Dr.Rock

BianStone & Graphene Far Infrared Heating Therapy

MagicPad Pro

砭石&石墨烯遠紅外線 溫陽百變墊專業版

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Dr.Rock

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User's manual
使用說明書

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繁體中文 8 ~ 14

Wish you health and peace.
願健康與平安歸給您。

After Service Card
售後服務保障卡

Product Name 產品名稱	
Product Model 產品型號	
Product Serial No. 產品序列號	
Purchasing Date 購買日期	
Customer Name 顧客姓名	
Phone 聯系電話	
E-Mail 郵箱	
Add. 聯系地址	
Distrbutor Name 經銷商名稱	
Phone 聯系電話	
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Dr.Rock 合格證 品檢員NO.01

BianStone & Graphene Far Infrared Heating Therapy MagicPad

Product Introduction

This **MagicPad Pro** adopts a new heat injection technology, natural red needle stone combined with graphene heating cloth to generate heat, human body safe USB-C PD 65W low voltage input, waterproof, fireproof and electric shock-proof. Apply cutting-edge technology PEMF and terahertz, double the energy, give you different warm physical therapy care, and bring you instant relief and relaxationin just 15 minutes. It can be used as a seat cushion or foet cushion, and as a hot compress for shoulders, stomach, and waist; it is a good friend whether you are at home or in the office.

Product material and function

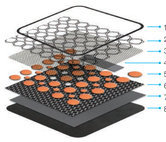
Natural Red BianStone: Bianstone surgery, one of the six medical techniques of Chinese medicine, mentioned in many places in the "Huangdi Neijing", it is called a stone that can cure diseases, using Bianstone as a treatment tool Representative: Chinese medicine Bian Que. After testing by modern instruments, it contains more than 40 kinds of trace elements and minerals that are beneficial to the human body, as well as more than 20 kinds of anti-aging elements such as calcium, magnesium, zinc, chromium, strontium, and selenium that are necessary for the human body.

Graphene: Nobel Prize in Physics, a revolutionary material for biomedicine in the 21st century. Graphene far-infrared rays have the functions of improving blood circulation, improving joint pain, boosting spirit, skin care and beauty.

PEMF: World Class Energy Technology. The cells of the human body need energy to achieve optimal functional status. Pulsed magnetic fields are a soothing and energetic method that can help the human body replenish energy, activate the vitality of the body, and dredge the meridians.

Terahertz: It can produce a wave heat effect, increase cell vitality, adjust nerves and the body, promote body metabolism, improve the human body's magnetic field, open up the meridians in the human body, enhance the human body's mental vitality, and promote the function of sweat glands, thereby accelerating the excretion of waste in the body , beneficial to health.

Product Structure

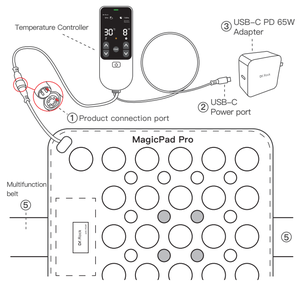


1: Nylon edging
2: Heat-gathering layer
3: High-density mesh cloth
4: PEMF (Pulsed Magnetic Field)
5: Natural red BianStone / terahertz
6: Graphene heating film
7: Bamboo charcoal fiber cotton layer
8: 3D shockproof net

Ten characteristics

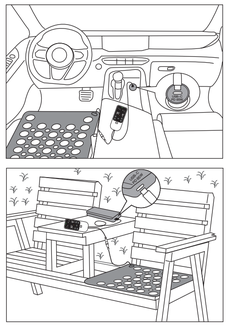
Natural premium BianStone | Graphene heating Not by wire | Far infrared wavelength 6~15 microns | THz Terahertz rough stone | PEMF PEMF
Multifunctional belt | Anti-burning Anti-leakage | USB-C USB-C PD 65W input | Sustained temperature 20~60℃ | Negative ions

Product usage diagram

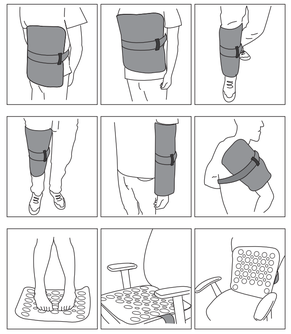


Product connection diagram:

① Connect the thermostat six-pin connector (female seat) with the MagicPad Pro six-pin connector (male seat) according to the limit slot and the arrow;
② Plug the other end of the thermostat USB-C into the power adapter or car charger, and then power on to use;
③ Note: The power adapter (included with the product) and the car charger and power bank (please purchase by yourself) must support PD fast charging and the output power of the USB-C single port is ≥65W. If you need to buy, please choose a certified power adapter or car charger, power bank;
④ **Please refer to the figure below for vehicle and outdoor use scenarios:**



