



The ISR-Pro Dry Salt Aerosol Generator

Salt therapy on demand - anywhere - anytime - any space

User Manual

The ISR-Pro

A truly portable, self contained, go anywhere, salt therapy system.

Compact size, rechargeable battery and single use salt packets give one the freedom to enjoy healthier, clearer lungs, and freer breathing without being limited to salt room locations and hours of operation.

Create your own personal salt room experience, at your convenience whether you are at home, on the road, staying in a hotel, visiting relatives or camping in the great outdoors (where the allergens lurk).

Not intended to diagnose, treat, cure or prevent any medical condition. If you are unsure as to whether dry salt aerosol would be beneficial for you, please consult your physician.

What's In The Box

Machine (3 parts)

Charging cord

Cleaning Brush

Carrying bag

Quick Start Manual

The ISR-Pro is operable with either the power cord, or battery.
Please charge the machine 6 hours prior to first use.

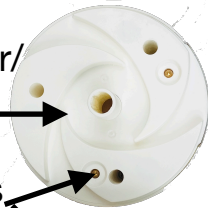


Battery indicator light

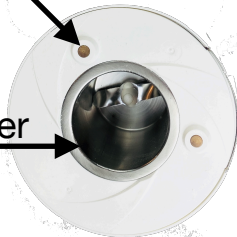
Fan Box



Particle separator/
airflow tube



Connector plates



Grinding Chamber

Instructions - Loading the Machine

If the machine has been transported or left in a cold or damp environment, open the machine and let it warm up to room temperature and humidity before using. Condensation will cause the salt to clump.

The two halves are held together magnetically. The top pops off with gentle pressure. Hold the machine firmly and push up on the grooved middle area with your thumbs. Once the magnetic connection is broken, remove the top and rest upside down on a table while loading the salt.

Dispense the contents of one full packet of ISR prepackaged salt into the grinding chamber.



To replace the top, align the logo over the button panel and it will snap together automatically.

Press the power button to begin the flow of dry salt aerosol.

The machines are shipped preset to run for 5 minutes and stop. This is more than enough time for single, at home sessions in an open space larger than 6 x 6 x 6. If using in a booth, pod, or therapy room such as spa or salt room, please see below for setting choices

Use a fresh packet of salt for each session. Salt remaining in the chamber will accumulate moisture and clog the machine.

Cleaning the Machine

When the session has ended, open the machine and brush the leftover salt into a trash can or sink (do not get the machine wet). Gently brush away any salt grains, and salt dust from the grinding chamber, and under and around the blade of the bottom half.

Brush the salt dust from the air chamber, and clear the tube leading to the grinder.

The fan assembly is completely removable and rinsable. Twist gently to unlock. Rinse all salt dust off of fan blades, inner and outer walls. Let dry completely. **The fan does not need to be cleaned after each use, just when it has accumulated a good bit of salt, or at the end of the day when finished using.**



Make sure to remove all salt dust on the metal connectors. If they are not able to make clear contact between the two halves of the machine, the fan will not operate and a thick salt dust will come out the air intake vents along the side of the machine.

Replace fan assembly when dry and connect top and bottom halves. Store in a dry area at room temperature.



2 year warranty on machine. Void if machine is dropped, if it gets wet or if you use salt other than the ISR prepackaged salt

How to Use

There are four potential settings for use in various situations and conditions.

On the bottom of the machine there is a small depression containing the on/off switch. This will permanently turn the power off. This is useful when traveling so the machine does not come on accidentally if the start button is bumped.

Next to the power switch there are two smaller switches. The machine will be shipped with them in the 1-2 position. (both switches down)

This is the setting most people will use.



