



## Carol Doak Retreat Supply List

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### We will provide you with the following:

- Full size irons & ironing stations
- Small trash bags for fabric scraps
- Cutting stations

### You need to bring:

- Basic Sewing Supplies:
  - Small scissors and thread snips or [Curved Pointed Snips](#) (Scissors cannot be over 4" blade length if traveling by air)
  - Rotary cutter, spare blades
  - Seam ripper
- [Flat-headed flower pins](#)
  - Rotating mat (14" x 14") or Small cutting mat (14" x 14") or larger or a Cut 'n Press
  - 6" x 12" and 6" x 6" rotary ruler
- [6" Add-a-Quarter ruler](#)
- Postcard
- Stick on note pad (2" x 2")
- Styrofoam Tray or paper plates to organize cut fabric
- Small personal craft iron – Maximum 400W (Oliso mini-irons are prohibited)
- Small ironing surface to have next to your machine if you are bringing a small craft Iron
- Optional – but recommended items:
  - Quart and gallon size baggies for unfinished pieces
  - A task light (Ott-light type tabletop lamp)

### Sewing Machine:

Please bring your sewing machine equipped with an open-toe presser foot, 90/14 needles and grey thread that will work for most color combinations. \*If you are renting a Bernina 475 QE (if available) from Stitch' Heaven we can provide you with a #20 open-toe presser foot and a neutral beige thread.

## Quilt Specific Supplies

- Select four- or five-star blocks from Carol's book, [\*60 Fabulous Paper-Pieced Stars\*](#).
- Print or copy 5 copies of the foundations for each star block at 100% on [\*Carol Doak Foundation Paper\*](#). (Making 1 extra in case of a mistake.)
- Bring a selection of fat quarters for the background areas of the star blocks and other design elements. 2 1/2" strips and larger work well for the design elements in the stars.

Contact us if you have questions!