



TIERRA BURRELL EVENT INTRODUCTION

Our special guest today has transformed hundreds of lives across the globe and has spoken at countless events across the country.

A retired professional make-up artist, she began her lifestyle consulting business *Tierra Goes Green* by first healing herself. From lifelong disease and sickness to an overhaul of her mindset, she created a lifestyle she does not need a vacation from.

She specializes in total body wellness and preventative care holistic practices. An avid plant-based eater, she teaches the importance of knowing the direct correlation between food consumption and health. She spent several years administering a 10-day detox program, focused on educating participants about the food industry. Many of the Program Participants have gone on to educate, teach and inspire numerous others as a result.

When she is not speaking or consulting, she is busy creating her handmade, organic products or curled up reading a physical book that promotes cognitive enhancement. As a Brand Ambassador for *Vibe Ride*, she can be found in the exercise studio several times in a day.

And today, she will be sharing her expertise with us. What she is here to teach is really invaluable, life-changing information. So I recommend you do not just listen but take notes, as her message is beneficial for all. Without further adieu, I present to you Ms. Tierra Burrell.