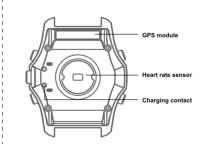


User Manual

Cathode

I. Graphic of front and back of watch





II. Icons



· Ü:

Scan the QR code with your phone to download and install

(a). Bluetooth connection to mobile phone

phone to search for sport" and then connect with the phone.

You will be able to conduct synchronous data if the process

History records (recent 10 days)

Steps target setting

History records (recent 10 times) Teps target setting

Clicking "Connecting the device through the App in the

the APP. You can get the app either on Apple or Android.

III. Install App

is successful.

Daily steps

↑ Walking

₩ NN534 13.8 ♥

▶ 12548 07:52€









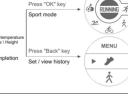




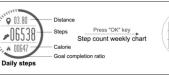




(c). How to see Sports data



After the "Synchronous data" the app will display the related





. Confirm that the wrist band is tight around your wrist Make sure that the Wristband's heart rate lens is pres up against your skin

3. If the temperature is low then the monitoring of the heart

Heart rate 24hours heart rate



. To measure the air temperature, place the wrist band in a 2.Starting the GPS or charging the watch will affect the

2

9

24 hours ambient temperature chart (wrist env

3



Air pressure 24 hours pressure chart



The altitude change mainly refers to the pressure change which is relate to the climate of the environment around you. The climate around you will affect the pressure change so you need contracts around you will alled it in pressure change so you he to calibrate the altitude before using this feature. The relative altitude change can be measured accurately only under the same climactic environment and in a short time.

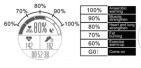


V. Sports Mode

In the clock interface press "OK" to enter and select exercise mode



Start Start exercise mode->select running mode->wait for the satellite connection (if the satellite icon is flickering that means the connection has failed)->Press "OK Tip: To check the data us the "Up" and "Down" keys



Data-Heart rate analysis, real-time understanding of the state of motion, the proportion of referent to the maximum exercise heart rate



To stop press the "Ok" key and then press the "Back" key. After that select Continue/Save data/abandon data

Climbing mode-

t Start exercise mode->select climbing mode->wait for the satellite connection (if the satellite icon is flickering that means the connection has failed)->Press "OK" Tip: To check the data us the "Up" and "Down" keys



Satellite Pheart rate Climbing speed(m/s) Steps A Calorie

To stop press the "Ok" key and then press the "Back" key.

After that select Continue/Save data/abandon data

5

Cycling mode-

0534

Satellite Pheart rate A Calorie

Walking (Without GPS)-

01:52:38



Start Start exercise mode->select Cycling mode->wait for

Tip: To check the data us the "Up" and "Down" keys

After that select Continue/Save data/abandon data

To stop press the "Ok" key and then press the "Back" key.

Start Start exercise mode->select walking mode-->Press

Tip: To check the data us the "Up" and "Down" keys

the satellite connection (if the satellite icon is flickering that means the connection has failed)->Press "OK"

Oistance(km)

6

Any issues? Reach out!

info@BoltWatches.com

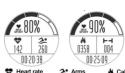
To stop press the "Ok" key and then press the "Back" key. After that select Continue/Save data/abandon data

www.BoltWatches.com/Pages/Support-Center

Swimming (Without GPS)-

Start Start exercise mode->select Swimming mode-->Press

Tip: To check the data us the "Up" and "Down" keys



To stop press the "Ok" key and then press the "Back" key. After that select Continue/Save data/abandon data

Snorkeling (Without GPS)-

Start Start exercise mode->select Snorkeling mode-->Press

Tip: To check the data us the "Up" and "Down" keys





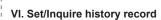
After that select Continue/Save data/abandon data

 Current depth Max depth To stop press the "Ok" key and then press the "Back" key

▶ 出 Ü

Exercise Data Processing

CONTINUE H SAVE ABANDON



(b). Alert and notification Reminders can come in the form of vibrations

Press the back key too clear the reminder

In the clock interface press "Ok" Start Start exercise mode->select Ball mode-->Press "OK" to enter "Set/Inquire Tip: To check the data us the "Up" and "Down" keys History record" interface



Ball (Without GPS)-

To stop press the "Ok" key and then press the "Back" key. After that select Continue/Save data/abandon data

Stopwatch (Without GPS)-Start Start exercise mode->select stopwatch mode-->Press

- To close press "Back

- To record time press "Back" ➤ CONTINUE - To stop/continue press "Ok" - To view data press "Up/Down" OK/End

Climbing

O Cycling

History records (recent 10 times) 2 Swimmin

History records (recent 10 times)
Arms target setting

History records (recent 10 times)
Set target(km)

History records (recent 10 times) Ball

History records (recent 10 times)



Runway length (200m, 300m, 400m etc.)





Sleep monitoring Monitor the sleep data from 9:00PM to 9:00AM of the next day, and generate the sleep data after 9:00AM of the next day.



(special instruction: please ensure that the heart rate sensor is

closely contacted with the skin) Heart rate On/Off A Heart rate alarm (special instruction: alarm will be sent out when the heart

VII. System

▲ Satellite





To enter the satellite interface, please press "Ok" to turn it on/off. The location information will be displayed after the satellite connection

Note: please use the watch in an outdoor environment. If there are dense, high buildings it will effect the satellite connection and positioning.



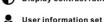




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Product information

VIII. Common problems:

The key sound is noisy-You can turn it off in the menu settings

Too many notification-

4

Turn of "Social contact reminder" in the app How to deal with mist on the wristband-

Use the hair dryer to blow the mist in a different place. Make sure the air isn't to hot to avoid damage. Is the watch waterproof?

It is when swimming and snorkeling at room temperature waters. Do not use it in hot waters or environments

Can not connect with the phone

1. open the phone and check if the bluetooth is on or not 2. Make sure the app is installed

3. Make sure the phone isn't connected with other products

Cannot connect with the satellite:

1. Make sure it is in a static condition 2. Make sure you are in an open place 3. Make sure you are outside and not indoors 4. Confirm that the battery life is sufficient

How long should it take to connect to the satellite? If it is your first time or you haven't connected in two hours

then it should take around 2 minutes. If you are reconnecting it within 30 minutes then the connection should take about 20 seconds

Battery life:

Make sure the charger is plugged all the way in and that the GPS hasn't been on for too long

Heart rate value is wrong: Make sure the wristband is at the correct tightness

Make sure the lens is close to your wrist

Make sure you rant in any cold climate Do not operate the keys in water Various types of sports can be calculated within the "Ball"

Model: Cathode

Bolt Smartwatch