

★ ELITE FACIAL TREATMENTS ★

Maximize benefits and see more dramatic results with two or more advanced treatments in one session. All facials include professional skin analysis and customized care.

Micro-Current Diamond Peel \$250 (1 Hr, 30 Min)
Micro-Current Lifting retrains facial muscles, **Microdermabrasion** smooths & fades spots. Oxygen-infused nutrients with customized serum plump the skin with a youthful glow. Includes Extractions.

LED Diamond Peel \$250 (1 Hr, 30 Min)
 See your skin sparkle again! **Microdermabrasion** refines skin texture and evens out discoloration, **LED Light Therapy** builds collagen and reduces redness and inflammation. Oxygen-infused nutrients plump the skin with a healthy glow. Includes Extractions.

Therma-Lift Diamond Microderm \$250 (1 Hr, 30 Min)
 Tightening, toning, smoothing... yes, it's all right here! This amazing combo includes Therma-Lift Sculpting to lift & tighten, plus Microderm to resurface the skin. Oxygen-infused nutrients plump the skin with a youthful glow. Includes Extractions.

Dermaplane LED \$250 (1 Hr, 30 Min)
 Smooth & glowing! **Dermaplane** removes dead cells & fine hairs that clog pores and dull the complexion. **LED Light Therapy** builds collagen and reduces redness & inflammation. Oxygen-infused nutrients plump the skin with a dewy glow. Includes Extractions.

Ultrasonic Diamond Peel \$250 (1 Hr, 30 Min)
Microdermabrasion resurfaces & evens out skin tone, **Ultrasonic Soft-Scrub** rejuvenates and detoxifies. Oxygen-infused nutrients plump the skin with a healthy glow. Includes Extractions.

Facial Fitness Ultra \$250 (1 Hr, 30 Min) • **Add Microderm \$275**
 Energize your skin! Power lift your facial muscles! A triathlon of treatments: **Micro-Current**, **Ultrasonic** & **LED** tightens slack skin, increases collagen & boosts the immunity of the skin. Oxygen-infused nutrients plump the skin with a youthful glow. Includes Extractions.

BODY TREATMENTS

Aromatherapy Cellulite Wrap \$125 (1 Hour)
 Experience inch loss, detoxification, and total relaxation with this deep penetrating essential oil treatment. Body Brushing, gentle heat. Overall slimming can be as much as one dress size.

Infrared Weight-Loss Wrap \$95 (30-60 Min)
 Far Infrared heat therapy decreases swelling in the joints, relieves pain and burns 800-1200 calories per session. Fat and toxins release through perspiration. ***Wear sweats.**

Papaya Enzyme Body Scrub \$110 (1 Hour) • \$150 (1 Hr, 30 Min)
 European Body Brushing exfoliates skin and stimulates lymphatic drainage. Enzyme Buff, Rinse and Moisture Treatment.

Papaya Enzyme Back Treatment \$60 (30 Min)
 Body Brushing, Papaya Enzyme Scrub, Lavender Lotion.

Reflexology Foot Treatment \$55 (30 Min)
 Pineapple Enzyme Foot Buff, Reflex points stimulated.

Divine Décolleté Treatment \$65 (20 Min)
 Papaya Enzyme Scrub, Glycolic Peel, Firming Elastin Masque.

MASSAGE/STRESS BUSTERS

Classic Swedish Massage \$95 (1 Hr) • \$135 (1 Hr, 30Min) • \$195 (2 Hrs)
 Gliding pressure strokes and kneading techniques release muscle tension, increase circulation and improve body alignment. Oxygen supply to the cells is increased and skin tone is improved.

Deep Tissue Massage \$95 (1 Hr) • \$135 (1 Hr, 30Min) • \$195 (2 Hrs)
 This technique affects the deeper tissue structure. Connective tissue bonds are released to regain flexibility and ease of movement.