④ Multifunctional belt



Controller use and troubleshooting

1. After the power is turned on, long press the " ⏻ " key to turn on or off. The default temperature "30℃" is set to "8" hours when it is used for the first time;
2. The "🌡" icon is for temperature adjustment. Press "∧" or "∨" to adjust for temperature rise and fall. Note: After the temperature is set, the displayed temperature will automatically jump to the actual sensing temperature;
3. "⏱" is for timing adjustment, press "∧" or "∨" key for timing adjustment, the unit is H/hour. Note: After the timer is counted down, it will automatically stop working and shut down when the set time is reached;
4. The icon flashes during adjustment, and the icon is always on for 6 seconds after setting to indicate completion. Note: After the temperature is set, the " ♨ " icon flashes to indicate heating, and when the set temperature is reached, the " ♨ " icon disappears to indicate that the heating is stopped;
5. "PEMF" adjustment, the default Night Mode is turned on, press it once for Day Mode, and press it again for off. Note that "PEMF" is turned on for 30 minutes, and it will be turned off automatically after 30 minutes;
6. The thermostat has a memory function. After the last function adjustment, the default last adjustment parameters will be used again;
7. Temperature safe mode:

mode	set up	Automatic heating time
A.Warm therapy 1	20~45℃	Can be set manually for 1~12 hours
B.Warm therapy 2	46~50℃	Heating for 4 hours, automatically return to 39℃
C.Hot therapy	51~60℃	Heating for 4 hours, automatically return to 39℃

8. Thermostat display troubleshooting

Display	Cause of issue	Troubleshooting
E1	1. The thermostat is not connected to the product or the connection is in poorcontact; 2. The temperature sensor probe fails.	1. Check the connection line, whether the connection is normal, and it needs to be re-energized. 2. If the product is still abnormal, please contact after-sales service.
EH	High temperature error or temperature out of protection	Turn off the power, turn on the product again after cooling to confirm, if it shows that the product is abnormal, please contact after-sales

Display	Cause of issue	Troubleshooting
EU	Abnormal voltage	1. Check the power supply, whether it is normal; 2. Recommended output power ≥ 65W certified power adapter or car charger; 3. If there is any abnormality after reinserting the power supply and restarting, please contact the after-sales service.
EC	Current overcurrent	

Physiotherapy mode

- **Daily Warm Compress Therapy:** Set the thermostat to 30~40℃, PEMF setting (use 12Hz day mode during the day, 7.83Hz evening mode at night) for daily use, and recommend heating for 6~10 hours/time.
  It is suitable for people with weak and cold constitution, poor microcirculation of the body, long-term fatigue, rheumatic pain, cold hands and feet, and weakened immunity.
- **Warm Conditioning Therapy:** set the thermostat to 41~49℃, PEMF setting (use 12Hz day mode during the day,7.83Hz night mode at night) for daily body conditioning, and recommend heating for 2~4 hours per time.
  It is suitable for resisting chronic diseases, long-term fatigue, rheumatic pain, dysmenorrhea, cold palace, blood stasis, cold hands and feet, poor body microcirculation, decreased immunity, edema, obesity, sub-healthy people; hemorrhoids, male prostatitis and other symptoms to restore health.
- **Hot Therapy:** Set the thermostat The thermostat is set to 50℃~60℃, PEMF is set to 12Hz daytime mode, used for hyperthermia conditioning when, heating use suggestion: 1 hour / each time.
  It is suitable for sports injuries, backache and bone pain, shoulder and neck pain, and numbness in hands and feet. It can accelerate blood circulation, sweat and detoxify, effectively relieve and improve pain.
- **Natural Therapy:** Turn off the power of the thermostat (at room temperature) in hot weather, or natural care at normal room temperature. Suggested use: Long term.
  It feels cool and comfortable to use in summer; long-term use can make the body absorb the far-infrared rays that are beneficial to the body, which is conducive to maintaining and improving the operation of the body's microcirculation system.

