



## PATTERN COLLECTION

### Accessories



#### Permafrost Cowl

Designed by Rachel Brockman

#### DIFFICULTY

Intermediate

#### SIZES

One Size

#### FINISHED MEASUREMENTS

Circumference: 29½"

Depth In Center: 26¾"

#### MATERIALS

Universal Yarn [Major](#) (100% acrylic; 200g/328 yds)

- 104 Pebbles – 1 skein

**Needles:** US Size 10 (6 mm) 24" circular or size needed to obtain gauge

**Notions:** Tapestry needle, stitch markers

#### GAUGE

11 sts x 16 rnds = 4" in V-Twist patt

Save time, check your gauge.

Knit, Relax, Smile, Repeat!

2022 © Universal Yarn, Inc.

[www.universalyarn.com](http://www.universalyarn.com)

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact [patterns@universalyarn.com](mailto:patterns@universalyarn.com)

## PATTERN NOTES

The Permafrost Cowl is a next-level accessory for cold days. Knit in plump, colorful Major, this cowl will keep you warm even in the chilliest climates. It features a deep, roomy neck with a stylish pointed front – creating an easy-to-style, lovely combination of a shawl and a cowl.

This cowl is knit in the round from the top down. Stitches for the circumference are cast on and worked in the round to the center, then the front and back are separated, and the Front is worked flat. After completing the Front, stitches are picked up for the lower edging and worked in the round.

In this pattern, slip all sts pwise with yarn held in back on RS rows/rnds and with yarn held in front on WS rows.

## STITCH GUIDE

**Right Twist (RT):** K2tog but do not slip st from ndl, knit the first st again, slip both sts from ndl.

**Left Twist (LT):** Knit the second st on the left ndl through the back loop, knit the first st through the front loop, slip both sts from ndl.

**Right Purl Twist (RPT):** K2tog but do not slip st from ndl, purl the first st again, slip both sts from ndl.

**Left Purl Twist (LPT):** Purl the second st on the left ndl through the back loop, knit the first st through the front loop, slip both sts from ndl.

## V-Twist

*(multiple of 13 sts, plus 1, worked in the rnd)*

**Rnd 1:** P1, \* k1, p1, k1, p6, [k1, p1] 2 times; rep from \* to end.

**Rnd 2:** P1, \* [LPT] 2 times, p4, [RPT] 2 times, p1; rep from \* to end.

**Rnd 3:** P1, \* p1, sl 1, k1, sl 1, p4, sl 1, k1, sl 1, p2; rep from \* to end.

**Rnd 4:** P1, \* p1, LT, LPT, p2, RPT, RT, p2; rep from \* to end.

**Rnd 5:** P1, \* p2, sl 1, k1, sl 1, p2, sl 1, k1, sl 1, p3; rep from \* to end.

**Rnd 6:** P1 \* p2, LT, LPT, RPT, RT, p3; rep from \* to end.

**Rnd 7:** P1, \* p3, sl 1, k1, [sl 1] 2 times, k1, sl 1, p4; rep from \* to end.

**Rnd 8:** P1, \* p3, LT, [RT] 2 times, p4; rep from \* to end.

**Rnd 9:** P1, \* p4, [sl 1] 2 times, k1, sl 1, p5; rep from \* to end.

**Rnd 10:** P1, \* p4, LT, RT, p5; rep from \* to end.

**Rnd 11:** P1, \* p5, [sl 1] 2 times, p6; rep from \* to end.

**Rnd 12:** P1, \* p5, LT, p6; rep from \* to end.

Rep Rnds 1-12 for patt.

## V-Twist

*(multiple of 13 sts, plus 1, worked flat)*

**Row 1 (WS):** \* [K1, p1] 2 times, k6, p1, k1, p1; rep from \* to last st, k1.

**Row 2:** P1, \* [LPT] 2 times, p4, [RPT] 2 times, p1; rep from \* to end.

**Row 3:** \* K2, sl 1, p1, sl 1, k4, sl 1, p1, sl 1, k1; rep from \* to last st, k1.

**Row 4:** P1, \* p1, LT, LPT, p2, RPT, RT, p2; rep from \* to end.

**Row 5:** \* K3, sl 1, p1, sl 1, k2, sl 1, p1, sl 1, k2; rep from \* to last st, k1.

**Row 6:** P1 \* p2, LT, LPT, RPT, RT, p3; rep from \* to end.

**Row 7:** \* K4, sl 1, p1, [sl 1] 2 times, p1, sl 1, k3; rep from \* to last st, k1.

**Row 8:** P1, \* p3, LT, [RT] 2 times, p4; rep from \* to end.

**Row 9:** \* K5, sl 1, p1, [sl 1] 2 times, k4; rep from \* to last st, k1.

**Row 10:** P1, \* p4, LT, RT, p5; rep from \* to end.

**Row 11:** \* K6, [sl 1] 2 times, k5; rep from \* to last st, k1.

**Row 12:** P1, \* p5, LT, p6; rep from \* to end.

Rep Rows 1-12 for patt.

## PATTERN BEGINS

### COWL

Cast on 79 sts. PM and join to knit in the rnd, being careful not to twist. Bor marker indicates center back.

