

BABY'S HOLIDAY PACKING CHECKLIST

TRANSPORT

- pushchair & sun shade
- sling or carrier
- car seat (optional)

CHANGING BAG

Most airlines allow one carry-on for baby

- eco nappies or reusable cloth nappies (or a mix if that's how your roll)
- biodegradable baby wipes
- biodegradable nappy sacks
- nappy cream
- changing mat

TOILETRIES

- hair brush
- toothbrush
- baby lotion/baby oil
- hair & body wash
- prescription skincare
- medicine for colds/temperatures
- first aid kit
- thermometre
- nail scissors
- sun cream

HAND LUGGAGE

- passport
- travel insurance documents
- expressed milk/formula & food/snacks
- breast pump (optional)
- bibs/beakers, spoons & ziploc bag
- dummies & dummy steriliser
- muslins (aka blanket, privacy screen, toy, mop)
- essential medication
- travel toys (ideally with straps)

CLOTHING

- light, cooling onesies
- dresses or shirts and shorts
- a couple of warmer evening layers
- sun hats
- shoes

SLEEP

- sleepsuits
- night light
- story book
- sleeping bag
- baby monitor