note 2: For best results, use Ndl C on Rnds 4, 9, 14, 18, 23, 28, 32, 36, & 37. Use Ndl B for all other rnds.

Rnd 1: Work Rnd 1 of Chart A to end. Patt will be repeated 14 (16, 18) times across each rnd.

Rnd 2: Work Rnd 2 of Chart A to end. Cont as est'd through Rnd 37 of Chart A. Break CC1 and CC2. Cont with MC only.

Chart A



Key

- pattern repeat
- with CC1, knit
- with CC2, knit
- with MC, knit



4 st repeat

See you next week!

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Week 4

MAIN SOCK – FOOT

How did the stranded colorwork go? You should have something resembling this, but in your colors.



Let's keep moving!

Week 3: Main Sock Part Two

Get ready for a bit of texture this week. Knit-purl combinations and simple two-stitch twist will make up this portion of the pattern. We'll also prepare the heel by placing waste yarn along the heel stitches, but we'll come back to that later. Although the Left and Right socks are the same, the heel stitches are positioned on opposite sides to ensure the jog is on the inside of the foot. Instructions for both are given in this section.

While working this section, please be sure to follow the correct chart and written instructions for your size.

STITCH GUIDE

Chart B – Size Small Only

(multiple of 28 sts)

Rnd 1: * K2, p1, k3, p1, k2, p1, RT, [k1, p1] 2 times, LT, p1, k2, p1, k3, p1, k2; rep from * to end.

Rnd 2: * K2, p1, k3, p1, [k2, p1] 2 times, k1, p1, k3, p1, k2, p1, k3, p1, k2; rep from * to end.

Rnd 3: * [K1, p1] 5 times, RT, [k1, p1] 2 times, LT, [p1, k1] 5 times; rep from * to end.

Rnd 4: * [K1, p1] 5 times, k2, p1, k1, p1, k3, [p1, k1] 5 times; rep from * to end.

Rnd 5: * [P1, k3] 2 times, p2, RT, [k1, p1] 2 times, LT, p2, [k3, p1] 2 times; rep from * to end.

Rnd 6: * [P1, k3] 2 times, p2, k2, p1, k1, p1, k3, p2, [k3, p1] 2 times; rep from * to end.

Rnds 7-8: Rep Rnds 3-4.

Rep Rnds 1-8 for patt.

Chart B – Size Medium Only

(multiple of 32 sts)

Rnd 1: * P1, k2, p1, k3, p1, k2, p1, RT, [k1, p1] 3 times, LT, p1, k2, p1, k3, p1, k2, p1; rep from * to end.

Rnd 2: * P1, k2, p1, k3, [p1, k2] 2 times, [p1, k1] 2 times, p1, k3, p1, k2, p1, k3, p1, k2, p1; rep from * to end.

Rnd 3: * [P1, k1] 5 times, p1, RT, [k1, p1] 3 times, LT, [p1, k1] 5 times, p1; rep from * to end.

Rnd 4: * [P1, k1] 5 times, p1, k2, [p1, k1] 2 times, p1, k3, [p1, k1] 5 times, p1; rep from * to end.

Rnd 5: * P2, k3, p1, k3, p2, RT, [k1, p1] 3 times, LT, p2, k3, p1, k3, p2; rep from * to end.

Rnd 6: * P2, k3, p1, k3, p2, k2, [p1, k1] 2 times, p1, k3, p2, k3, p1, k3, p2; rep from * to end.

Rnds 7-8: Rep Rnds 3-4.

Rep Rnds 1-8 for patt.

Chart B – Size Large Only

(multiple of 36 sts)

Rnd 1: * P1, k2, p1, k3, p1, k2, p2, RT, [k1, p1] 4 times, LT, p2, k2, p1, k3, p1, k2, p1; rep from * to end.

Rnd 2: * P1, k2, p1, k3, p1, k2, p2, k2, [p1, k1] 3 times, p1, k3, p2, k2, p1, k3, p1, k2, p1; rep from * to end.

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Rnd 3: * [P1, k1] 5 times, p2, RT, [k1, p1] 4 times, LT, p2, [k1, p1] 5 times; rep from * to end.

Rnd 4: * [P1, k1] 5 times, p2, k2, [p1, k1] 3 times, p1, k3, p2, [k1, p1] 5 times; rep from * to end.

Rnd 5: * P2, k3, p1, k3, p3, RT, [k1, p1] 4 times, LT, p3, k3, p1, k3, p2; rep from * to end.

Rnd 6: * P2, k3, p1, k3, p3, k2, [p1, k1] 3 times, p1, k3, p3, k3, p1, k3, p2; rep from * to end.

Rnds 7-8: Rep Rnds 3-4.

Rep Rnds 1-8 for patt.

Main Sock Part Two

Note: Take care to work the correct chart for your size.

Rnd 1: Work Rnd 1 of Chart B to end.

Rnd 2: Work Rnd 2 of Chart B to end.

Rnd 3: Work Rnd 3 of Chart B to end.

Rnd 4: Work Rnd 4 of Chart B to end.

Foot

Note: Instructions of the Left and Right Sock are now separate for the remainder of this section.

Heel Stitches – Left Sock: Work next Rnd of Chart B over 28 (32, 36) Instep sts, pm, join waste yarn and k28 (32, 36) Heel sts, slide these 28 (32, 36) Heel sts back to the left ndl, k28 (32, 36) sts with working yarn – 56 (64, 72) sts on ndl.

Next Rnd: Work next rnd of Chart B to m, sl m, knit to end.