**Rnd 1 (Set-up Rnd):** Knit.

**Rnd 2:** Purl.

**Rnd 3:** Knit.

**Rnd 4:** Purl.

### Establish Pattern

Work Rnds 1-12 of V-Twist patt, 5 total times. Patt will be repeated 6 times across each rnd.

**Next Rnd (Divide Front & Back):** Cont in patt as est'd to last 19 sts, bind off next 38 sts (removing bor m as you come to it) – 41 sts Front rem.

Knit, Relax, Smile, Repeat!

2022 © Universal Yarn, Inc.

[www.universalyarn.com](http://www.universalyarn.com)

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact [patterns@universalyarn.com](mailto:patterns@universalyarn.com)

## Shape Front

*Note 1: You will now begin working flat.*

*Note 2: Maintain V-Twist patt as est'd throughout Front Shaping. If there are not enough stitches to complete a LT, LPT, RT, or RPT, work these extra stitches in reverse stockinette stitch instead.*

**Row 1 (RS Dec Row):** K1, ssk, cont in patt as est'd to last 3 sts, k2tog, k1 – 2 sts dec'd, 39 sts rem.

**Row 2 (WS):** P2, cont as est'd to last 2 sts, p2.

**Row 3:** K2, cont as est'd to last 2 sts, k2.

**Row 4:** Rep Row 2.

Rep Rows 1-4, 12 more times – 24 sts dec'd 15 sts rem.

Rep Rows 1-2, 4 more times – 8 sts dec'd, 7 sts rem.

## Shape Tip

**Row 1 (RS):** K1, ssk, p1, k2tog, k1 – 2 sts dec'd, 5 sts rem.

**Row 2 (WS):** P2, k1, p2.

**Row 3:** Ssk, p1, k2tog – 2 sts dec'd, 3 sts rem.

**Row 4:** S2KP2 – 2 sts dec'd, 1 st rem. Fasten off rem st.

## Bottom Edging

Beg at Right Back (where first bind-off occurred). Pick up and knit 38 Back sts, pick up and knit 46 sts along side dec edge, pm, pick up 1 st at center front, pm, pick up and knit 46 sts along side dec edge, pm and join to knit in the rnd – 131 sts.

**Rnd 1:** Purl to 1 st before m, m1L, sl m, k1, m1R, purl to end – 2 sts inc'd, 133 sts.

**Rnd 2:** Knit.

**Rnd 3:** Rep Rnd 1 – 2 sts inc'd, 135 sts.

**Rnd 4:** Knit.

Bind off all sts pwise.

## FINISHING

Gently wash and block to finished measurements. Weave in ends.

## Abbreviations

approx	approximately
beg	begin(ning)
bor	beginning of round
circ	circular
dec('d)	decrease(d)
est'd	established
inc('d)	increase(d)
k	knit
k2tog	knit 2 stitches together (1 st dec'd)
m	marker
m1P	insert left needle from back to front under horizontal strand of yarn lying between st just worked and next st, purl this st through the front loop (1 st inc'd)
meas	measures
ndl	needle
p	purl
patt	pattern
pm	place marker
pwise	purlwise
rem	remain(ing)
rep	repeat
rnd	round
RS	right side
S2KP2	slip 2 stitches as if to knit 2 together, knit 1, pass 2 slipped stitches over knit stitch; centered double decreases
sl	slip
ssk	slip next 2 sts individually knitwise, slip them back to left needle in this position, knit them together through the back loops (1 st dec'd)
st(s)	stitch(es)
WS	wrong side
wyib	with yarn held in back
wyif	with yarn held in front

Knit, Relax, Smile, Repeat!

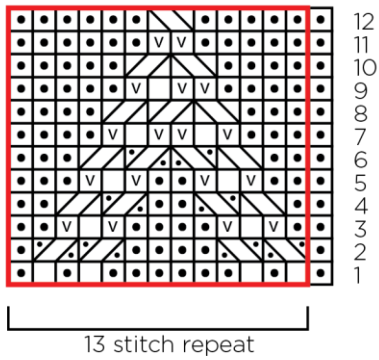
2022 © Universal Yarn, Inc.

[www.universalyarn.com](http://www.universalyarn.com)

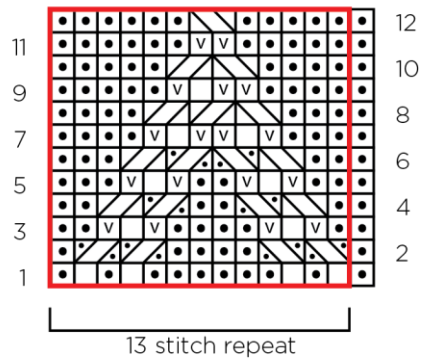
All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact [patterns@universalyarn.com](mailto:patterns@universalyarn.com)

V-Twist  
(in the round)



V-Twist  
(flat)



Key

- pattern repeat
- knit on RS, purl on WS
- purl on RS, knit on WS
- v sl 1 wyib on RS, sl 1 wyif on WS
- / LT
- \ LPT
- / RT
- \ RPT

Knit, Relax, Smile, Repeat!

2022 © Universal Yarn, Inc.

[www.universalyarn.com](http://www.universalyarn.com)

All rights reserved. This pattern may not be reproduced for business, trade or sale.

Questions? Contact [patterns@universalyarn.com](mailto:patterns@universalyarn.com)