

# Christmas Table Runner

## Measurements:

The finished table runner measures approximately 120cms long by 33cms wide (47 inches x 13 inches).

## Materials Required:

- 40 centimetres of a medium/dark Christmas fabric
- 25 centimetres of a cream fabric for the appliqué block background,
- 1.2 meters backing fabric
- Scraps of red, green, yellow and cream fabric for appliqué
- 15 centimetres of double sided fusible webbing
- Buttons shaped as Christmas gifts, stars and tree decorations.
- 3mm red beads
- 40 centimetres wadding.
- Threads to match your fabric for sewing, appliqué and quilting.

You will also need to have

- General sewing tools such as sharp dressmaking scissors, needles and pins etc and
- Pencil, marking pen,

## Completing the Table Runner:

### A. Preparing the Patchwork

- 1) Wash and iron all material before cutting. Cotton can shrink and if not pre-washed, may distort the final shape of the finished item. Some fabrics, particularly those that are strongly coloured, may not be colourfast. Always test this before construction.
- 2) Cut out the following:
  - Three 9½ inch squares from the cream fabric
  - Two strips of Christmas fabric 3 inches wide. Cut the strips across the full width of the fabric, from selvage to selvage.
  - Three 9½ inch by 3 inch rectangles of Christmas fabric
  - Two triangles with sides measuring 13½ by 10½ by 10½ inches of Christmas fabric.

### B. The Appliqué Blocks

#### Candle Block Template Guide

Candle	B, C, D
Flame	E
Leaves	A1, B1, C1, D1, E1, F1, G1, H1
Large Petals	F, H, I, M, N, P, Q, S, T, V, W, Z
Small Petals	G, J, K, L, O, R, U, X, Y

- 3) Using a pencil, trace one of each of the appliqué templates (cut two each of all the Christmas Tree templates and G, J, and L for the candle) onto the paper side of the fusible webbing. You may want to reverse the patterns if you want the exact layout shown. Cut out roughly outside the lines
- 4) Carefully select the fabrics for each piece of the appliqué blocks considering the effect on the total block.
- 5) Using a hot steam iron, press the roughly cut out shapes onto the wrong side of the fabric scraps.
- 6) Using sharp scissors cut the shapes out carefully on the lines.
- 7) Take each block and the appliqué pieces to your iron and carefully place the fabric, right sides up in final position.
- 8) Ensure that the appliqué is positioned so that each piece overlaps the edges of the piece below it if required. See below for specific block suggestions
- 9) Check that you are happy with the layout and the colour selections and that a seam allowance of at least a  $\frac{1}{4}$  inch is left on all sides.
- 10) Peel the paper off the back of the appliqué pieces and reposition them.
- 11) When completely happy with the layout, gently press the pieces onto the background. It is very difficult to move these pieces once adhered to the fabric.
- 12) Machine or hand embroider around all exposed raw edges of the appliqué. This will prevent the fabric from fraying and also ensure appliqué is attached very securely.

### C. Block layout

#### Christmas Trees:

Place the tree trunk down first.

Work from the largest piece of Christmas Tree to the smallest. Place the largest over the top of the tree trunk, the next smallest on the top of the large one and so on through to the smallest piece.

#### Candle:

Place the candle rectangle in the centre of the block. Put the large oval over the top of the rectangle, matching the edges. Place the small oval in the centre of the large oval.

Place the base of the candle flame in the centre of the small oval. Press these to adhere.

Layout the leaves across the base of the candle.

Position the larger petals in clusters of four, with the points directed outwards. The petals should be placed over spaces in the leaves. Finally, place the small petals in clusters of four so that the points of the petals lay between the large petals.

