



ADAPTOGEN / RESISTANCE

Rhodiola

Rhodiola rosea

COMMONLY KNOWN AS:

Arctic Root or Golden Root



Rhodiola increases the oxygen-carrying capacity of our red blood cells, making it particularly effective at increasing energy, vitality and stamina during times of stress. Indigenous to the mountainous regions of Siberia and Northern Europe, it has been used for thousands of years.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.