



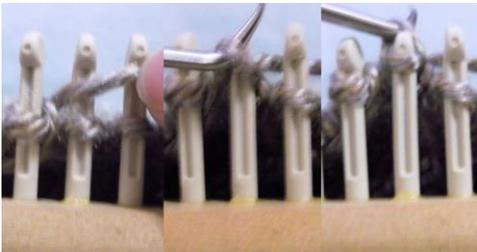
Basic techniques for making socks

Terms:

CO: Cast On: Wrap the peg twice and toss the bottom loop over the top, repeat for how every many pegs you need.



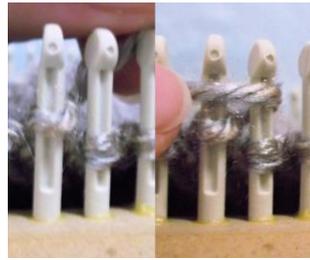
FK: Flat Knit: Toss the bottom loop over the working yarn that is laid across the peg, pull tossed loop into the center of the loom to loosen. This method works fast.



K: Knit: Pull the working yarn through the top of the stitch to the bottom, pull off the original stitch on the peg and place your new loop on the peg. This method takes more effort but is good if you have troubles with your Flat Knit being too tight.



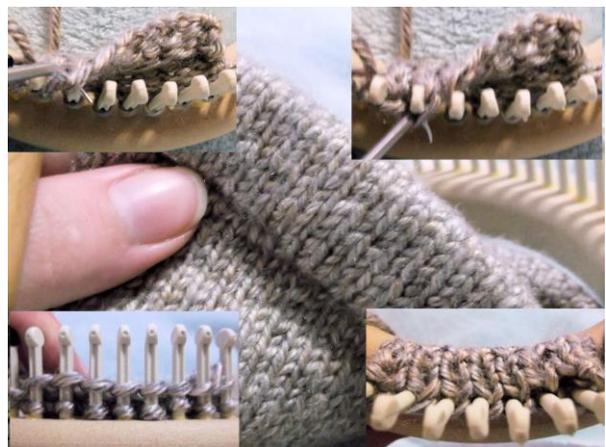
WT: Wrap and Turn: Wrap the working yarn from behind the next peg and turn to work the other direction. This technique is used on toes and heels.



COF: Cast Off: Casting off for a sock can be done in varied ways. You can use [kitchener cast off](#) for seamless. A sock [drawstring toe bind off](#) Cast off regularly and sew up, or sew up on the loom going from 1 peg to the opposite corresponding peg until all stitches have the needle sent through them. (the numbers following these terms indicates # of rows)

How to make custom adult socks

1. Trace the person's foot out in card stock, or cardboard (cereal box) if possible, a thick paper makes this easier. Make sure the person puts full weight on the paper.
2. Cut outline out.
3. Cast on all pegs, then FK circularly for 20 rows, pull your cast on loops back onto the pegs creating a small cuff area. (FK 20)



4. Then knit to the desired length of the cuff the person prefers. At this point make notes how many rows it took so you can know for the next sock.

5. Work your heel area by taking your cut out and placing the heel area up to the length wise section. Decide how many single loops you will need between your wrap and turns. Half the loom will be worked for doing your heel area.

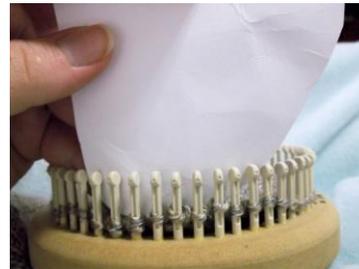
To start FK29, WT, FK28, WT and forth until down to those single stitches left. Then slowly add your wrap and turns back in by ex: FK8, FK9, FK10 and so forth until no more wrap and turns are there. Heel is done. This same process is done on same half of loom for toe



6. Then work how ever many rows you will need to have to encompass the cut out length to the point of the base of the pinky toe.



7. Work the toe just like you did the heel.



8. Cast off using the method most preferred or sew up in the way you feel most comfortable.

You can use the

Kitchener Cast off

Video tutorial:

Whipped stitch:

Video Tutorial:

Drawstring Toe:

Video Tutorial

Don't forget to take notes on each section of how many rows you have done for easier help in making the other sock.

