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<div><h3>I. Main Functions:</h3><p>A). Display-</p><p>1 Full Time Display Week and time are always on display Date will show when you press the S3 button</p><p>Time Format: 12/24 The time and date will automatically sync when you connect the watch and your phone via the app</p><p>2. Alarm and Stopwatch You can set 1 alarm on the watch and three alarms on your phone via the app. The Stopwatch can support a subsection timer as well as a Background timer</p><p>B). Sports-</p><p>3. Walking/Sports monitoring This watch can monitor your: - amount of steps taken - Calories burned - Distance walked All for 24 hours</p><p>4. Movement Data Storage - Your data can be saved for a period of 15 days. After that it is automatically uploaded to your phone</p><p>5. Sharing - You can share your progress and even have accompetition with your friends through the app</p></div>	<div><p>C). Partner-</p><p>6. Information Reminder - After you connect both your watch and phone, incoming calls, texts and other notifica-tions can be received through the watch</p><p>7. Remote Camera - To take a picture with the watch connect your phone and watch through the app. Launch the camera from the app and press S1 on the watch to take a photo</p><p>D). Others-</p><p>8. Bluetooth on and off shortcuts - Hold the S1 button for three seconds to turn on and off Bluetooth for the watch</p><p>9. Luminous Dial - To light up your watch press the S1 button. It will last for two seconds every time you press it.</p><p>II. Power On/Off</p><p>Power On To turn the watch on hold S2 and S3 until “On” hows in the center of the dial</p><p>Power Off To turn the watch off hold S2 and S3 for about three seconds until “Off” is in the center of the dial.</p></div>	<div><h3>III. Bluetooth On/Off</h3><p>Bluetooth Power On/Off - Hold S1 for about three seconds until the Bluetooth icon flickers on the dial, this means it is turned on. Repeat the same process to turn Bluetooth off</p><p>Bluetooth ON/OFF status - If the Bluetooth icon shows in the top-left corner of the watch dial, that means bluetooth is on; if the icon does not show Bluetooth is off</p><p>IV. App Installation-</p><ol style="list-style-type: none">If you have an iPhone, your operating system needs to be IOS 7.0 or higherTo download the app you can either scan the QR code or search " sports+" in the app store.When you download the app make sure “allow this app to keep running in the background” and “trust this application” are turned on.Make sure your bluetooth is on when you are downloading this app<div><div>For IOS</div></div><div><div>For Android</div></div><p>Note: For Android follow the same steps as for an iPhone installation. Make sure the operating system is Android 4.3 or above. You can also scan the Android QR code.</p></div>	<div><h3>V. App User Login-</h3><ol style="list-style-type: none">Download the app and login directlyFor your first time, click on the picture to fill in your informationSet the target number of steps and distance in the setup menu (the system default is 10,000 steps)<p>VI. Connecting your phone and the watch-</p><p>Connecting:</p><ol style="list-style-type: none">Turn Bluetooth on both the phone and watch. Maker sure the distance between the two devices is less than 5 meters.Run the app on your phone. Click on the icon in the upper left corner of the main screenPress “Equipment management” on the menu bar<p>IV. When the phone finds your watch click on it to complete the pairing</p><p>Note: If you want to temporarily cancel the connection, you only need to turn the Bluetooth off on the watch. Once you turn the Bluetooth back on, all regular function will turn automatically</p></div>	<div><h3>VII. Time and Format Setting-</h3><p>Time Synchronization: If the Bluetooth is turned on and the watch is connected with the phone via the app, then the time on the watch will be automatically adjusted according to the time on the phone. If the time is not correct, adjust the time on your phone and then the time on the watch will be adjusted after synchronization</p><p>Manual Setup: When Bluetooth is turned off follow these instruc to set the time: 1. Hold S4 for three seconds to enter the time setting mode 2. Press S4 to select either hour, minute or second to change 3. press S3 to adjust the value (Each time you press the value will go up by one) 4. Press S2 to confirm your changes</p><p>Other:</p><ul style="list-style-type: none">You can switch between 12H format and 24H format by pressing S3During setting, if S2 is not pressed for more than 10 seconds to confirm the change or S4 is not pressed to switch values, then the operation will automatically be aban-doned and the watch will return to the dial interface</div>
