

NEWBORN ESSENTIALS CHECKLIST

CHANGING & CLEANING

- 4 packs of newborn nappies OR
- 15-20 reusable nappies OR
- 2 packs of nappies and 8-10 reusables
- 10x natural, plant based wipes
- 2 rolls of nappy sacks
- nappy cream
- changing mat
- changing bag
- bath or bath support
- thermometer
- nail kit

NURSERY ITEMS

- cot/moses basket/bedside cot
- new mattress
- bedding
- dresser
- night light
- baby monitor
- nappy bin

OPTIONAL

- gentle baby toiletries
- towels & washcloths
- bath thermometer
- hair brush
- changing unit



CLOTHING

- 10 vests
- 10 onesies/sleepsuits with scratch mittens
- 2 summer/winter hats
- 2 blankets
- 2 sleeping bags
- 2 cardigans/jackets/snow suits
- 10-20 muslins
- warm socks (for winter babies)

TRAVEL

- pram & pram blanket
- sling or baby carrier
- rear facing car seat
- sun shade

BREAST/BOTTLE FEEDING

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|-------------------|------------------|
| breast balm | 5 bottles |
| 2-4 nursing bras | steriliser |
| great pads | bottle brush |
| loose tops | formula |
| milk freezer bags | |
| 2 cute outfits | breast pump |
| 2 dummies | prep machine |
| freezer meals | steam steriliser |
| feeding pillow | highchair |