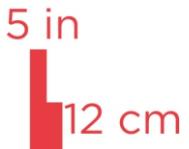
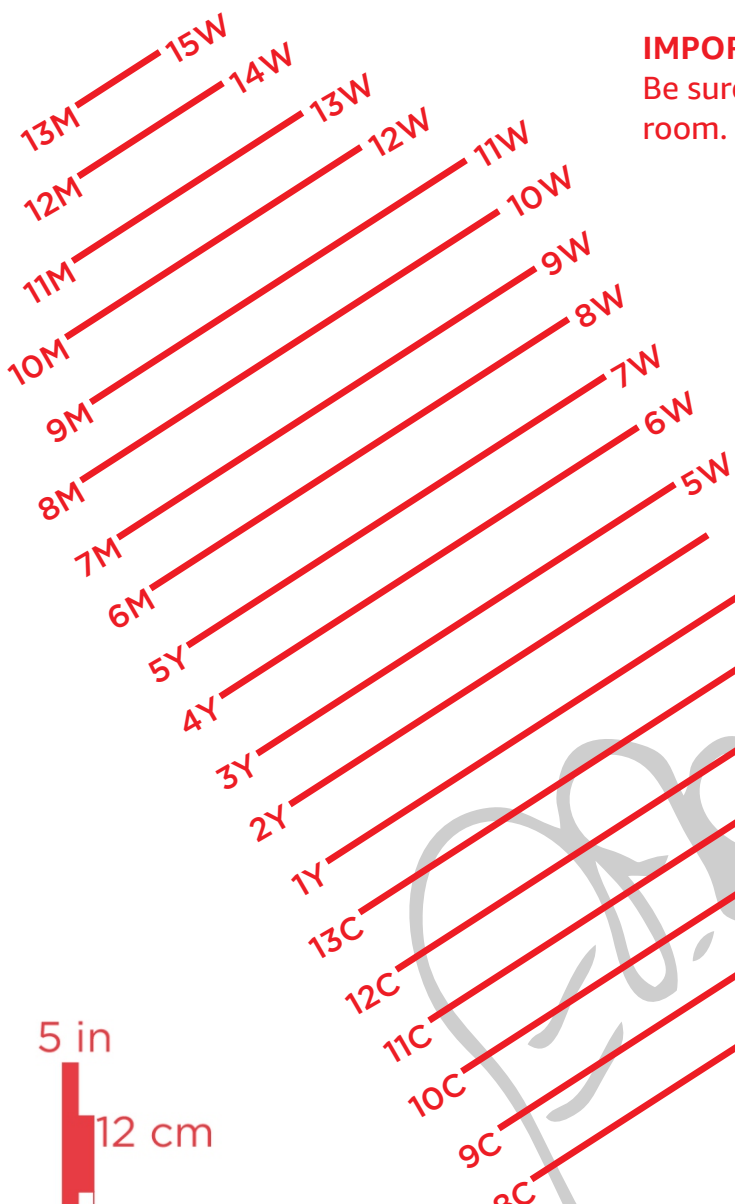


IMPORTANT: These lines are the actual lengths of the insoles. Be sure to leave a minimum of 1/2 inch of wiggle/growing room.

INSTRUCTIONS

1. Print this sheet (at 100% scale - do not "Fit to Page") and ensure proper scale by measuring the scale bar to the left.
2. Fold along the bottom dotted line and place against the wall.
3. Place heel against the wall and mark the end of the toes on the sheet. Measure both feet as one may be longer than the other.



| SIZING | | | INSOLE LENGTH | |
|------------------|-------------|----|---------------|------|
| US | UK | EU | IN | CM |
| 13M / 15W | 12.5M / 13W | 47 | 12.09 | 30.7 |
| 12M / 14W | 11.5M / 12W | 46 | 11.75 | 29.9 |
| 11M / 13W | 10.5M / 11W | 44 | 11.42 | 29.0 |
| 10M / 12W | 9.5M / 10W | 43 | 11.09 | 28.2 |
| 9M / 11W | 8.5M / 9W | 42 | 10.75 | 27.3 |
| 8M / 10W | 7.5M / 8W | 41 | 10.42 | 26.5 |
| 7M / 9W | 6.5M / 7W | 39 | 10.09 | 25.6 |
| 6M / 8W | 5Y / 6W | 38 | 9.75 | 24.8 |
| 5Y / 7W | 4Y / 5W | 37 | 9.42 | 23.9 |
| 4Y / 6W | 3Y / 4W | 35 | 9.09 | 23.1 |
| 3Y / 5W | 2Y | 34 | 8.75 | 22.2 |
| 2Y | 1Y | 33 | 8.42 | 21.4 |
| 1Y | 13C | 32 | 8.09 | 20.5 |
| 13C | 12C | 31 | 7.75 | 19.7 |
| 12C | 11C | 29 | 7.42 | 18.8 |
| 11C | 10C | 28 | 7.09 | 18.0 |
| 10C | 9C | 27 | 6.75 | 17.2 |
| 9C | 8C | 25 | 6.42 | 16.3 |
| 8C | 7C | 24 | 6.09 | 15.5 |

EXAMPLE
This foot would fit well in a size 2Y.

FOLD ON DOTTED LINE →