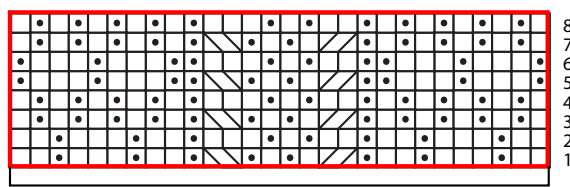
Cont in patt as est'd until Foot meas 4¼ (4½, 5)'' less than desired length, measuring from Heel sts.

Heel Stitches – Right Sock: Join waste yarn and k28 (32, 36) sts, slide these 28 (32, 36) sts back to the left ndl, k28 (32, 36), pm, work next rnd of Chart B over 28 (32, 36) Instep sts – 56 (64, 72) sts on ndl.

Next Rnd: Knit to m, sl m, work next rnd of Chart B to end.

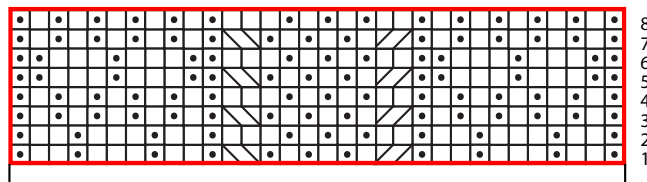
Cont in patt as est'd until Foot meas 4¼ (4½, 5)'' less than desired length, measuring from Heel sts, ending with an even row of Chart B.

Chart B
Size Small Only



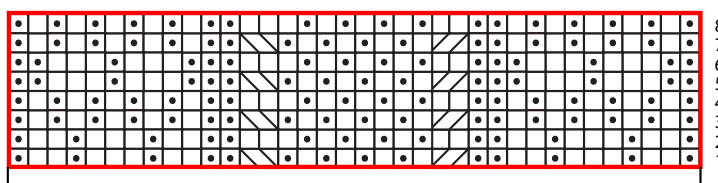
28 st repeat

Chart B
Size Medium Only



32 st repeat

Chart B
Size Large Only



36 st repeat

Key

- pattern repeat
- knit
- purl
- RT
- LT

See you next week!



Bella Cash Socktober



MYSTERY KAL



Week 5

THE TOE & HEEL

Did you master the foot? Congratulations, you're in the home stretch!



We're in the final stretch, with only the heels and toes to go. In the last section, separate instructions for the Left and Right Foot were given. For this section, the heels and toes for each foot are worked the same, so only one set of instructions are given. Follow these instructions for both socks.

Toe

Rnd 1: Knit. Change to Ndl B. Join CC2, do not break MC.

Rnd 2: * With MC k1, with CC2 k1; rep from * to end. Change to Ndl C.

Rnd 3: With CC2, knit. Change to Ndl B.

Rnd 4: Rep Rnd 2. Change to Ndl C. Break CC2, cont with MC only.

Rnd 5: With MC, knit. Break MC. Join CC1.

Shape Toe

Rnd 1: Knit.

Rnd 2 (Dec Rnd): K1, ssk, knit to 3 sts bef m, k2tog, k1, sl m, k1, ssk, knit to 3 sts bef m, k2tog, k1 – 4 sts dec'd, 52 (60, 68) sts rem.

Rep Rnds 1-2, 8 (9, 10) more times – 32 (36, 40) sts dec'd, 20 (24, 28) sts rem.

Place first 10 (12, 14) sts on one ndl and last 10 (12, 14) sts on separate ndl. Holding the two ndls parallel, graft the two sets of sts together using the Kitchener method.

Heel

Using Ndl C, place 28 (32, 36) sts on each side of waste yarn sts onto dpns – 56 (64, 72) sts total. Carefully remove waste yarn. Join CC2.

Rnd 1: Knit.

Rnd 2 (Dec Rnd): K1, ssk, knit to 3 sts bef m, k2tog, k1, sl m, k1, ssk, knit to 3 sts bef m, k2tog, k1 – 4 sts dec'd, 52 (60, 68) sts rem.

Rep Rnds 1-2, 8 (9, 10) more times – 32 (36, 40) sts dec'd, 20 (24, 28) sts rem.

Place first 10 (12, 14) sts on one ndl and last 10 (12, 14) sts on separate ndl. Holding the two ndls parallel, graft the two sets of sts together using the Kitchener method.

FINISHING




Gently wash and block to finished measurements. Weave in ends.

Toe



5
4
3
2
1

Key

-  pattern repeat
-  with MC, knit
-  with CC2, knit

Congratulations, that's a wrap!



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ABBREVIATIONS

approx	approximately
bef	before
CC	contrast color
circ	circular
cont	continue
dec('d)	decrease(d)
dpn(s)	double pointed needle(s)
est'd	established
k	knit
k2tog	knit 2 stitches together (1 st dec'd)
LH	left hand
m	marker
MC	main color
meas	measures
ndl	needle
p	purl
patt	pattern
pm	place marker
rem	remain(ing)
rep	repeat
rnd	round

sl	slip
ssk	slip next 2 sts individually knitwise, slip them back to left needle in this position, knit them together through the back loops (1 st dec'd)
St st	Stockinette stitch (knit on RS rows, purl on WS rows; in the rnd, knit every rnd)
st(s)	stitch(es)

Special Abbreviations

Right Twist (RT): K2tog but do not slip st from ndl, knit the first st again, slip both sts from ndl.

Left Twist (LT): Knit the second st on the left ndl through the back loop, knit the first st through the front loop, slip both sts from ndl.