Fusion Massage \$95 (1 Hour) • \$135 (1 Hr, 30 Min)
 Reduce anxiety and balance the emotions with this combination of healing therapies. Includes Classic Swedish Massage, Reflexology, Acupressure Face & Scalp Massage.

Pregnancy Massage \$110 (1 Hour) • \$150 (1 Hr, 30 Min)
 Clients may lie face down with no pressure on the tummy.

Hot Stone Massage \$125 (1 Hour) • \$175 (1 Hr, 30 Min)
 Hot Basalt stones melt away soreness, promoting inner peace.

Heaven on Earth \$95 (1 Hour)
 Breathe, receive and align. Aromatherapy heated hand treatment, foot reflexology, Acupressure Face & Scalp Massage with shoulder and neck release. ***Back massage not included.**

Acupressure Face & Scalp Massage \$55 (30 Min)
 Our famous "better than Botox" face-lift treatment! Pressure on Tsubo points releases tension and toxins, rhythmic lymphatic drainage releases impurities and swelling. **May be added on to any facial for \$50.**

Reflexology Foot Scrub & Massage \$55 (30 Min)
 Relieves tension, improves circulation and encourages balance and well-being throughout the entire body. Includes relaxing enzyme foot scrub and reflexology foot procedure.

***ADD-ON CBD TREATMENT - \$25**
 Relieve intense pain and inflammation in muscles, nerves & joints with hemp-based CBD Salve.

WAXING SERVICE

Arch \$24	Hairline \$12	Back \$30 / \$50	Buttock \$35
Lip \$14	Under Arm \$16	Stomach \$40	Happy Trail \$12
Chin \$14	Half Arm \$30	Full Leg \$80	Bikini \$30
Cheeks \$15	Full Arm \$45	Lower Leg \$40	Brazilian \$50
Neck \$10	Fingers or Toes \$10	Upper Leg \$50	Playboy \$60

As a courtesy to our staff and other guests, please arrive on time for your appointment. Please let us know at least 24 hours in advance if you need to cancel or change your reservation. 48 hours notice is required for Saturday cancellations.

bestfaceandbody.com

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SPA SERVICES MENU

Prices subject to change. Updated November 2023.

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OXYGEN THERAPY FACIALS

Pure 95% Oxygen applied topically will literally push toxins out of the skin cells. At the same time, an invigorating cascade of amino acids, essential minerals, and antioxidant Vitamins A, E, C, D3, and collagen energizing Peptides are propelled into the skin. See immediate results with maximum hydration, dewy vibrancy and a visible plumping that lasts 3 days.

Line Filler Oxygen Facial **\$130 (1 Hour)**
Plump & fill! Oxygen infused Line Filler Serum brings healing hydration to dry, lined or wrinkled skin. Glycolic Peel, Extractions, Lip Treatment, Rejuvenating Eye Masque, Massage of Chest, Neck and Shoulders.

Retinol Luminous Facial **\$130 (1 Hour)**
Look Radiant & Refreshed! Oxygen infused Retinol Renewal Serum super-charges collagen production. Enzyme Exfoliation, Extractions, Lip Treatment, Eye Masque, Massage of Chest, Neck and Shoulders.

Stem Cell Facial **\$130 (1 Hour)**
A mega dose of antioxidants naturally preserves cells! Oxygen infused Stem Cell Serum (derived from apples) restores damaged tissue. Glycolic Peel, Enzyme Application, Extractions, Lip Treatment, Vitamin Eye Masque, Massage of Chest, Neck and Shoulders.

Gold Bright & Light Facial **\$130 (1 Hour)**
Customized levels of Glycolic Acid begin the process of fading hyper-pigmentation. Oxygen infused lightening serum improves skin tone and hydration. Enzyme Scrub, Lip Treatment, Extractions, Vitamin Eye Masque, Massage of Chest, Neck and Shoulders.

