# Warning!

Your vision and/or attention will be limited and/or impaired while using the Tru-Vu Omniscreen Viewhole Eyeset. Therefore, it is important to take extra caution if you are walking, running, training, etc.



# Tru-Vu Omniscreen Viewhole Eyeset

For DAVID Audio-Visual Entrainment Devices

Do NOT use the Tru-Vu
Omniscreen Viewhole Eyeset
while operating a motor
vehicle, heavy equipment or
while performing ANY
hazardous tasks requiring
attention.



Mind Alive Inc.

6716 75 St NW Edmonton, Alberta Canada T6E 6T9 Toll Free: 800.661.MIND Phone: 780.465.MIND www.mindalive.com E-mail: info@mindalive.com

Enhance your AVE experience with eyes open

## Eyes Open Entrainment

### **Open Your Eyes**

The viewhole eyeset allows you to use your DAVID while performing various tasks to enhance performance or training with your eyes open.

## **Activity Suggestions**

## Reading

Use with SMR for relaxed attention or reading session while reading to improve comprehension.\*

### Office/Computer Work

Use with SMR for relaxed attention or reading session while working at your computer.\*

\*If you feel "foggy" or tired while reading, a Beta or Energizer session may be more effective. Use to replace caffeine.

## **Activity Suggestions**

#### **Sports**

Use with SMR for relaxed attention or reading session while training in any sport.

Why Eyes Open

### Biofeedback/ Neurofeedback

Use a session with the frequency you are trying to uptrain or inhibit during your Neurofeedback session. Use with alpha or slow alpha recommend you use your DAVID with your eyes closed, there are some instances when eyes open can be more effective.

Although we typically

sessions such as Schumann during temperature, EDR, HRV and EMG training.

#### **Phobia Desensitization**

Use with SMR and/or alpha sessions during desensitization training session.

#### More Information

For more information on AVE or the DAVID devices, please visit our website at www.mindalive.com

#### How to Use

#### **Connect the Eyeset**

The viewhole eyeset connects to your DAVID device using the same 2.5mm patch cord as the standard eyeset.

Plug into the Omniscreen ( ) jack of the DAVID device. Connect the cable to the jack located on the lower left side of the eyeset.

# Cleaning and Care

Wipe with a clean, soft cloth to remove fingerprints or smudges from the Omniscreen Viewhole eyeset. Glasses cleaner or a mild detergent may be used on the sunglass lens to help remove oils. Alcohol swabs or wipes may be used to disinfect the eyeset between uses.

Disconnect the eyeset cable from the DAVID device and the eyeset before storage.