LEGACY

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CHRISTIN DAUBERT

2020
AFFIRMATION CALENDAR



Each Legacy Magazine x Christin Daubert Affirmation Calendar features 12 months of positivity prompts to guide you through the process of curating confidence while choosing courage over complacency. Simply meditate on the affirmation 5+ times a day to begin counteracting negative self-talk, deepen connection, and ignite confidence. As you begin to replace toxic thought patterns with the positivity prompts, you'll begin to notice the volume of your inner critic diminishing. Once you're feeling courageous, we invite you to write a few of your own and share them with us on social by tagging @legacymag, @christindaubert, and #lifeoflegacy.

Here are a few prompts to get you started:
Sit down and think about what you truly want for your future, your partnerships, and your family. Be specific. Be honest. Be BOLD. When you get a few ideas, close your eyes and focus on what it will feel like when they manifest in your life. Feelings are a powerful motivator, so this is crucial. Add as many details as you can. Now it's time to write your affirmations.

JANUARY

S	M	Т	W	Т	F	S
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

I HAVE THE POWER TO CREATE CHANGE.

EVERY MORNING I RISE WITH JOY. I RELEASE FEAR, DOUBT, AND UNHEALTHY THOUGHTS.

FEBRUARY

S	M	Т	W	Т	F	S
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MY HEART IS FULL, INTENTIONS CLEAR, AND MOTIVES JOYFUL.

I ADD VALUE AND JOY TO THE LIVES OF OTHERS.

MARCH

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MY VALUE TO THE WORLD IS NOT MEASURED IN MONEY.

THE SUCCESS OF OTHERS INSPIRES ME TO SEE THE SAME POTENTIAL THAT LIVES INSIDE OF ME.

APRIL

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MY SELF-WORTH IS HIGH BECAUSE I HONOR WHO I AM.

I WELCOME ABUNDANCE IN THE WAYS THAT ARE MEANT FOR ME.

MAY

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31						

MY LIFE PURPOSE ENERGIZES ME AND INSPIRES THOSE AROUND ME.

MY THOUGHTS ARE POWERFUL AND POSITIVE.

JUNE

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I AM STRONG, BEAUTIFUL, AND CONFIDENT.

MY CREATIONS, MY WORTH, AND MY JOY ARE IMPORTANT.

JULY

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I TRUST MYSELF AND MY INTUITION.

LIVING MY HIGHEST PURPOSE BRINGS STEADY ABUNDANCE.

AUGUST

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I ATTRACT THE RIGHT PEOPLE INTO MY LIFE AND BUSINESS.

I DO NOT FORCE ANYTHING BECAUSE I KNOW WHAT IS MEANT FOR ME.

SEPTEMBER

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I HAVE UNIQUE TALENTS THAT I HONOR AND SHARPEN.

I AM WORTHY OF PRAISE BUT DO NOT PLACE MY VALUE IN THE OPINIONS OF OTHERS.

OCTOBER

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I LAND AT DECISIONS WITH EASE AND CONFIDENCE.

I AM ORGANIZED AND MINDFUL OF HOW I SPEND MY TIME.

NOVEMBER

S M Т S W 12 13 22 23 24 25 26 27 29 30

I WILL GRACEFULLY SERVE WHAT HONORS MY HIGHER PURPOSE. THIS WILL ALWAYS BE CLEAR TO ME.

I HAVE A SERVANT HEART BUT NEVER FORGET TO ALSO SERVE MYSELF AND HONOR MY NEEDS.

DECEMBER

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20	21	22	23	24	25	26
27	28	29	30	31		

I AM EQUIPPED TO CURATE CONFIDENCE IN EVERY SITUATION AND NEVER LOSE SIGHT OF WHO I AM.

I DO NOT FEAR BEING SEEN. OTHERS RECOGNIZE THE UNIQUE VALUE I BRING TO THE TABLE.