Vitamin C Oxygen Facial **\$130 (1 Hour)**
Give your skin a healthy boost! Oxygen infused Vitamin C helps repair damaged skin cells. Glycolic Peel, Enzyme Exfoliation, Extractions, Lip Treatment, Eye Masque, Massage of Chest, Neck and Shoulders.

EUROPEAN FACIALS

Get ready to glow! Each facial begins with a skin analysis so our experts can customize the right blend of our signature products just for you! Our antioxidant-rich formulas nourish, hydrate, exfoliate & increase the immunity of your skin.

Tropical Deluxe Facial **\$135 (1 Hr, 15 Min)**
Relax and unwind during this head-to-toe tropical treatment. Skin Analysis, Papaya Enzyme Scrub, Vitamin E Eye Masque, Extractions, Hydration Masque, High-Frequency Oxygenation, Heated Seaweed Oil Hand Treatment, Pineapple Enzyme Foot Buff, *plus* Massage of Chest, Neck and Shoulders.

Pampering Spa Facial **\$125 (1 Hour)**
You deserve to be spoiled! Get the complete spa experience in one blissful hour. Includes Skin Analysis, Glycolic Scrub, Extractions, Eye Masque, High-Frequency Oxygenation, Hydration Masque, Lip Treatment, Heated Hand Treatment, Foot Massage, *plus* Massage of Chest, Neck and Shoulders.

Best Executive Facial **\$75 (30 Min)**
A quick, but complete treatment that includes Skin Analysis, Glycolic Scrub, Extractions, Hydration Masque & High-Frequency Oxygenation.

The Best Back Facial **\$85 (45 Min)**
Backne begone! European Body Brushing, Glycolic Scrub of the entire back, Extractions, High-Frequency Oxygenation, Nutrient Masque.

SKIN THERAPY/GLYCOLIC PEELS

Rapidly exfoliate dead cell build-up to clear clogged, congested and dull skin. This versatile treatment reduces acne, blackheads, as well as wrinkles and fine lines. Fades dark spots and smooths skin texture.

Glycolic Peel Treatment **\$65 (20 Min)**
Skin Analysis, Enzyme Scrub, Glycolic Peel, Nutrient Masque.

Glycolic Facial **\$85 (45 Min)**
Skin Analysis, Glycolic Peel, Extractions, Enzyme Scrub, High-Frequency Oxygenation (if needed), Nutrient Masque, Massage of Chest, Neck & Shoulders.

The Best Acne Treatment / Teen Facial **\$85 (45 Min)**
Congested and inflamed skin conditions are properly prepared. Enzyme Scrub, Extractions, High-Frequency Oxygenation, Calming Masque. **Glycolic Peel only when appropriate.*

MICRO-CURRENT LIFTING

This natural treatment boosts muscle energy & increases muscle protein. Gentle currents work beneath sensory nerves to tone, lift and re-educate facial muscles. Effects are cumulative when performed regularly.

Micro-Current Executive Session **\$100 (30 Min)**
Skin Analysis, Enzyme Scrub, Oxygen blast of nutrients, Micro-Current Treatment with firming complex. **Extractions not included.*

Micro-Current Facial **\$130 (1 Hour)**
An uplifting treatment! Micro-Current Executive Session, *plus* Oxygen blast of nutrients, Vitamin Lip Treatment, Nutrient Eye Masque, Steam & Extractions, Massage of Chest, Neck & Shoulders.

LED LIGHT THERAPY

Cells absorb and use photons to repair and regenerate collagen and elastin. Therapeutic light kills P. acnes bacteria, reduces redness & inflammation and immediately minimizes the appearance of pores, fine lines & wrinkles.

LED Photo Face-Lift Executive Session **\$100 (30 Min)**
LED Light Therapy, Enzyme Exfoliation, Oxygen blast of nutrients. **Extractions not included.*

LED Photo Facial **\$130 (1 Hour)**
LED Light Therapy, Enzyme Exfoliation, Glycolic Peel, Eye Masque, Lip Treatment, Oxygen blast, *plus* Massage of Chest, Neck & Shoulders.