Specifications

*Product name: Dr.Rock BianStone & Graphene Far Infrared Heating Therapy MagicPad Pro
*Model: SP480 *Size: L45 x W48 x H1.5 CM *Weight: 1.49 KG
*BianStones quantity: 39 Pcs (L 27 Pcs + S 12 Pcs) *Terahertz quantity: 4 Pcs
*PEMF (Pulsed Magnetic Field) transmitter: 1 Group
*Physiotherapy mode: Room temperature natural therapy, warm therapy, Hot therapy, PEMF magnetic therapy
*Adapter input voltage: 100~240V~50/60Hz，USB-C PD 20V/3.25A 65W
*MagicPad Pro input power: USB-C PD 20V/3.25A 65W and above
*Current and voltage: human body safety low voltage maximum 20V/3.25A
*PEMF adjustable gear: 7.83Hz, 12Hz *Heating device: Graphene heating film
*Adjustable range of temperature controller: 20~60℃
*The temperature controller can set the timing: 1~12 hours
*Heating temperature: 20~60℃, adjustable by lifting button
*Accessories: 3D shock net, Density mesh cloth, Bamboo charcoal fiber cotton (fireproof)

Suitable for the crowd

1. People with sub-health, low immunity and easy fatigue
2. People with edema, obesity, insomnia, neurasthenia, and poor physical fitness
3. Symptoms such as rheumatism, rheumatoid patients, numbness of hands and feet
4. Cold hands and feet, female physical discomfort, chills, etc.
5. Lumbar and leg pain, shoulder and neck pain, muscle pain and other pain symptoms

Package Contents

- MagicPad Pro x1
- Temperature controller x1
- Product storage bag x1
- Manual book x1
- USB-C PD 65W Adapter x1

Warranty description

Dr.Rock provides quality warranty services for hardware products and accessories in the packaging and defects in materials and workmanship. The warranty period of the MagicPad Pro (including temperature controller) is one year from the date of purchase of the product, and the included storage bag is guaranteed for 6 months. Damages caused by normal wear or aging, accidents, improper use, alterations, etc. are not covered by this warranty. How to obtain after-sales service: Please call the Dr.Rock authorized brand or go to the authorized retailer's purchase place or online customer service for after-sales service, and please provide the relevant purchase credentials (invoice or purchase record).

Product maintenance methods

You can use a wet towel to wipe the contaminated part when it is not powered on, or use a disinfectant wet towel to disinfect it regularly, and then turn it on for heating after drying.

⚠ Precautions

1. Read the manual carefully before use and use it in accordance with the operating instructions.
2. Don't let it be used alone by people who cannot take care of themselves, infants or children who are not sensitive to heat.
3. It is forbidden to use in water and humid environment.
4. Do not dry clean or wash. You can wipe the contaminated part with a wet towel when the power is not turned on, and then turn on the power to heat it after drying.
5. Do not insert sharp objects into this product.
6. Do not place bedding and other items in a small area to cover the heating area when the product is heated to prevent local overheating and causing malfunctions.
7. It is forbidden to place flammable materials such as fireworks and lighters on the surface of the product to prevent fire.
8. Please confirm whether the power supply is cut off before going out.
9. Using the heating function, the temperature can be adjusted according to the tolerance of the skin. In order to prevent skin burns.if you feel unwell, stop using it in time.

砭石&石墨烯遠紅外線溫陽百變墊專業版

產品簡介

這款溫陽百變墊專業版，採用了全新熱能注入技術，天然紅砭石結合石墨烯發熱布發熱，人體安全 USB-C PD 65W 低電壓輸入，防水防火防觸電，應用尖端科技 PEMF（脈衝磁場）及太赫茲，能量加倍，給你不一樣的溫熱理療護理，只需15分鐘就為您帶來瞬間全然舒緩、放鬆無比的感受。可作坐墊或腳墊，以及熱敷肩、社、腰使用；無論居家還是辦公，皆為良朋好友。

產品材料及作用

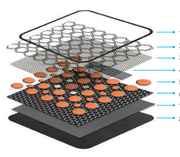
天然紅砭石：砭砭，中醫的六大醫術之一，《黃帝內經》中多處提及，稱之為能治病的石頭，使用砭石為治療器具代表人：中醫扁鵲。經過現代儀器檢測，含有40多種有益於人體的微量元素和礦物質，以及人體所必需的鈣、鎂、鋅、鎘、鉻、硒等20多種抗衰老元素。

石墨烯：諾貝爾物理學獎，21世紀生物醫學革命性材料。石墨烯遠紅外線有改善血液循環、改善關節疼痛、提振精神、護膚美容等作用。

PEMF（脈衝磁場）：世界級能量科技，人體的細胞需要能量來達到最佳功能狀態，脈衝磁場是一種紓緩並富有能量的方法，可以幫助人體補充能量、激活機體活力，疏通經絡。

太赫茲：可以產生波熱效應，能夠增加細胞活力，調整神經以及機體，促進身體的新陳代謝，改善人體組織，打通人體內的經絡，增強人體精神活力，還可促進汗腺功能，從而可以加速內廢物排泄，有利於身體健康。

