

# Skin Issues Erased Kit



**Argil (green clay)** - cleanses pores, detoxes skin, gentle hypoallergenic exfoliant and skin purifying masque. Use 2-3 times a week as a masque or a spot treatment as needed.

**Hoba (jojoba oil)** - naturally hypoallergenic and pH-neutral moisturizer and conditioner that will not cause a reaction or clog pores. Perfect for sensitive & acne-prone skin.

**Roseau (rose water water)** - is highly anti-inflammatory and will help balance skin pH for acne-prone skin in addition to toning it, lifting and lightly hydrating skin.

**Black Seed Oil** - an ancient staple going back to King Tut. Anti-microbial, anti-inflammatory, and anti-bacterial in nature, this oil fights all skin issues from dermatitis to acne.

## Moisturize daily with pH-neutral Hoba



Hoba is our daily favorite and we do not go anywhere without it. It is so gentle, you can use it on newborn babies and it is so perfectly neutral, it works wonders on oily skin to stop it from producing more oil. Instead of trying to dry your skin, add more oil and you will see all of a sudden that your skin is no longer oily - because it has enough oil and it does not need to produce more.

Use Hoba as your daily moisturizer, cleanser, lip and cuticle oil - always make sure to apply oil on slightly wet, warm skin. Best time to do it is after a shower and after applying a toner, like Roseau.

You can use Hoba as your daily cleanser and morning moisturizer and Black Seed Oil at night after Roseau toner. Once your skin is cleared, you can use Hoba in the morning and evening or continue using Black Seed Oil or alternate and see what your skin prefers.

## Draw impurities & excess oils with Argil

This type of clay is used by nuclear scientists to encapsulate nuclear waste... Yep, because it has tiny ions that trap toxins and do not let them go. Argil has the same effect on skin. Naturally hypoallergenic and pH-neutral, it works wonders for sensitive, dry and oily skin alike, because it normalizes skin oil (sebum) production and puts skin cells into a normal growth pattern (which is so good for those who have psoriasis).

Use it 1-2 times a week as a masque. Mix 1 tsp with warm water to a creamy consistency before shower, apply to slightly wet skin and let it sit under steam while you enjoy your shower. Rinse last & moisturize with Hoba after. Use for blemishes as spot treatment as needed. Let it dry and wash off.



## Balance skin pH with anti-inflammatory Roseau



Roseau is 100% pure vapor-distilled rose water. The essence of rose coming from skin healing rose petals is known for its anti-inflammatory benefits.

Dab Roseau into slightly wet skin daily to repair capillary damage and balance skin pH (skin pH is the most critical part of skincare routine, as this is what keeps acne bacteria from proliferating). Roseau will help tighten pores and will light hydrate skin while lifting and toning it at the same time. You can use a little cotton round or just pour a little bit in your palm and press down the toner into your skin.

To lock in the moisture from your rose toner, apply Hoba oil immediately after on skin that is still slightly wet. You can reapply Roseau throughout the day and even add a few drops to your hair for decadent light scent and to give your locks a luxurious boost of hydration from rose petals.

*"Black Seed cures all but death"*



Black Seed Oil keeps acne away naturally, works on eczema, skin rashes, insect bites, itchy skin and all kinds of scrapes for fast healing.

Used together with Roseau, Argil and Hoba, your skin will be clear, and healthy.

*This is how to use it*

- use it instead of your daily moisturizer on clean, slightly wet skin after shower
- apply after a pH-balancing Roseau (rose toner)
- pour a chickpea sized amount into your palm and press into your skin
- for breakouts or individual blemishes, apply with a cotton swab

