



Pattern Collection: Women



Just Breathe

Designed by Universal Yarn Design Team

SIZES

Extra Small (Small, Medium, Large, 1X, 2X)

FINISHED MEASUREMENTS

Bust: 30 (34, 38, 42, 46½, 50½)''

MATERIALS

Fibra Natura Flax (100% linen; 50g/137 yds)

- 105 Natural – 7 (9, 10, 11, 12) hanks

Needle: US Size 5 (3.75 mm) straight, 16'' circular (for neck edging) *or size needed to obtain gauge*

Notions: Tapestry needle

GAUGE

29 sts x 24 rows = 4'' in Horseshoe Lace patt

20 sts x 24 rows = 4'' in rev St st

Save time, check your gauge.

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PATTERN NOTES

This pullover is worked from the bottom up in pieces and seamed.

The Horseshoe Lace pattern decreases 2 stitches per repeat on the first 4 rows. The original stitch count is restored on row 5.

STITCH GUIDE

K1, P1 Ribbing

(odd number of sts)

Row 1 (RS): K1, * p1, k1; rep from * to end.

Row 2 (WS): * P1, k1; rep from * to last st, p1.

Rep Rows 1-2 for patt.

K1, P1 Ribbing

(even number of sts)

Row 1 (RS): * K1, p1; rep from * to end.

Row 2 (WS): * K1, p1; rep from * to end.

Rep Rows 1-2 for patt.

Horseshoe Lace

(begins with multiple of 15 sts + 3)

Row 1 (RS): P3, * k4, k2tog, ssk, k4, p3; rep from * to end – 2 sts dec'd per rep.

Row 2 (WS): * K3, p3, p2tog tbl, p2tog, p3; rep from * to last 3 sts, k3 – 2 sts dec'd per rep.

Row 3: P3, * k2, k2tog, ssk, k2, p3; rep from * to end – 2 sts dec'd per rep.

Row 4: * K3, p1, p2tog tbl, p2tog, p1; rep from * to last 3 sts, k3 – 2 sts dec'd per rep.

Row 5: P3, * k2tog, cast on 3 sts, [insert ndl into space bet k2tog and ssk 4 rows below, k1 drawing up long st and yo after each long st] 2 times, cast on 3 sts, ssk, p3; rep from * to end – original st count restored.

Row 6: * K3, p4, [purl into yo and long st] 2 times, p4; rep from * to last 3 sts, k3.

Rep Rows 1-6 for patt.

BACK

Cast on 110 (125, 140, 155, 170, 185) sts. Work in K1, P1 Ribbing until piece meas 2½", ending with WS row.

Establish Pattern

Row 1 (RS): K1, work Row 1 of Horseshoe Lace to last st, k1.

Row 2 (WS): P1, work Row 2 of Horseshoe Lace to last st, p1.

Cont in patt as est'd, keeping 1 st each edge in St st until piece meas 14 (14, 14½, 14½, 15, 15)", ending with WS row 6 of patt.

Shape Armholes

Note: Stitch counts are based on the beginning stitch count of the Horseshoe Lace pattern. Final stitch counts may vary from the stitch counts as written if you do not end on WS Row 6 of patt. Maintain Horseshoe Lace patt as much as possible throughout Armhole, Neck, and Shoulder shaping. If there are not enough stitches to work decreases and corresponding increases in the Horseshoe Lace pattern, work these stitches in Stockinette stitch instead.

Bind off 9 sts at beg of next 2 rows – 90 (105, 120, 135, 150, 165) sts rem.

Keeping sts in patt as much as possible, dec 1 st at each armhole edge every row, 6 times – 78 (93, 108, 123, 138, 153) sts rem. Work even in patt until Armhole meas 6¼ (6¾, 7¼, 7¾, 8¼, 8½)", ending with WS row.

Shape Neck

Work in patt over 19 (26, 33, 40, 47, 54) sts, attach new ball of yarn and bind off center 40 (41, 42, 43, 44, 45) sts, work in patt to end.

Working both sides at once, dec 1 st each side of neck every row, 4 times – 15 (22, 29, 36, 43, 50) sts rem each shoulder.