產品結構圖

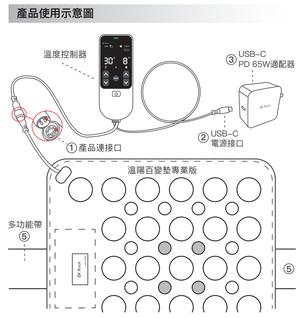


1：尼龍包邊
2：聚能緩發熱層
3：高密度網眼布
4：PEMF（脈衝磁場）
5：天然紅砭石/太赫茲原石
6：石墨烯發熱膜
7：竹炭纖維棉層
8：3D防震網

十大特點

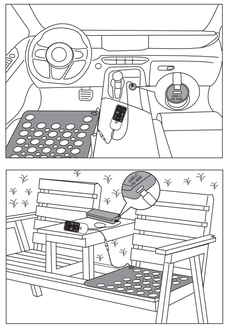
天然優質砭石 | 石墨烯發熱膜 | 遠紅外線波長6~15微米 | THz 太赫茲 | PEMF 脈衝磁場
多功能帶 | 防起火-防觸電 | USB-C PD 65W 輸入 | 恆溫20～60℃ | 負離子

產品使用示意圖

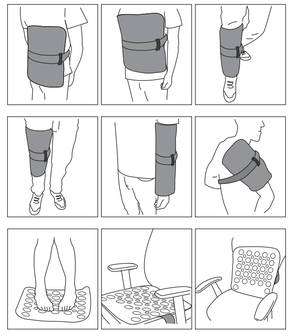


產品連結示意圖：

① 將溫控器六針接頭（母座）與百變墊專業版六針接頭（公座），按限位槽及箭頭指示對接；
② 將溫控器另一端USB-C插入電源適配器或是車載充電器，然後通電即可使用；
③ 注意：電源適配器（隨產品附帶）另外車載充電器和充電寶（請自行購買）必須支持PD快充且USB-C單口輸出功率≥65W。
如需購買，請選擇有認證的電源適配器或車載充電器、充電寶；
④ **車載與戶外使用場景請參考下圖：**



⑤多功能帶



溫控器使用方法及故障排除

1、電源接通後，長按 ⏻ 鍵為開機或關機。首次使用開機默認顯示設定溫度「30℃」和時間設定為「8」小時；
2、🌡 圖標為溫度調節，輕按 ∧ 鍵或 ∨ 鍵為溫度的高低上、下調節。
注意：溫度調節後，顯示測量溫度會自行跳至實際感應溫度；
3、⏱ 圖標為定時調節，輕按 ∧ 鍵或 ∨ 鍵為定時時長調整，單位為H/小時。
注意：定時後時間顯示為倒計時，到達設定時長後會自動停止工作並關機；
4、調節溫度或時間按鍵時圖標閃爍，設定後6秒圖標常亮表示完成。注意：溫度設定後，♨ 圖標閃爍為加熱工作中，到達預設溫度後，♨ 圖標消失為停止加熱工作；
5、PEMF 調節，開機默認夜晚睡眠模式，輕按一下為白天模式，再次輕按為關閉。
注意，PEMF 開啟運行時間為30分鐘，30分鐘後會自動關閉；
6、溫控器有記憶功能，再上次溫度及時間調整後，再次使用默認上次調整參數；
7、溫度安全模式如圖：

溫度模式	溫度設置	自動加熱時間
A.溫敷1	20~45℃	可手動定時運行1~12小時
B.溫敷2	46~50℃	最多加熱4小時，自動回到39℃
C.熱 療	51~60℃	最多加熱4小時，自動回到39℃

8、溫控器顯示故障排除

溫控器顯示	故障原因	故障排除
E1	1、溫控器與產品未連接或連結接觸不良； 2、溫度感應探頭失效。	1、檢查溫控器與產品之間的連接線，插頭是否連結正常，需重新通電。 2、如無誤仍顯示產品異常，請聯繫售後。
EH	高溫報錯或溫度超出保護值	關閉電源，待產品冷卻後再次開機確認，如仍顯示為產品異常，請聯繫售後

Display	Cause of issue	Troubleshooting
EU	Abnormal voltage	1、檢查電源，是否正常； 2、建議使用輸出功率≥65W的認證的電源適配器或車載充電器； 3、重新插入供電重啟後任有異常，請聯繫售後。
EC	Current overcurrent	