### D. Constructing the Centre Border

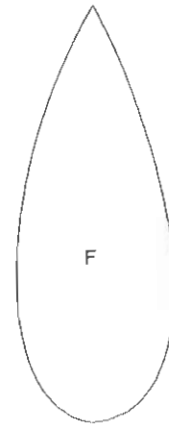
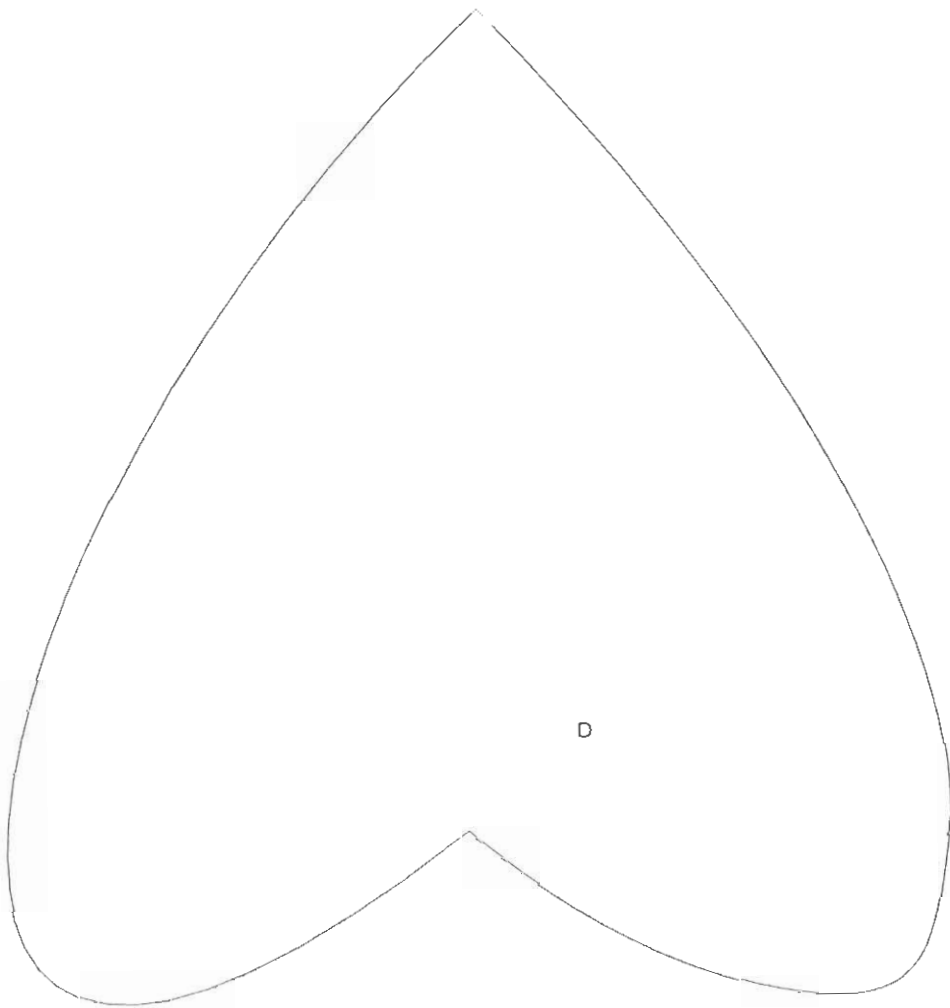
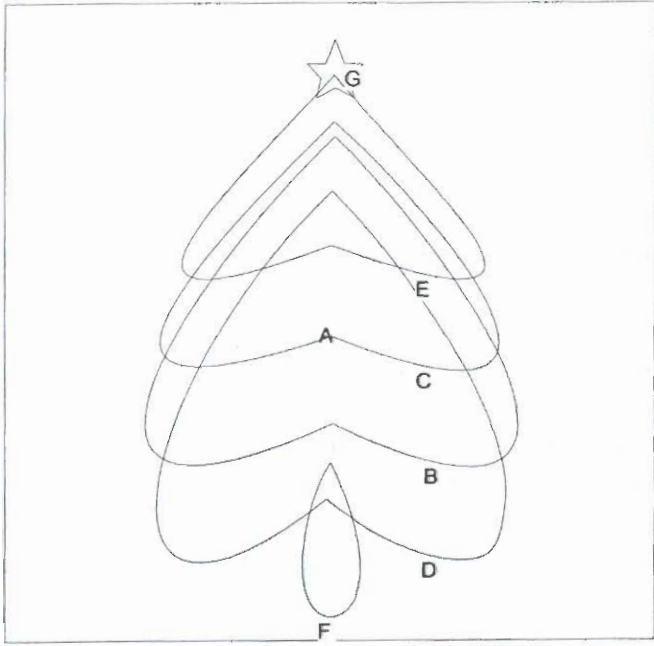
- 13) Lay out the appliqué blocks and the two border strips. Carefully line up edges of each block and check alignment as you stitch. Stitch blocks to the strips.
- 14) Attach the remaining two long strips to the top and the bottom of the appliqué blocks. Trim the strips back to the raw edges of the appliqué blocks.

