

## **RESPIRATORY / DEFENSE**

Reishi

Ganoderma lucidum

ALSO KNOWN AS: *Lingzhi* 



Reishi is one of the oldest herbs used in Traditional Chinese Medicine to support the body's natural defense systems. This mushroom has been known to help with strength and stamina during times of immune system challenges.\*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.