



RESPIRATORY / PROTECTIVE

Yarrow

Achillea millefolium

ALSO KNOWN AS:

Common Yarrow or Plumajillo



Yarrow's botanical name comes from Achilles in Greek mythology. He was said to be made invincible by Yarrow's protective and restorative powers. This astringent herb has been traditionally used to moderate the body's natural inflammatory responses to seasonal challenges.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.