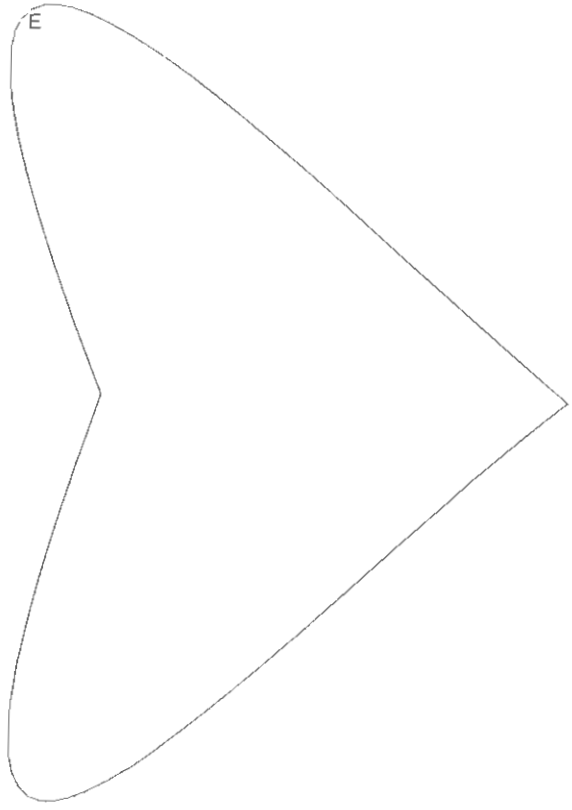
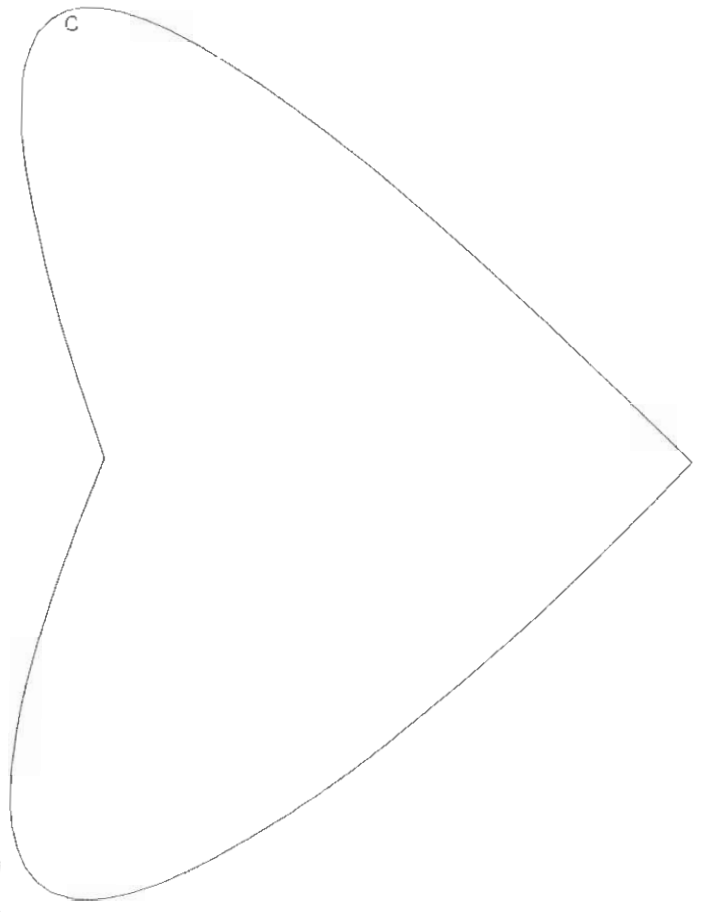
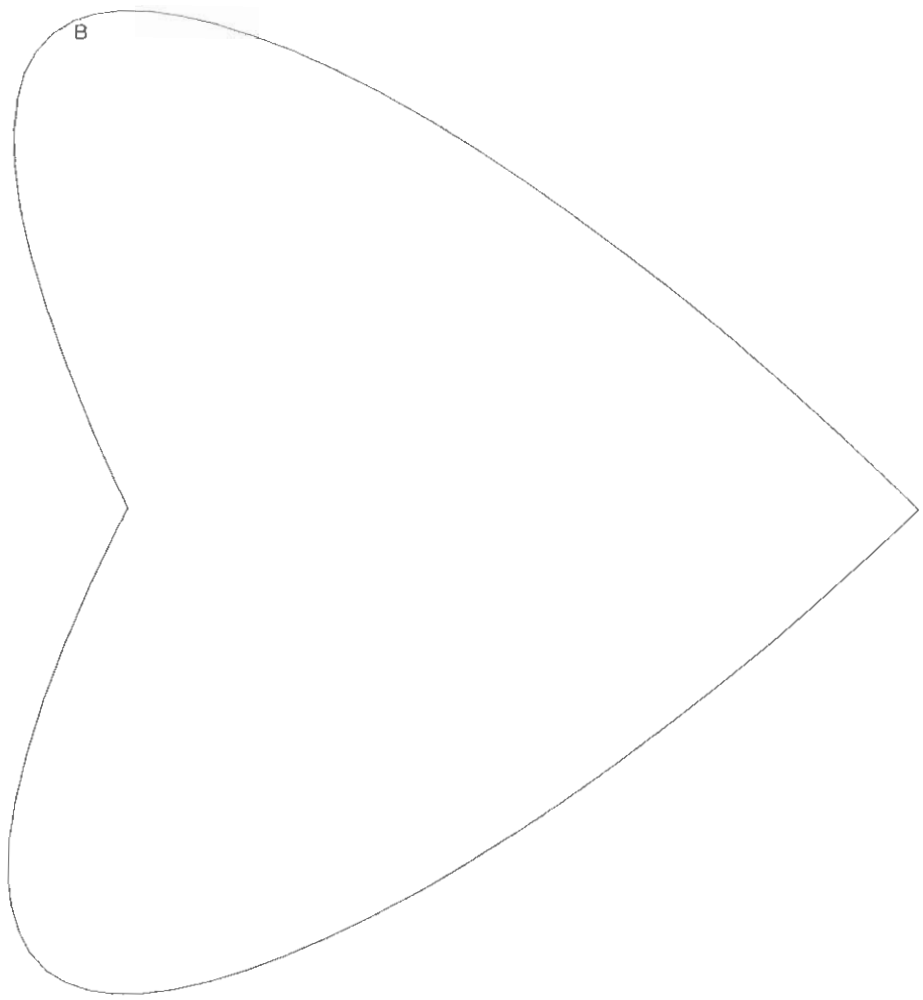
- 15) Attach the long edge of each triangle to the ends of the appliqué blocks. Press seam allowances.

#### E. Backing and Quilting

- 16) Cut the wadding and the backing fabric to match the size and shape of the table runner front.
- 17) Pin or baste the wadding to the back of the table runner front.
- 18) Pin the backing fabric to the front and the wadding, with right sides together.
- 19) Starting at the bottom centre and working around the outside edge of the table runner, stitch the three layers together. Leave a small opening at the bottom.
- 20) Turn the table runner the right way in through the small opening. Press the table runner. Hand stitch the opening closed.
- 21) Hand or Machine quilt through the three layers of fabric keeping the fabric as flat as possible.
- 22) Sew buttons and beads onto the appliquéd blocks through all three layers.

Worktable Block  
Pattern for 9.00x9.00 block  
Key Block (37/100 actual size)





Christmas Candle  
 Pattern for 9.00x9.00 block  
 Key Block (37/100 actual size)

