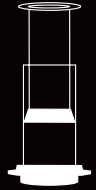


Aeropress Traditional Method



The AeroPress is a device for brewing coffee in which the coffee is steeped in a brewing chamber and then forced through a filter by pressing the plunger through the brewing chamber. There are two ways to make coffee with the AeroPress – the traditional method or the inverted method.

1. Remove the plunger and cap from the chamber.
2. Put filter in the cap and twist it onto the chamber.
3. Stand the chamber on a sturdy mug.
4. Put two AeroPress scoops of fine-drip grind coffee into the chamber. For a stronger or weaker brew simply add more or less coffee.
5. Pour hot water, just off the boil, slowly into the chamber up to the number 2.
6. Mix the water and coffee gently with the stirrer for about 10 seconds.
7. Insert the plunger into the chamber and gently press down on the plunger. It should take 20-30 seconds to completely depress.
8. Dilute the concentrated brew with hot water or milk to your liking.