



North Sea Fish & Farms Product list

	portions /cs	lb/cs	Kg/cs	Cost	Order Qty
FRESH Produce					
Fresh Vegetable Box - see online for variety		20.00		\$30.00	
Fresh Salad Pack - see online for variety		12.00		\$29.00	
FRESH Canadian Seafood					
Atlantic Salmon Portions (B.C.)	1	1-1.25		\$14.99	
Live Lobster (East Coast) per pound	1	1.25		\$25.00	
Mussels (P.E.I.)	20	2.00		\$15.00	
Oysters (N.B)	12			\$16.99	
All the below items come frozen.					
Proteins					
Beef Jerky (Alberta Beef)	18	0.88	0.40	\$25.00	
Beef - Meatballs - Seasoned Cooked	320	10.00	4.54	\$65.00	
Beyond Meat Burgers 4 oz (112g) Vegan	12	2.80	1.30	\$27.00	
Burgers - Prime Rib - 6 oz (170 gr.)	30	11.25	5.81	\$82.00	
Burgers - Sirloin - 6 oz (170 gr.)	25	10.00	4.54	\$66.00	
Lean Ground Beef 500g	10		5.00	\$60.00	
Lean Ground Beef 500g single pack	1		0.50	\$6.50	
Steak - 6 oz Sirloin (170 g)	24	9.00	4.00	\$99.00	
Steak - 6oz Bacon Wrapped Fillet	24	9.00	4.00	\$170.00	
Steak - 8oz New York 2VP	24	12.00	5.44	\$220.00	
Chicken Breast - 23% protein 5 oz (140 gr.) H&A Free Grain Fed	26	8.75	4.00	\$85.00	
Chicken Breast - Premium 19% protein 5 oz (140 g)	26	8.75	4.00	\$60.00	
Lamb Shanks - Fully Cooked (Sous-vide)	1	13oz	0.30	\$8.00	
Sausage - Spolumbo's Chicken Apple	36	12.30	5.58	\$98.00	
Sausage - Spolumbo's Mild Italian	36	12.30	5.58	\$90.00	
Sausage - Spolumbo's Spicy Italian	36	12.30	5.58	\$90.00	
Smokies - Pork & Cheddar 3.2oz (Fully Cooked)	30	6.00		\$26.00	
Pork Back Ribs (Fully Cooked) 20-24oz	12	16.50		\$140.00	
Pork Back Ribs (Fully Cooked) 20-24oz	6	8.25		\$75.00	
Protein Combo Pack (Chicken Breast, Prime Rib Burger, Sirloin Steak)	9			\$44.00	
Turducken Bacon Wrapped Roast 1.5 kg	1	3.30	1.50	\$39.99	
Turducken Bacon Wrapped Roast 3 kg	1	6.60	3.00	\$69.99	
Turducken Chicken Apple Stuffing 5 kg	1	11.00	5.00	\$79.99	
Turducken Italian Sausage Stuffing 5 kg	1	11.00	5.00	\$79.99	
Whole Turkey Fully Cooked 6.5 kg	1	14.30	6.50	\$64.99	
Appetizers					
Bao Buns (Folded Steam Bun) 30g (Vegan)	10	0.66	0.30	\$5.00	
Ginger Chicken Fully Cooked	200	8.80	1.00	\$61.00	
Thai Chicken Fully Cooked	200	8.80	1.00	\$61.00	
Dim Sum Pack - soupy buns/shumai/ spring rolls/ shrimp har gow	80			\$45.00	
Dumplings - Taco Beef (Fully Cooked) per case	176	8.80	4.00	\$35.00	
Dumplings - Chicken & Vegetable per bag (Fully Cooked)	44	2.00	1.00	\$10.00	
Dumplings - Korean Kim Chi & Chicken per bag (Fully Cooked)	44	2.00	1.00	\$10.00	
Dumplings - Korean Kim Chi & Pork per bag (Fully Cooked)	44	2.00	1.00	\$10.00	
Dumplings - Pork & Vegetable per bag (Fully Cooked)	44	2.00	1.00	\$10.00	
Dumplings - Vegetarian (Vegan) per bag (Fully Cooked)	44	2.00	1.00	\$10.00	
Vegetable Empanadas BBQ Flavour 1.5 oz (Vegan)	120	11.00	5.00	\$36.00	
Haddock Bites - Battered - Bakeable - 1 oz (28 gr.)	160	10.00	4.54	\$73.00	
Sea Salt & Pepper Pork Ribs	114	8.80	4.00	\$58.00	
Shrimp Gyoza 28g per bag	17	1.00	0.45	\$8.00	
Vegetable Spring Rolls 1.7oz (Vegan) per pack	20	2.10		\$12.00	
Sushi - Thaw and Serve - Shrimp Avocado 1 Tray	15			\$8.00	
Sushi - Thaw and Serve - Shrimp Avocado (8 pack of 15)	120	8.00	3.60	\$55.00	
Sushi - Thaw and Serve - California Rolls 1 Tray	15			\$8.00	
Sushi - Thaw and Serve - California Rolls (8 pack of 15)	120	8.00	3.60	\$55.00	
Sushi - Thaw and Serve - Spicy Crab Rolls 1 Tray	15			\$8.00	
Sushi - Thaw and Serve - Spicy Crab Rolls (8 pack of 15)	120	8.00	3.60	\$55.00	

