

Z-SMART

Massage Gun

HEALTH PLUS



8 Adjustable Heads | Quiet Massage | Heart Rate Sensor | 9 Levels of Speed

SPECIFICATIONS FOR MESSAGE GUN:

1. **Material:** Aluminum Alloy + PP + ABS
2. **Message Head Material:** PP + EVA
3. **Motor Head Diameter:** 55mm
4. **Amplitude:** 16mm
5. **Levels:** 9 adjustable speeds
6. **Speed Range:** 1680-3500 rpm
7. **Decibel:** <50 dB
8. **Accessories:** Charger, 8 heads, travel case, manual
9. **Rated Voltage:** 24V
10. **Rated Power:** 20W-30W
11. **Charging Time:** 3-4 hours
12. **Working Time:** 6-8 hours
13. **Power Adapter Input Voltage:** 100-240V
14. **Product Size:** 25.8 x 17.2 x 7cm
15. **Product Net Weight:** 1.1 KG
16. **Package Size:** 13 x 10 x 5in
17. **Battery Capacity:** 5200 mAh rechargeable
18. **Battery Type:** Removable high-energy lithium
19. **Output Frequency:** 50/60Hz
20. **Charger Rated Output:** DC 25.2V/0.6A



INSTRUCTIONS FOR MESSAGE HEAD

THE TOTAL NUMBER OF MESSAGE HEADS IS 8. (RANDOM DELIVERY)

NECK

Designed to hit a muscle from multiple angles



GLUTES

Designed for larger and stronger muscles



SHOULDER

Designed to simulate a scraping massage



HAMSTRING

Designed as an all-around massage head



SPINE

Designed for the spine and tight tendons



CALVES

Designed for joints, tight muscles and the foot



LOWER BACK

Designed to hit a muscle from multiple angles



ADDUCTORS

Designed to work tight, hard to reach knots precisely



DETAIL DESCRIPTION



Note : Automatic shutdown after 10 minutes of use to prevent from injuries or accidents

USAGE INSTRUCTIONS

PLEASE READ PRIOR TO USE

CHARGING

Before first use, please charge the battery for 6 hours, whether connected or unloaded from the equipment. To charge, connect the DC end of the 25.2-volt adapter provided to the charging port of the battery and insert the AC side cable into the wall socket.

The LED indicator on the battery turns red to indicate that the product is low power and needs to be charged. After connecting the power supply, the LED light on the device flashes, indicating that it is charging. When all LED lights stop flashing and remain green, the indicator is fully charged.

Batteries can be charged at any time. However, it is not recommended that the battery be completely depleted to the red LED level.

The average running time is more than 2 hours, depending on the speed level and pressure during use.



Full charging or using
"When charging, the
green led light will twinkle"



Low Power

OPERATING

Align and attach battery into base of unit ensure it is securely locked in place.

Switch the device on or off by moving the power switch at the bottom of the battery to the "start" or "close" position

When the power switch is in the on position, the device can be switched to the first level by pressing the power button once, and the device can be switched to the second level by pressing the power button twice, and so on. There are twenty gears in total. View the display screen of massage gun to know the current gear level.

With unit off, fully insert applicator by pressing in. Remove by pulling it out.

Massage desired body part at the desired speed applying pressure as needed.

To remove the battery, lightly press the battery release button with thumb. Firmly pull downwards on the battery / handle with the other hand.

MAINTENANCE, CLEANING & STORAGE

Use a slightly damp towel to clean the device and dry with a soft cloth.

For storage or travel, remove battery and store in supplied carton box.

DISCLAIMER

WARNINGS&CAUTION

Do not immerse in water. Keep away from liquids or heat sources. Keep ventilation ports free from dust and debris.

Do not remove screws or attempt to disassemble.

Do not operate continuously for more than one hour. Allow device to rest for 30 minutes before re-using.

Unplug the charger from device battery after charging or prior to use.

For adult use only. Do not use if injured. Consult your doctor before using this product.

SAFETY INSTRUCTIONS

DANGER: TO REDUCE RISKS OF ELECTRIC SHOCK, FIRE AND PERSONAL INJURY. THIS PRODUCT MUST BE USED IN ACCORDANCE WITH THE FOLLOWING INSTRUCTIONS:

For adult use only.

Use only on a dry clean surface of the body over clothing by lightly pressing and moving across the body for approximately 60 seconds per region.

Use the massage gun only on the body's soft tissue as desired without producing pain or discomfort. Do not use on head or any hard or bony area of the body.

Use only the applicators that provide the best desired effect.

Bruising can occur regardless of the control setting or pressure applied. Check treated areas frequently and immediately stop at first sign of pain or discomfort.

Keep fingers, hair or any other body part away from the shaft and backside of the applicator as pinching may occur.

Do not place any objects into the ventilation holes of the Massage Gun.

Do not immerse in water or allow water to enter the ventilation holes of the Massage Gun.

Do not drop or misuse the Massage gun.

Only recharge with supplied 25.2VDC Massage Gun charger.

Carefully examine device and battery before each use.

Do not tamper or alter Massage Gun in any way.

Never leave the Massage Gun operating or charging unattended.

DISCLAIMER

PLEASE DO NOT USE THE MESSAGE GUN OR ANY VIBRATION DEVICE WITHOUT FIRST OBTAINING APPROVAL FROM YOUR DOCTOR IF ANY OF THE FOLLOWING APPLY:

Pregnancy, diabetes with complications such as neuropathy or retinal damage, wear of pace-makers, recent surgery, epilepsy or migraines, herniated disks, spondylolisthesis, spondylolysis, or spondylosis, recent joint replacements or LUD'S, metal pins or plates or any concerns about your physical health, Frail individuals and children should be accompanied by an adult when using any vibration device. These contra indications do not mean that you are not able to use a vibration or exercise device but we advise you to consult a doctor first.

Ongoing research is being done to the effects of vibration exercise for specific medical disorders. This will likely result in the shortening of the list of contra indications as shown above. Practical experience has shown that integration of vibration exercise into a treatment plan is advisory in a number of cases. This must be done on the advice of and in accompaniment with a doctor, specialize or physiotherapist.

WARRANTY

IF WITHIN ONE YEAR FROM THE DATE OF PURCHASE THIS PRODUCT FAILS DUE TO A DEFECT IN MATERIAL OR WORKMANSHIP. WE WILL REPAIR OR REPLACE THE PRODUCT, OR NECESSARY COMPONENTS, FREE OF CHARGE.

THIS WARRANTY EXCLUDES:

- (a) damage caused by accident, abuse, mishandling or transport.
- (b) Units subjected to unauthorized repair.
- (c) Units not used in accordance with instructions.
- (d) Damage exceeding the cost of the product
- (e) Deterioration of the delivered product resulting from abnormal storage and/or safeguarding conditions on the client's premises
- (f) Failure to provide the dated proof of purchase.

Some states and countries do not allow a limitation of damages, so the foregoing limitation may not apply to you. This warranty service is available through the operating policies and international distributors.