

kaiko FIDGET GUIDE

CHAIN RANGE

Mini/Medium/Jumbo/XL/Mega

Can be put over finger(s) & rotated around &/or squished in between fingers. Typically used over pointer finger, very similar action to pen clicking. Mega's can also be worn on wrist in multiples as a weighted product.



SMALL & HUNGRY D

These two wiggle in & out.

The Hungry D can rotate around the finger also.

Assists in developing fine motor skills & strength of the 'pencil grip' fingers.

Great fine motor "homework" whilst watching TV etc.



HEXA RANGE

Roll up & down finger, toss & rotate in your palm or jiggle.

A number of varieties available, both in size of ring & nuts.



KEYRING & LANYARD FOR FIDGETS

Keep fidgets safe & easily accessible.

Keyring: Has 2 quick release ends.

One for multiple fidgets & other to clip onto bags/belts/pencil case etc.

Lanyard: Has detachable bottom

section with large clip for multiple fidgets.



CENTIPEDE & MILLIPEDE RANGE

Roll up & down fingers, toss in hand or rub between palms. A number of varieties available, both in size and 'feel'. These are one of the softer styles in our range.



LOOP RANGE

This style takes a little time to 'master' but once you do they are soooooo satisfying. The loops flip & fold into one another. Comes in a range of sizes & styles.



MAGIC BALL

Roll between palms for a scratchy/tickly sensation. This helps stabilise the core for those that have trouble sitting still. Also can be rolled in fingers or spun. This fidget has so many uses!



CATERPILLAR RANGE

Varieties available for Hand, Wrist, Neck & Hoodie

The 'softest' in our range. Roll the stainless steel beads & cord between fingers. Great for those that hair twirl, stim with fabric or roll Blu-tack. A range of colours available.



COG

This has a super fast spin, soft vibration & slight hum which is amazing. Rolling the cog over hands & fingers gives great sensory input. Comes in a range of colours & styles.



SPIKEY RANGE

This range provides strong sensory input - with focused & deep pressure. Many have found these to be a helpful substitute for picking, biting & other self harming activities. Also great for circulation & stimulating acupressure points.



Finger Spikey

Roll up & down fingers or twist around fingers or thumb. Comes in a variety of colours.

Wrist Spikey

Roll up & down the arm, wear on wrist & flick or rub between palms. Can place on wrist & twist around (similar to a 'Chinese burn') applying varying degrees of pressure. This technique has been particularly helpful as a tool for some in minimising self-harm, however does not replace the need for professional support. Comes in a variety of sizes. Refer to our website for a guide to selecting a size.

HAND ROLLERS

Extremely rhythmic & calming.

Rotate in your hand, roll between palms or roll to massage are some of the ways you can use these.

Some like to put the metallic ones in the fridge for increased sensory input between uses. Comes in a range of weights, light through to quite heavy. We find, for most, the heavier the better for anxiety. Generally for children under 10 it is better to select lighter options due to hand fatigue. Assorted colour & weight options available.



Please feel free to contact us to chat through your specific needs.

WHOLESALE & NDIS enquiries welcome