	portions /cs	lb/cs	Kg/cs	Cost	Order Qty
Tempura Battered Cauliflower (Vegan)		4.00	1.80	\$25.00	
Tempura Battered Clam Bites 4oz portion	6			\$9.00	
Tempura Battered Yam (Vegan)		4.00	1.80	\$25.00	
Wontons - Chicken & Vegetable (Fully Cooked) per bag	100	2.20	1.00	\$13.00	
Wontons - Pork & Vegetable (Fully Cooked) per bag	100	2.20	1.00	\$13.00	
Seafood					
Ahi Tuna Steak - 6 oz IVP	26	10.00	4.54	\$137.00	
Ahi Tuna Saku Block - 8oz Portion IVP	1			\$8.00	
Atlantic Salmon Portion 6oz	27	10.00	4.54	\$150.00	
Atl. Salmon - Cedar Plank - Applewood Orange & Ginger 5 oz IVP	20	6.25	2.85	\$110.00	
Atl. Salmon - Cedar Plank - Maple BBQ 8 oz IVP	20	6.10	2.75	\$120.00	
Atl. Salmon - Cedar Plank - Sugar & Spice 685g IVP	1	1.70	0.77	\$22.00	
Baja Fish Taco Cut Pollock 1.7oz	94	10.00	4.54	\$59.00	
Black Cod (Sablefish) 5oz	32	10.00	4.54	\$190.00	
Cod - Battered - Bakeable 3 oz (56-84 gr.)	70	10.00	4.54	\$80.00	
Cod - Loin 5oz VP	32	10.00	4.54	\$72.00	
Fish Taco Kit - Pollock - serves 5	5		0.58	\$12.99	
Haddock Loins 3oz VP	40	10.00	4.54	\$60.00	
Halibut Portions 8oz IVP	25	10.00	4.54	\$160.00	
King Crab - 2lb Pack		2.00	0.90	\$55.00	
King Crab by the case		20.00	9.08	\$520.00	
Mahi Mahi Portion 6oz VP	25	10.00	4.54	\$100.00	
Mussels - Whole Shelled from P.E.I. (Fully Cooked)	10	1.00	0.45	\$5.00	
Scallops Large (Peru) per lb	10-20	1.00	0.45	\$11.00	
Scallops Large (Peru)	10-20	5.00	2.27	\$50.00	
Scallops Small	80-120	5.00	2.27	\$35.00	
Scampi Tails Large	28	1.00	0.45	\$15.95	
Shrimp - Tail-On Jumbo	8-12	2.00	0.91	\$40.00	
Shrimp - Tail-On Large	26-30	5/2lb	5/907g	\$70.00	
Shrimp - Tail-On Large	26-30	2lb	907g	\$17.00	
Squid Rings - perfect for Calmari		2.00	0.91	\$14.00	
Wonton King					
Wonton Noodle Soup 445g/cup	6	5.88	2.67	\$36.00	
Hot & Sour Soup 550g/cup	6	7.20	3.26	\$33.00	
Vegetable Fried Rice 600g/cup	6	7.94	3.60	\$36.00	
Cauliflower Pizza					
8" Cauliflower Pizza Crust (Vegan)	2			\$5.00	
10" Magherita Pizza on Cauliflower Crust	1			\$6.00	
10" Silcilian Beyond Sausage Pizza (Vegan)	1			\$5.00	
Dessert					
Oatmeal Raisin 50 x 1oz pucks/bag	50	3.00	1.40	\$13.00	
Chocolate Chip 50 x 1oz pucks/bag	50	3.00	1.40	\$13.00	
M & M (Circus - Circus) 50 x 1oz pucks/bag	50	3.00	1.40	\$13.00	
Chocolate Chocolate 50 x 1oz pucks/bag	50	3.00	1.40	\$15.00	
Gift Cards					
\$100 Oasis Spa				\$80.00	
North Sea Gift Card \$50-200					

Pricing & availability subject to change while supplies last. No rainchecks.

Online Order www.northsea.ca/products

Email Order order@northsea.ca

Phone Order 403- 243-4475

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Store Front open Monday to Friday 8 am to 4 pm