理療模式

- **日常溫敷療法**：溫控器設置至30～40℃，PEMF設置（白天使用12Hz日間模式，夜晚使用7.83Hz晚間模式），日常用，加熱使用建議6～10小時/每次。
  適用於虛寒體質、身體微循環差、長期疲勞、風濕疼痛、手腳冰冷、免疫力下降者。
- **溫熱調理療法**：溫控器設置至41～49℃，PEMF設置（白天使用12Hz日間模式，夜晚使用7.83Hz晚間模式），日常調理身體用，加熱使用建議2～4小時/每次。
  適用於抵抗頑疾、長期疲勞、風濕疼痛、痛經、宮寒、血瘀、手腳冰冷、身體微循環差、免疫力下降者，水腫肥胖、亞健康人群、待孕、男性前列腺炎等症狀快復健康。
- **熱療**：溫控器設置至50℃～60℃，PEMF設置12Hz日間模式。需要時熱療調理用，加熱使用建議：1小時/每次。
  適用於運動損傷、腰酸骨痛、肩頸痛、手腳麻痛。可以加速血液循環、排汗排毒，有效舒緩及改善痛症。
- **室溫自然療法**：溫控器電源加熱開關關閉（室溫）熱天，或平時室內溫度天然護理。
  使用建議：長期。
  夏季使用時感覺到涼爽舒適；長期使用可以使身體吸收砭石發出有益於身體的遠紅外線，有利於保持和改善身體微循環系統正常運作。

參數規格

產品名稱：Dr.Rock（絡醫生）砭石&石墨烯遠紅外線 溫陽百變墊專業版
產品型號：SP480
產品尺寸：L45 x W48 x H1.5 CM / 產品重量：1.49 KG
砭石顆粒：39片（大27片+小12片） / 太赫茲顆粒：4片
PEMF（脈衝磁場）發射器：1組
理療模式：室溫自然療法、溫敷、熱療、PEMF磁療
適配器輸入/輸出：100~240V~50/60Hz，USB-C PD 20V/3.25A 65W
輸入功率：USB-C PD 20V / 3.25A 65W及以上
電流電壓：人體安全低電壓最大20V/3.25A
PEMF可調檔位：7.83Hz ~12Hz
加熱裝置：石墨烯發熱膜 / 溫度控制器可調節範圍：20～60℃
溫度控制器可設置定時：1~12小時
發熱溫度：20～60℃ 升降按鍵調節
輔料：高密度網眼布、3D防震網、竹炭纖維棉層（防火）

溫控器顯示	故障原因	故障排除
EU	電壓不正常	1、檢查電源，是否正常； 2、建議使用輸出功率≥65W的認證的電源適配器或車載充電器； 3、重新插入供電重啟後任有異常，請聯繫售後。
EC	電流過流	

適用人群

1. 亞健康、免疫力低下、易疲勞人群
2. 水腫肥胖、失眠、神經衰弱、體質較差人群
3. 風濕、類風濕患者、手腳麻痹等症狀
4. 手腳冰冷、女性生理不適、畏寒怕冷等
5. 腰腿酸痛、肩頸痛、肌肉酸痛等痛症

包裝內容

- 百變墊專業版 x1
- 使用說明書 x1
- USB-C PD 65W適配器 x1
- 溫度控制器 x1
- 產品收納包 x1

質保說明

Dr.Rock為包裝中的硬件產品和配件材料及工藝缺陷提供質量保修服務，溫陽百變墊專業版（含溫度控制器）保修期限為自您購買該產品之日起一年，正常的磨損或老化以及意外、不正當使用改造等造成損壞，不在此保修範圍之內。獲取售後服務方式：請致電 Dr.Rock授權品牌商或前往授權零售商購買處或網絡客服售後，同時請提供相關購買憑據。（發票或購買記錄）

產品維護和保養方法

可在不通電情況下，用濕毛巾對污染部分進行擦拭，或者定期用消毒濕巾進行消毒，晾乾後再通電加熱使用。

⚠ 注意事項

1、使用前詳細閱讀說明書，並按照操作說明使用。
2、不要讓生活不能自理、嬰幼兒或對熱不敏感人群單獨使用。
3、禁止在有水和潮濕環境下使用。
4、不得乾洗或洗滌。可在不通電情況下，用濕毛巾對污染部分進行擦拭，晾乾後再通電加熱使用。
5、勿將尖銳物體插入本產品。
6、請勿在本產品加熱時將被褥等物品放置在加熱區域小面積覆蓋，防止局部過熱導致故障。
7、產品表面禁止放置煙花爆竹、打火機等易燃物品，防止引發火災。
8、使用結束、外出前，請確認電源是否切斷。
9、使用加熱功能，溫度可根據皮膚耐受程度進行調節。為防止皮膚燙傷，請根據自己身體體質，合理調節溫度級數，如有不適及時停止使用。