



Pattern Collection: Accessories



Cayuga Cowl

Designed by Amy Gunderson

SIZE

One Size

FINISHED MEASUREMENTS

Height: 12"

Neck Circumference: 18¼"

MATERIALS

Universal Yarn Bella Cash Worsted (60% fine superwash merino, 30% nylon, 10% cashmere; 100g/186 yds)

- 216 Storm – 2 skeins

Needle: US Size 7 (4.5 mm) 16" & 24" circular *or size needed to obtain gauge*

Notions: Tapestry needle, cable needle (cn), stitch marker

GAUGE

21 sts x 28 rnds = 4" in 3x3 Broken Ribbing patt, unstretched

Save time, check your gauge.

Knit. Relax. Smile. Repeat!

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PATTERN NOTES

The Cayuga Cowl is named for the longest of the Finger Lakes near Ithaca, New York. Why? Well, not only is our sample a gorgeous blue, but the unique ribbing pattern increases at the shoulder and creates a long, finger-like motif. It's like wearing a hug! Plus, it's the perfect accessory to keep you warm during late autumn or winter strolls by the lake. The collar of the cowl is completely reversible, so you can either fold it or not. Either way, it's an incredibly cozy accessory.

Cayuga is worked seamlessly in the round from the top down. The collar is worked even, and a series of gradual increases form a unique finger-shaped motif around the shoulders. For a perfectly matched edge, the upper stitches are picked up and bound off using the I-cord method.

I-Cord Bind-Off

Cast on 2 sts to first st on left ndl using knitted cast-on. * K1, k2tog tbl (1 st bound off), slip these 2 sts back to left ndl; rep from * until all sts have been bound off. Bind off rem 2 I-Cord sts.

STITCH GUIDE

Right Twist (RT): K2tog but do not slip st from ndl, knit the first st again, slip both sts from ndl.

Left Twist (LT): Knit the second st on the left ndl through the back loop, knit the first st through the front loop, slip both sts from ndl.

1x1x1 Left Cross (LC): Sl next st to cn and hold in front, LT from left ndl, k1 from cn.

3x3 Broken Ribbing

(multiple of 6 sts)

Rnd 1: * K3, p3; rep from * to end.

Rnd 2: * K1, p1; rep from * to end

Rep Rnds 1-2 for patt.

COWL

With shorter circ ndl, cast on 96 sts. PM and join to work in the rnd, being careful not to twist.

Collar

[Purl 1 rnd, knit 1 rnd], 2 times, purl 1 rnd. Rep Rnds 1 & 2 of Broken Ribbing patt until piece meas 6½" from cast-on edge, ending with Rnd 2

of patt. Patt will be repeated 16 times across each rnd.

Next rnd: * 1x1x1 LC, p3; rep from * to end.

Increase for Shoulders

Note 1: This section is also fully charted for your convenience.

Note 2: When there are too many sts to fit comfortably on the 16" ndl, switch to the 24" ndl.

Rnd 1: * K2, m1, k1, p3; rep from * to end – 16 sts inc'd, 112 sts.

Rnd 2: * K1, p2, [k1, p1] 2 times; rep from * to end.

Rnd 3: * K4, p3; rep from * to end.

Rnd 4: * K1, p2, [k1, p1] 2 times; rep from * to end.

Rnds 5-8: Rep Rnds 3-4, 2 more times.

Rnd 9: * K1, m1, k3, p3; rep from * to end – 16 sts inc'd, 128 sts.

Rnd 10: * K1, p3, [k1, p1] 2 times; rep from * to end.

Rnd 11: * K5, p3; rep from * to end.

Rnd 12: * K1, p3, [k1, p1] 2 times; rep from * to end.

Rnds 13-16: Rep Rnds 11-12, 2 more times.

Rnd 17: * K4, m1, k1, p3; rep from * to end – 16 sts inc'd, 144 sts.

Rnd 18: * K1, p4, [k1, p1] 2 times; rep from 8 to end.

Rnd 19: * K6, p3; rep from * to end.

Rnd 20: * K1, p4, [k1, p1] 2 times; rep from 8 to end.

Rnds 21-24: Rep Rnds 19-20, 2 more times.

Rnd 25: * K1, m1, k5, p3; rep from * to end – 16 sts inc'd, 160 sts.

Rnd 26: * K1, p5, [k1, p1] 2 times; rep from * to end.

Rnd 27: * K7, p3; rep from * to end.

Rnd 28: * K1, p5, [k1, p1] 2 times; rep from * to end.

Rnds 29-32: Rep Rnds 27-28, 2 more times.

Remove beg of rnd m. K1. Replace m for new bor.

Rnd 33: * K5, m1, LT, p1, RT; rep from * to end – 16 sts inc'd, 176 sts.

Rnd 34: * P7, k3, p1; rep from * to end.

Rnd 35: * K7, m1, sl 1-k2tog-ssso, m1, k1; rep from * to end.

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[Purl 1 rnd, knit 1 rnd] 2 times. Bind off all sts using the I-Cord method.

Upper Edging

With WS facing, pick up and knit 96 sts along cast-on edge. Bind off all sts using the I-Cord method.

FINISHING

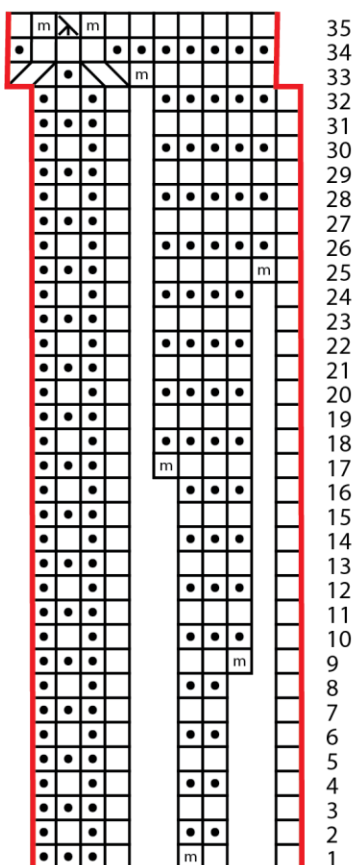
Weave in ends and block. Fold down Collar to wear if desired.

Abbreviations

bor	beginning
circ	circular
cn	cable needle
k	knit
k2tog	knit 2 stitches together (1 st dec'd)
inc(d)	increase(d)

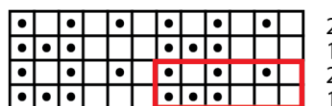
m	marker
m1	insert left needle from front to back under horizontal strand of yarn lying between st just worked and next st, knit or purl this st through the back loop (1 st inc'd)
meas	measures
ndl	needle
p	purl
patt	pattern
pm	place marker
psso	pass slipped stitch(es) over
rem	remain(ing)
rep	repeat
rnd	round
sl	slip
st(s)	stitch(es)
tbl	through the back loop(s)
WS	wrong side

Increase for Shoulders



after this rnd, knit 1, pm for new beg of rnd

3x3 Broken Ribbing



Key

- knit
- purl
- m1
- RT
- LT
- sl 1-k2tog-psso
- pattern repeat

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