

Random Colors

The Multi-Color Eyeset can randomly change colors for a unique experience.

Press and hold the color select button(s) for a few seconds until the lights stop flashing. Release the button. Repeat for each side. Disconnect the eyeset to reset it. The eyeset does not stay in random mode between uses.

Color Lock

To prevent accidental color changes, the colors selected may be locked in.

Set the desired color settings. Press and hold the color select button(s). After several seconds the lights will go out; **do not release** the button. Continue to hold the button until the lights come back on, then release. Repeat for each side. Repeat the process to unlock.

Note: the eyeset colors will remain locked in even if disconnected or turned off.



Cleaning and Care

Wipe with a clean, soft cloth, and a mild detergent to remove smudges from the eyeset. Use alcohol wipes to disinfect the eyeset between uses.

Disconnect the eyeset cable from the DAVID device and the eyeset for storage.

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Tru-Vu Omniscreen Multi-Color Eyeset



For DAVID Audio-Visual
Entrainment Devices



***Enhance your AVE experience
with the benefits of color therapy***

Color Therapy

The use of colors in meditation and spiritual practices has a long history. While there has been little research done on the use of color or its application with Audio-Visual Entrainment (AVE), there are many anecdotal accounts of the positive effects of color therapy.

Different colors are thought to influence our moods and emotions. Colors affect our perceptions of space. Often certain colors are associated with “calming” effects or a sense of well-being.

The Multi-Color Eyeset uses red, green, and blue emitted light to create a range of colors that can be used for basic color therapy, or just to enhance the enjoyment of your AVE experience. Feel free to experiment with different colors to find your favorites.

Color Preferences
Everyone has colors they prefer. Try your favorite AVE session with your favorite color (or colors). Try mixing two colors for different results.

Color Suggestions

White

Most of our studies are based on white light stimulation. Use with any session.

Blue

Calming and relaxing. Best for deep meditation or sleep. Use with any of the Meditate or Sleep sessions.

Cyan

Enhances entrainment while still being calming and relaxing. Use with any session.

Green

Effective for pain reduction and meditation. Use with Meditate - Alpha and Schumann sessions (7 - 10 Hz).

Yellow

Improves cognition and focus. Use with Brain Booster – SMR/Beta, ADHD, and Brain Booster sessions (14 - 20 Hz).

Red


Increases physical arousal and energy as well as cognition and focus (to be used with caution as it can trigger anxiety). Use with Energize - Beta sessions (14 - 20 Hz).

Magenta

Enhances creativity, imagination, and contemplative meditation. Use with Meditate - Theta session (4 - 7 Hz).

How to Use

Connect the Eyeset

The Multi-Color Eyeset connects to your DAVID device using the same 2.5 mm patch cord as a white eyeset. Plug into the Omniscreen () jack.

The Multi-Color Eyeset remembers the last color used for each field.

Start a Session

Start a session as directed by the DAVID Operator's Manual. This

eyeset is designed to be used with your **eyes closed**. The Multi-Color Eyeset may take a few more seconds to turn on once the session is started.

Select a Color

Press the black dots to change the colors. The left dot changes color of the left fields, while the right dot changes color of the right fields. Adjust the brightness of the lights from your DAVID unit.



More Information

For more information on AVE or the DAVID devices, please visit our website at www.mindalive.com