Shape Shoulders

From Armhole side, bind off 5 (7, 9, 12, 14, 16) sts 1 time, 5 (7, 10, 12, 14, 17) sts 1 time. Bind off rem 5 (8, 10, 12, 15, 17) sts.

FRONT

Work as for Back until Armholes meas 4¼ (4¾, 5¼, 5¾, 6¼, 6½)", ending with WS row.

Shape Neck

Note: Stitch counts are based on the beginning stitch count of the Horseshoe Lace pattern. Final stitch counts may vary from the stitch counts as written if you do not end on WS Row 6 of patt. Maintain Horseshoe Lace patt as much as

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possible throughout Armhole, Neck, and Shoulder shaping. If there are not enough stitches to work decreases and corresponding increases in the Horseshoe Lace pattern, work these stitches in Stockinette stitch instead.

Work in patt over 23 (30, 37, 44, 51, 58) sts, attach new ball of yarn and bind off center 32 (33, 34, 35, 36, 37) sts, work in patt to end. Working both sides at once, dec 1 st each side of neck every row, 4 times, every RS row, 2 times, and every other RS row, 2 times – 15 (22, 29, 36, 43, 50) sts rem each Shoulder. Work even until Armholes meas 7¼ (7¾, 8¼, 8¾, 9¼, 9½)”, ending with WS row. Shape Shoulders as for Back.

SLEEVES

Cast on 65 (80, 80, 95, 95, 95) sts. Work in K1, P1 Ribbing until piece meas 2½”, ending with WS row.

Main Sleeve

Row 1 (RS): K1, work Row 1 of Horseshoe Lace to last st, k1.

Row 2 (WS): P1, work Row 2 of Horseshoe Lace to last st, p1.

Inc row (RS): K1, m1p, work in patt to last st, m1p, k1 – 2 sts inc’d.

Note: maintain inc’d sts in rev St st.

Rep Inc row every 6 (8, 6, 8, 6, 4) rows, 7 (5, 7, 5, 7, 10) more times – 79 (90, 94, 105, 109, 115) sts. Work even in patt until Sleeve meas 12 (12, 12½, 12½, 13, 13)” from cast-on edge, ending with WS row 6 of patt.

Shape Cap

Note: Stitch counts are based on the beginning stitch count of the Horseshoe Lace pattern. Final stitch counts may vary from the stitch counts as written if you do not end on WS Row 6 of patt. Maintain Horseshoe Lace patt as much as possible throughout Sleeve Cap shaping. If there are not enough stitches to work decreases and corresponding increases in the Horseshoe Lace pattern, work these stitches in Stockinette stitch instead.

Bind off 9 sts at beg of next 2 rows – 61 (72, 76, 87, 91, 97) sts rem.



Dec 1 st each side every RS row, 12 (11, 11, 9, 9, 8) times, then dec 1 st each side every row, 8 (14, 16, 24, 26, 30) times. Bind off rem 21 (22, 22, 21, 21, 21) sts.

FINISHING

Block pieces to finished measurements. Sew shoulder seams. Sew Sleeve Caps into Armholes. Sew Sleeve and side seams.

Neck Edging

With circ ndl, pick up and knit 54 (55, 56, 57, 58, 59) sts along Back Neck and 74 (75, 76, 77, 78, 79) sts along Front Neck – 128 (130, 132, 134, 136, 138) sts. PM and join to work in the rnd.

Rnds 1-4: * K1, p1; rep from * to end. Bind off all sts knitwise. Weave in ends.

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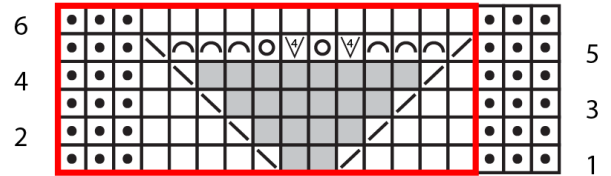
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Abbreviations

circ	circular
cont	continue
dec('d)	decrease(d)
inc('d)	increase(d)
k	knit
k2tog	knit 2 stitches together (1 st
dec'd)	dec'd)
m	marker
m1P	insert left needle from back to front under horizontal strand of yarn lying between st just worked and next st, purl this st through the front loop (1 st inc'd)
meas	measures
patt	pattern
p	purl
pm	place marker
rem	remain(ing)
rep	repeat
rev St st	reverse Stockinette stitch (purl on RS rows, knit on WS rows; in the rnd, purl every rnd)
rnd	round
RS	right side
ssk	slip next 2 sts individually knitwise, slip them back to left needle in this position, knit them together through the back loops (1 st dec'd)
st(s)	stitch(es)
WS	wrong side
yo	yarn over

