



Kabrita Goat Milk Toddler Formula, cow milk and other milk alternatives



| Nutrients | Unit | Kabrita Goat Milk Toddler Formula | Cow Milk (Fluid) | Goat Milk (Fluid) | Almond Milk | Rice Milk | Soy Milk | Coconut Milk | Cashew Milk |
|------------------|------|-----------------------------------|------------------|-------------------|------------------|------------------|------------------|------------------|------------------|
| | | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) | Per 1 cup (8 oz) |
| Energy | Kcal | 160 | 146 | 168 | 60 | 120 | 110 | 80 | 60 |
| Fat | g | 7.44 | 7.9 | 10.1 | 2.5 | 2.5 | 4.5 | 5 | 2.5 |
| Linoleic acid | g | 1.25 | - | - | - | - | - | - | - |
| Linolenic acid | mg | 106 | - | - | - | - | - | - | - |
| AA | mg | 40.8 | - | - | - | - | - | - | - |
| DHA | mg | 23.5 | - | - | - | - | - | - | - |
| Carbohydrate | g | 18.5 | 11.0 | 10.9 | 8 | 23 | 9 | 7 | 9 |
| Protein | g | 4.32 | 7.9 | 8.6 | 1 | 1 | 8 | 0 | <1 |
| Vitamin A | IU | 497 | 227 | 463 | 500 | 500 | 500 | 500 | 500 |
| Vitamin D3 | IU | 93.6 | 98 | 29 | 100 | 100 | 120 | 100 | 100 |
| Vitamin E | IU | 3.36 | 0.2 | 0.2 | 6 | - | - | - | 15 |
| Vitamin K1 | mcg | 14.2 | 0.5 | 0.7 | - | - | - | - | - |
| Vitamin C | mg | 20.4 | 0 | 3.2 | 0 | 0 | 9 | 0 | 0 |
| Vitamin B1 | mcg | 125 | 107 | 110 | - | - | - | - | - |
| Vitamin B2 | mg | 0.22 | 0.45 | 0.33 | 0.068 | - | 0.51 | - | 0.51 |
| Vitamin B6 | mcg | 98.4 | 88 | 110 | - | - | - | - | - |
| Vitamin B12 | mcg | 0.48 | 1.07 | 0.17 | - | 1.5 | 3 | 3 | 3 |
| Niacin | mg | 1.62 | 0.26 | 0.67 | - | - | - | - | - |
| Folic acid | mcg | 24 | 12 | 2 | - | - | 60 | - | - |
| Pantothenic acid | mg | 0.83 | 0.88 | 0.75 | - | - | - | - | - |
| Biotin | mcg | 7.92 | - | - | - | - | - | - | - |
| Calcium | mg | 141 | 276 | 327 | 450 | 300 | 450 | 450 | 450 |
| Phosphorus | mg | 93.6 | 222 | 271 | - | 150 | 250 | - | - |
| Magnesium | mg | 13.7 | 24 | 34 | 16 | - | 60 | - | 16 |
| Iron | mg | 3.12 | 0.07 | 0.12 | 0.36 | 0.72 | 1.44 | 0.36 | 0.36 |
| Zinc | mg | 1.62 | 0.9 | 0.7 | - | - | - | - | 1.5 |
| Manganese | mcg | 24 | 7 | 40 | - | - | - | - | - |
| Copper | mcg | 118 | 27 | 110 | - | - | - | - | - |
| Iodine | mcg | 23.5 | - | - | - | - | - | - | - |
| Sodium | mg | 50 | 98 | 122 | 160 | 100 | 105 | 35 | 170 |
| Potassium | mg | 187 | 349 | 498 | 35 | 65 | 370 | 40 | 30 |
| Chloride | mg | 134 | - | - | - | - | - | - | - |
| Selenium | mcg | 4.32 | 9.0 | 3.4 | - | - | - | - | - |
| Choline | mg | 38.4 | - | - | - | - | - | - | - |
| Inositol | mg | 9.84 | - | - | - | - | - | - | - |

* Kabrita Goat Milk Formula is not suitable for children with cow milk protein allergy (CMPA). We do not recommend Kabrita Goat Milk Toddler Formula as sole source nutrition for either infants or toddlers. Please contact your primary healthcare provider to discuss your child's nutritional requirements and the available feeding options.