



RESPIRATORY / HISTAMINE

Nettle

Urtica dioica

COMMONLY KNOWN AS:

Stinging Nettles



Freeze-drying Nettle has been shown to preserve the naturally occurring compounds known as flavonoids, present in the stinging hairs of the fresh plant. These full spectrum compounds may help to reduce a histamine-response during exposure to external challenges.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.