Horseshoe Lace



Key

-  pattern repeat
-  purl on RS, knit on WS
-  knit on RS, purl on WS
-  ssk on RS, p2tog on WS
-  no stitch
-  k2tog on RS, sp on RS
-  cast on 1
-  long stitch (4 rows down)
-  yo

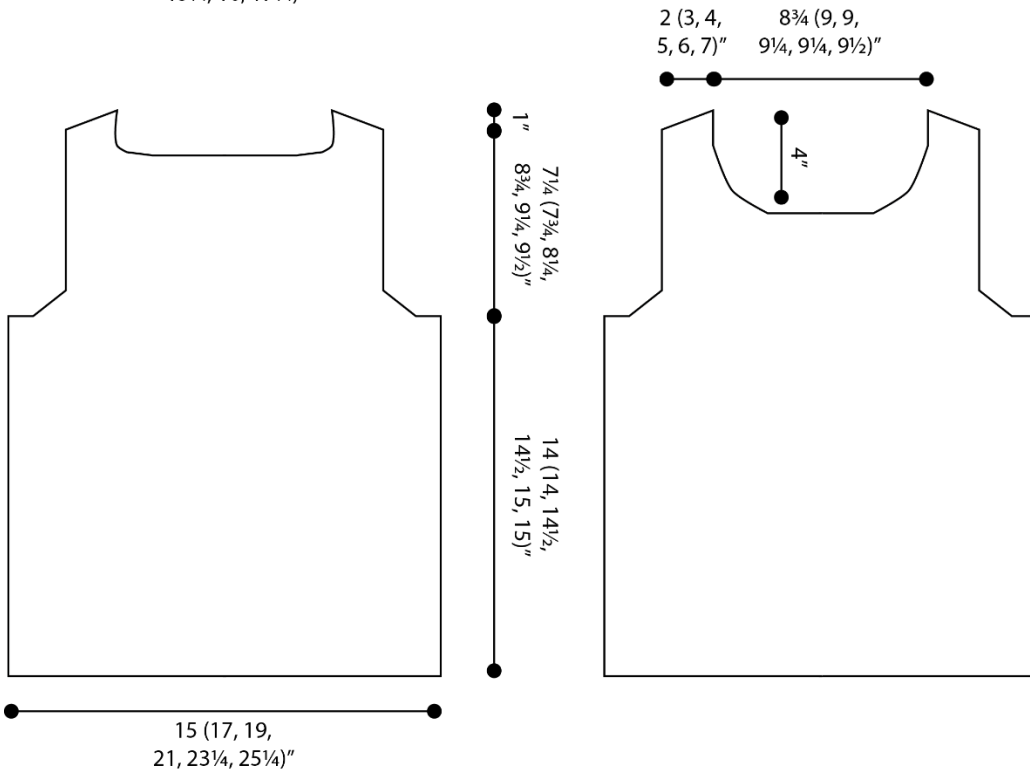
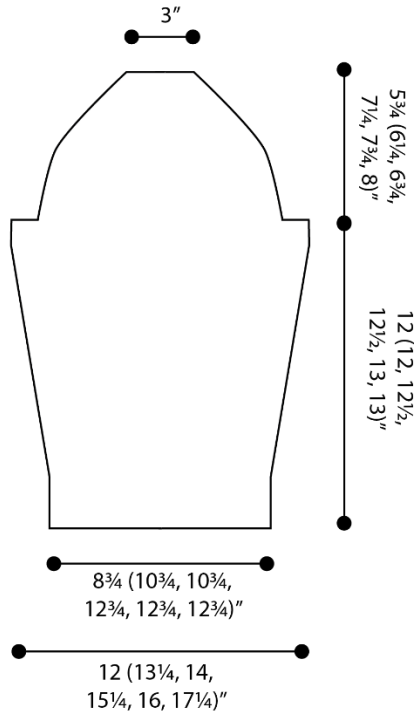
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