



Pattern Collection: Accessories



Double Up Cowl

Designed by Universal Yarn Design Team

SIZES

One Size

FINISHED MEASUREMENTS

Width: 10" (20" total circumference)

Circumference: 30"

MATERIALS

Universal Yarn Nordic Tapestry (70% acrylic, 30% superwash wool, 250g/437 yds)

- 103 Felix – 1 skein

Needles: US Size 8 (5.0 mm) 16" circular or size needed to obtain gauge

Notions: Tapestry needle, stitch markers; for seamless version: US Size H-8 (5.0 mm) crochet hook, waste yarn, and spare circ ndl for finishing

GAUGE

18 sts x 24 rnds = 4" in Stockinette stitch (St st)

Save time check your gauge.

For questions about this pattern, please contact patterns@universalyarn.com.

Knit. Relax. Smile. Repeat!

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PATTERN NOTES

The Double Up Cowl is a simple but stunning accessory featuring Nordic Tapestry. This yarn creates a “faux Fair-Isle” pattern when knit up, allowing for simple knits with beautiful color shifts and pretty patterns that will get you thinking of the Scandinavian countryside.

This cowl is knit as a tube in the round. You can finish by simply sewing the tube together or use Kitchener stitch to graft each end together for an invisible join. Should you choose to use the seamless version, we recommend using a crochet provisional cast-on.

Crochet Provisional Cast-on

With waste yarn and crochet hook, make a ch approximately 10 chs longer than the number of sts to be cast on. With working yarn and knitting needle, pick up and knit sts through the bottom bump of each ch.

COWL

Cast on 90 sts. PM and join to knit in the round, taking care not to twist sts.

Rnd 1: Knit

Work even in St st until piece meas 30” from cast-on edge.

FINISHING

Seamed Version: Bind off all sts. Gently wash and block to finished measurements. Sew each end of the tube tog neatly, taking care not to twist the tube. Weave in rem ends.

Seamless Version: Carefully unravel the waste yarn from the cast-on edge and place live sts onto a spare ndl. Bring both ends of the tube parallel to one another, taking care not to twist the tube. With RS facing, graft the 2 sets of sts tog using Kitchener stitch. Take care to ensure the WS’s of each end are facing inward when grafting. Weave in rem ends. Gently wash and block to finished measurements.



Abbreviations

circ	circular
k	knit
meas	measure
ndl	needle
pm	place marker
rnd(s)	round(s)
rem	remaining
RS	right side
st(s)	stitches
St st	Stockinette stitch (knit on RS rows, purl on WS rows; in the rnd, knit every rnd)
tog	together
WS	wrong side

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