<div><h3>VIII. Date Setting-</h3><p>Date Synchronization: If the Bluetooth is turned on and the watch is connected with the phone via the app, then the date on the watch will be automatically adjusted according to the date on the phone. If the date is not correct, adjust the date on your phone and then the date on the watch will be adjusted after synchronization</p><p>Manual Setup: When Bluetooth is turned off follow these instructions to set the Date: 1.Press S2 to display the date (the icon will appear on the bottom of the dial) 2. Hold S4 to enter the date setting mode 3. Press S4 to select either year, month or day 4. Press S3 to adjust the value (Each time you press the value will go up by one) 5. Press S2 to confirm your changes</p><p>Other:</p><ul style="list-style-type: none">During the process, press S3 to confirm the current value and return to the previous menuDuring setting, if S2 is not pressed for more than 10 seconds to confirm the change or S4 is not pressed to switch values, then the operation will automatically be aban-doned and the watch will return to the dial interface</div>	<div><h3>IX. Alarm Setting-</h3><p>App Setting: After paring the watch and phone through the app, you can set 3 sets alarms on the watch. This only works for setting an alarm on the watch.</p><p>Manual setup:</p><ol style="list-style-type: none">Press S2 5 times to enter the alarm mode(the alarm icon should appear on the bottom of the dial)Hold S4 for three seconds to enter the alarm setting modePress S4 to select the hour, minute, On/OffPress S3 to adjust the value (Each time you press the value will go up by one)Press S2 to confirm your alarm<p>Other:</p><ol style="list-style-type: none">Press S3 to switch between alarm On/OffDuring setting, if S2 is not pressed for more than 10 seconds to confirm the change or S4 is not pressed to switch values, then the operation will automatically be aban-doned and the watch will return to the dial interface</div>	<div><h3>X. StopWatch/ Timer-</h3><p>To use the stopwatch function please follow the instructions below:</p><ol style="list-style-type: none">Press S2 6 times to enter the stopwatch modePress S3 to start and pausePress S4 to resetPress S2 to exit the stopwatch function (If you don't, the stopwatch function will continue)<p>Note: The stop watch will continue as long as it is not paused or reset</p><p>Real Time Sports Data- The watch can be used to check real time sports data:</p><ol style="list-style-type: none">Press S2 either 2,3 or 4 times to have the icons show upThe data recorded will be whatever you did that day<p>XI. Incoming Call and Message Reminder-</p><p>Incoming Call Reminder: After the watch and phone are connected through the app; when there is an incoming phone call the “Call” icon will flicker on the bottom of the dial Note: The watch will also start beeping</p><p>Message Reminder: After the watch and phone are connected through the app; When there is a new mes-sage, the “Message” icon will flicker on the bottom of the dial.</p></div>	<div><h3>XII. Remote Camera-</h3><p>Operation:</p><ol style="list-style-type: none">Make sure the Bluetooth connection between the watch and phone is normalClick the “Take Photo” from the menu bar of the appPress S3. The camera icon will flicker on the bottom of the dial. This means that the remote camera function is ready<p>XIII. Luminous Dial-</p><ol style="list-style-type: none">Click S1. After each time you press S1 the watch will be illuminated for 2 seconds.In order to save power, avoid using this function if you don't have to<p>XIV. Low Power Reminder- When the Low power icon appears on the right corner of the dial, please replace a new battery in time or within 15 days, otherwise it may affect the normal use of the watch</p><p>Replace Battery: The watch uses a standard button battery. To replace purchase one and open the cover on the bottom of the watch to replace.</p></div>	<div><h3>XV. App Operation:</h3><p>Basic Instructions:</p><ol style="list-style-type: none">After the initial installation of the app click on the icon in the upper left corner to enter the main menuClick on the icon in the upper right corner to share with your friends<p>Menu Description:</p><ol style="list-style-type: none">Device Management- phone and watch connectionReminder - Users can choose to turn On or Off the reminder of relevant informationOperation manual - App basic operationSettings - where the user sets the amount of movement per dayCircle of Friends<p>Data Upload and Refresh:</p><p>Sports Data Upload: When the app is normally connected to the watch, the sports data will automatically be uploaded to the cloud server.</p><p>Sports Data Refresh: On the App main interface: Swipe down from the top of the screen to refresh the latest data for the watch.</p><p>Attention: Before using the Pedometer function, set/sync the time and date on the watch accurately. Otherwise the statistics may be inaccurate</p></div>
<div><p>Any Issues? Reach Out!</p><p>info@BoltWatches.com www.BoltWatches.com/pages/Support-Center</p></div>	<div><p>Bolt Smartwatch Model: Ray</p></div>			