



Kabrita Junior Compared to Other Milks

Nutrients	Units	Kabrita Junior	Goat's Milk (low fat)	Cow's Milk (1%)	Soy Milk	Oat Milk	Almond Milk
		Per 1 cup (8 oz)	Per 1 cup (8 oz)	Per 1 cup (8 oz)	Per 1 cup (8 oz)	Per 1 cup (8 oz)	Per 1 cup (8 oz)
Energy	kcal	105.04	100	106	110	120	60
Protein	g	6.16	8	8	8	3	1
Carbohydrates	g	15.21	11	13	9	16	8
Fiber*	g	1.35	0		2	2	<1
Fat	g	2.18	2.5	2.3	4.5	5	2.5
Docosahexaenoic acid**	mg	9.39	-	-	-	-	-
Vitamin D3	mcg	3.77	3	2.6	3	3.6	5
Vitamin E	mg	0.52	-	0.05	-	-	7.5
Vitamin C	mg	4.42	-	0	-	-	-
Calcium	mg	209.82	300	310	450	350	450
Iron	mg	0.026	0	0	1.3	0.3	0.7
Sodium	mg	68.38	115	96	90	100	150
Potassium	mg	355.94	420	391	380	390	170
Choline	mg	18.72	-	43	-	-	-
B animalis***	CFU	26 million	-	-	-	-	-

* Kabrita Junior contains added inulin, a prebiotic fiber. ** DHA, a long chain polyunsaturated fatty acid. *** Added B animalis, a probiotic.



Goat milk products, including Kabrita, are not suitable for children with cow milk protein allergy (CMPA).

kabritaUSA.com • @hellokabrita • 1-855-816-3999

Updated as of May 2022

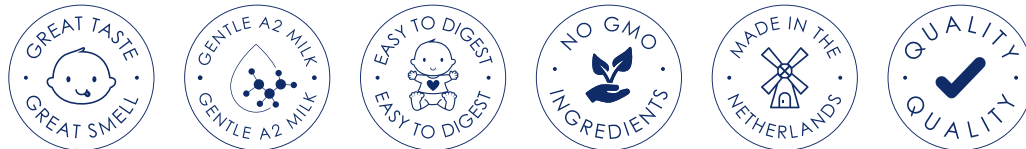


Kabrita Junior Nutrition Information



Nutrients	Units	Per 100 g (powder)	Per 100 kcal	Per Serving (approx 8 oz, 26 g powder)	% of Daily Value for children 1-3 years*	% Daily Value for children >4 years*
Energy	kcal	404	100	105.04	-	-
Protein	g	23.7	5.9	6.16	47%	12%
Carbohydrates	g	58.5	14	15.21	10%	6%
Fiber (inulin)**	g	5.2	1.3	1.35	10%	5%
Fat	g	8.4	2.1	2.18	6%	3%
Saturated fat	g	5.6	1.4	1.46	15%	7%
Trans fat	g	0	0	0.00	-	-
Docosahexaenoic acid (DHA)***	mg	36.1	8.9	9.39	-	-
Cholesterol	mg	39	9.7	10.14	3%	3%
Vitamin D3	mcg	14.5	3.6	3.77	25%	20%
Vitamin E	mg	2	0.5	0.52	8%	4%
Vitamin C	mg	17	4.2	4.42	30%	4%
Calcium	mg	807	200	209.82	30%	15%
Iron	mg	0.1	0.04	0.04	0%	0%
Sodium	mg	263	65	68.38	5%	3%
Potassium	mg	1369	339	355.94	10%	8%
Choline	mg	72	7.8	18.72	10%	4%
B animalis †	CFU/g	1.00 x 10 ⁶ CFU/gram powder				

* Per 8 oz serving. ** Inulin, a prebiotic fiber. *** DHA, a long chain polyunsaturated fatty acid. † Added B animalis, a probiotic



Actual nutrient values may vary slightly than what are listed on the product's Nutrition Facts table due to rounding. Goat milk products, including Kabrita, are not suitable for children with cow milk protein allergy (CMPA).

Updated as of May 2022

kabritaUSA.com • @hellokabrita • 1-855-816-3999



Key Features of Kabrita Junior Compared to other Milks

	Kabrita Junior Nutrition*	Goats Milk (Meyenberg Powdered 1%)*	Cows milk (Organic Valley 1%)	Soy milk (Silk Original)	Oat milk (Oatly Original)	Almond milk (Almond Breeze Original)
A2 Milk By Nature	•	•				
No GMO ingredients	•		•	•	•	
Made in Europe	•					
No added refined sugars	•	•	•		•	
Added DHA	•					
Added probiotics	•					
Added prebiotic (inulin)	•					
Added vitamins C, D, E	•					



Kabrita Junior is a convenient alternative to fresh milks; just add water for a delicious glass of milk, add to a smoothie or your favorite recipe!



Goat milk products, including Kabrita, are not suitable for children with cow milk protein allergy (CMPA).