Bottom of machine

**Switches for
settings**



On/Off Switch

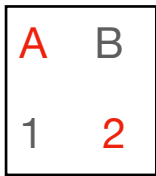
Charging port

A	B
1	2

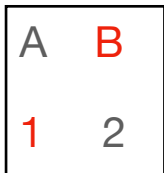
Setting A-B (both switches in the up or on position) allows the machine to grind salt for 5 minutes and the fan continues for a total of 45 minutes. This provides adequate dry salt aerosol for general salt rooms and spas up to 8' x 11' x 9'

A	B
1	2

1-2 (both switches in the down position) is preset into the machine. The grinder and fan run for 5 minutes and stop. This provides more than adequate dry salt aerosol for most individual sessions in an open setting.



A-2 (left switch up, right switch down) position allows the grinder to pulse on for 60 seconds, off 2 minutes, on 30 seconds, off 2 minutes and continue this pattern for 20 minutes. This provides adequate dry salt aerosol in a booth or pod in the size range of 4' x 4' x 6'



B-1 switch positions allows the grinder to pulse on for 30 seconds, off 2 minutes on for 10 seconds and off 2 minutes. This continues for 20 minutes. This provides adequate dry salt aerosol in a booth or pod in the size range of 4' x 4' x 6'

Setting 1-2 (both switches in the down position)

DO NOT USE IN ENCLOSED AREA SMALLER THAN AN 6 X 6

This setting runs non-stop for 5 minutes. It is perfect for using in an open environment as long as you are within 1-2 feet of the machine. It can be held in the lap, set on a desk , or floor while you are working, used in a hotel, anywhere at home, or even in a restaurant. Keep the machine upright as holding it sideways can cause the salt to mound up on one side and may stall the grinder blades.

The aerosol produced is so fine you cannot easily see it. The salt particles reach the deepest part of the lungs and sinuses within a few minutes, and the amount of salt released in a 5 minute session is less than 1/8 teaspoon. Setting 1-2 is best used for prevention. Having a short session before leaving the house in the morning to fortify against pollen, pollutants, bacteria, virus, or to clear the lungs/sinuses after a day out in the particle filled world.

Setting A-B (both switches in the up position)

DO NOT USE IN ENCLOSED AREA SMALLER THAN AN 6 X 6

This setting is for salt rooms, spas, wellness centers wanting to do longer, relaxing sessions. The space is conditioned with adequate salt aerosol in the 5 minute grind, but the fan continues for 45 minutes to keep the air circulating. The machine can be stopped at anytime for shorter sessions.

Setting B-1

To be used in a pod, booth or chamber ideally 4 x 4 x 6, but no larger than 6 x 6 as the concentration becomes reduced.

- Asthma
- Children 6 and under

***ASTHMATICS SHOULD NOT GO UP IN TIME OR SETTING RIGHT AWAY, BUT MAY HAVE MORE THAN ONE SESSION IN A DAY AS LONG AS THEY ARE SPACED SEVERAL HOURS APART. OVER TIME WE HAVE FOUND THAT ASTHMATICS CAN DO HIGHER SETTINGS IF THEY FIND IT NECESSARY, BUT IT SHOULD BE A GRADUAL INCREASE.**

Setting A-2

General all around session for allergies, colds, flu, bronchitis, coughs, eczema, athletes to increase oxygenation and clear the lungs.

Settings **A-2 & B-1** are calibrated to use in an enclosed environment such as a shower stall, pop up pod, salt booth, or chamber, water closet, or small bathroom. They are most effective in spaces ranging from 4 x 4 to 6 x 6

An enclosed environment holds the salt aerosol at a specific concentration, and allows one to have a longer session. This is beneficial if you are sick, or if it is a child that may not sit still next to the machine in an open room. A longer session helps to liquify and remove thick mucus, and continue to receive the salt for further clearing and reducing inflammation.

Each individual will discover the setting, length of time and frequency of use that works for them. Suggested times and concentrations are based on years of European medical research, and the results I have seen with years of working with clients, and their physicians. Always begin slow and low. Move to higher settings and lengths of time as you are comfortable. Consult our website for more detailed information.

Check with your physician if you have any concerns.

If the ISR-Pro is not used for a period of 3-4 months, please plug it in and recharge the battery for 2-3 hours. If the battery sits idle for 5-6 months, it may not be rechargeable.

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