LED Blue Light Acne Facial **\$150 (1 Hour)**
Therapeutic light kills P. acnes bacteria, reduces inflammation and speeds healing. Enzyme Exfoliation, Extractions, High-Frequency Oxygenation. **Glycolic Peel only when needed.*

DIAMOND PEEL/MICRODERMABRASION

Out with the old, in with the new (skin)! Non-surgical resurfacing without pain or downtime. Removes damaged skin cells, refines texture, fades dark spots & acne scars and diminishes fine lines.

Microderm Executive Session **\$100 (30 Min)**
Skin Analysis, Microderm Treatment, Enzyme Scrub, Nutrient Masque.

Diamond/Microderm Power Package **\$160 (1 Hr, 15 Min)**
Recapture youth! Microderm Treatment, Enzyme Scrub Nutrient Masque, Oxygen Infusion of nutrients, *plus* Steam & Extractions.

ULTRASONIC SOFT-SCRUB

Revitalize skin with non-invasive dermal lifting and tightening. Stimulating sound waves scrub, rejuvenate and detoxify. Accelerates cell regeneration and collagen.

Ultrasonic Soft-Scrub Executive Session **\$100 (30 Min)**
Skin Analysis, Enzyme Exfoliation, Ultrasonic Soft-Scrub & Lifting Treatment, Oxygen Infusion of Nutrients. **Extractions not included.*

Collagen Ultrasonic Facial **\$130 (1Hour)**
Skin Analysis, Enzyme Exfoliation, Ultrasonic Soft-Scrub & Lifting Treatment, Oxygen infusion of Nutrients, Elastin Eye Masque, Vitamin Lip Treatment, Massage of Chest, Neck and Shoulders.

THERMA-LIFT FACIAL SCULPTING

This powerful duo combines thermal skin tightening with micro-current lifting to enhance collagen renewal and build muscle proteins. Over time, the skin will appear firmer, tighter and more youthful looking.

Therma-Lift Executive Session **\$100 (30 Min)**
Skin Analysis, Enzyme Scrub, Therma-Lift sculpting treatment performed with anti-aging serum, Oxygen Infusion of nutrients. **Extractions not included.*

Therma-Lift Oxygen Facial **\$150 (1Hour)**
An uplifting treatment! Skin Analysis, Enzyme Scrub, Therma-Lift sculpting treatment performed with anti-aging serum, Oxygen Infusion of nutrients, Steam & Extractions, Eye Masque, Lip Treatment, *plus* Massage of Chest, Neck & Shoulders.

DERMAPLANE SMOOTHING

Manual exfoliation of the epidermis removes dead cells and peach fuzz to reveal soft, smooth skin & a fresh new glow. Reduces fine lines, stimulates collagen, and allows deeper penetration of products.

Dermaplane Executive Session **\$150 (30 Min)**
Skin Analysis, Dermaplane Procedure, Hyaluronic Eye Masque, Oxygen Blast of Nutrients. **Extractions not included.*

Dermaplane Oxygen Facial **\$200 (1 Hour)**
Refresh & revitalize your complexion! Dermaplane Procedure, Oxygen infusion with customized serum. Hyaluronic Eye Masque, Steam & Extractions, *plus* Massage of Chest, Neck & Shoulders.

FACIAL ADD-ON MENU

Glycolic Peel Face, Chest, Hands or Elbows	\$30	Divine Décolleté Treatment	\$45
Microdermabrasion Face, Hands or Décolleté	\$75	Acupressure Face & Scalp Massage	\$50
Micro-Current Lifting	\$45	Papaya Enzyme Back Treatment	\$50
Ultrasonic Lifting	\$35	Foot Reflexology Treatment	\$50
LED Light Therapy	\$35	Heated Seaweed Oil Hand Treatment	\$25
Oxygen Blast Treatment	\$35	Pineapple Enzyme Foot Buff	\$25

(MORE FACIALS ON OTHER SIDE)