

 **ZARIFA USA**



Z-SMART
Massage Chair

USER MANUAL

THANK YOU!

Our Loyal Customer

Our goal is to provide a graceful living experience through drug-free pain relief. Our products are made with the customer in mind. During trying times of an opioid epidemic, we aim to provide the highest quality products using modern methods of traditional practices that achieve beneficial results.

Meeting our customers and hearing their stories is what continually drives us each day. Without customer feedback we would not have the knowledge to continue to innovate our products and perform the research our customers need the most. Thanks to all our customers providing us with their feedback, each of our medical products have been designed with you in mind. We pay the utmost care and attention to detail in order to continue delivering nothing short of the best medical devices possible. We could not be more excited for you to join us as continue our journey towards stopping cycles of chronic pain in your life.



YAMA MUSTAFAWI / CEO

Massage Chair

Contents

Massage Chair

Thank you for purchasing our product. Please read the safety and operating procedures in this User Manual before using the massager. Keep this booklet in a safe place for future reference.

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Important Safety Warnings

- Do not put hands or fingers near the massage mechanism or rollers while this product is running. Touching the mechanism can result in injury from the rollers squeezing together.
- Ensure that the unit is properly grounded before operating.
- Do not leave the product unattended. Unplug from outlet when not in use. Do not use attachments not recommended by the manufacturer.
- Use the product only as intended and use as described in this operation manual.
- The recommended usage time is 20 min. Do not use excessively.
- Do not use if chair cover material or leather is broken or damaged.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not massage any area of the body that is swollen, inflamed, or where skin broken.
- Do not use this product while sleeping.
- Do not stand on or inside of this appliance. Use only while seated.



Environment Usage

- Do not clean any parts with a wet cloth. Keep moisture away from electric parts.
- Do not use if the power cord is damaged.
- Do not use the product if it becomes damaged or makes irregular noise.
- Do not let children play with the device.
- If the cord is damaged contact the manufacturer for recommended replacement.

Massage Chair

Safety warnings

People Not Suitable To Use The Chair

- People with circulatory problems (such as varicose veins or thrombosis), children, and those advised not to use a massage chair by their doctor should not use this chair.
- If you have any of the following health conditions, please consult your doctor for medical advice before using this chair: serious heart problems, serious diabetes, advanced osteoporosis, serious skin conditions, malignant tumor(s), sensory impairment, pregnancy (or suspected pregnancy) or those who have just given birth, acute gastrointestinal complaints (gastritis, hepatitis, enteritis), joint dysfunction such as rheumatism, hammer toe, gout, thecitis (or suspected thecitis), high fever, spinal abnormalities due to past injury or ailment, the curvature of the spine (scoliosis acute neck sprain (whiplash), or any other medical condition that may contraindicate usage of this product.
- Seek medical advice before using this chair if you have a pacemaker or other electronic medical device, if you have been restricted to bed rest, if you are planning to use this chair to treat a specific ailment, to recover from surgery, or for therapy.
- Elderly people and those with weak bones should seek medical advice before using this chair even if they do not have a specific disease or disorder mentioned above.
- Do not use this chair if you have recently consumed alcohol.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

Trouble Shooting

- If the controller is not working normally check the cable and plug socket. Ensure the plug is properly plugged in and secure. Check to ensure that the cable is undamaged.
- This product is equipped with a thermal protection device. This is an added safety feature to protect your product from overheating with usage over the rated operation time. To cool turn the product off and let it rest for at least 30 min.

Massage Chair

Safety and maintenance

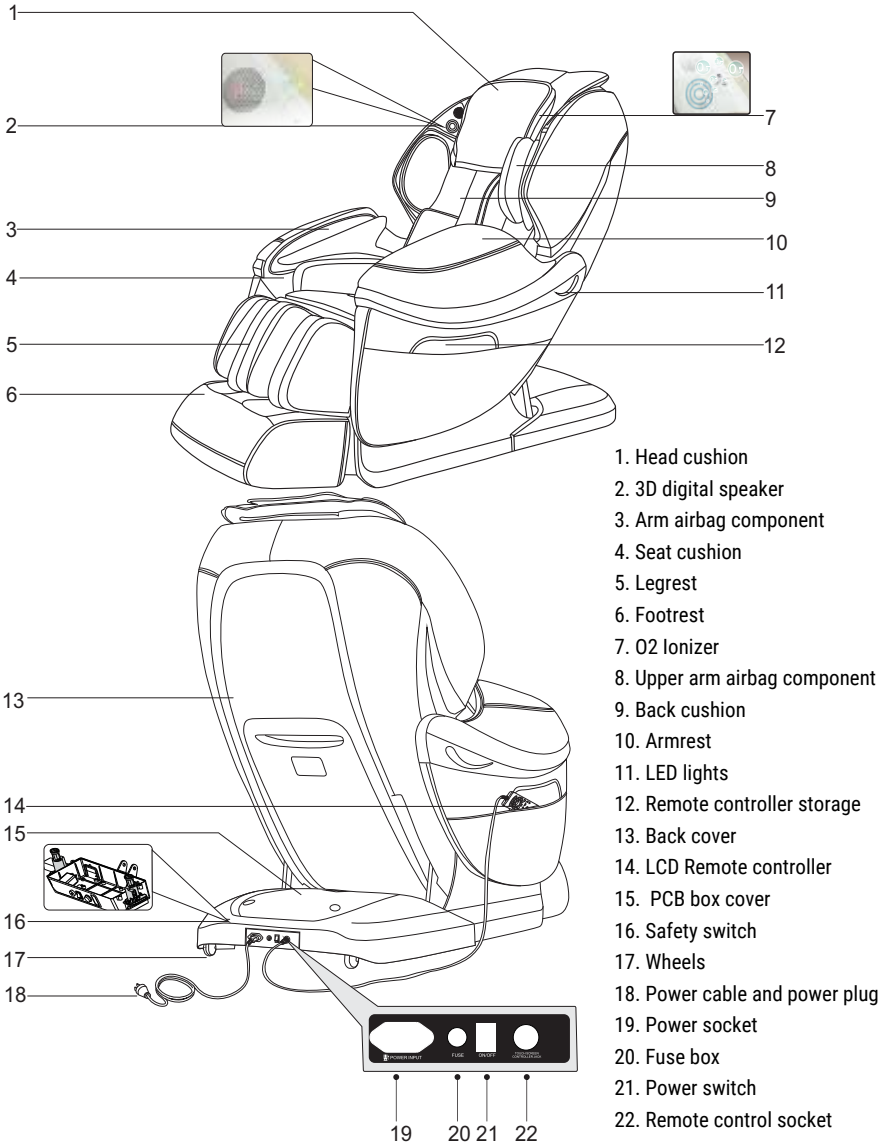
Maintenance

- This product is designed and built to be maintenance-free. No periodic lubrication is required.
- No user-serviceable parts inside. To be repaired by manufacture certified technician only.
- If the product is not in use for a long time, store it appropriately. It's recommended to cover the chair, tuck the power cord away, and store it in an environment that is dust and moisture-free.
- Do not store near heat or open flame.
- Do not leave exposed to sunlight. This may cause damage or fading to the chair.
- Do not store in extreme temperatures. Excessive heat or cold may cause damage to components.
- Clean with a dry cloth and/or vacuum with soft brush extension regularly. If the product becomes dirty, use a water-based upholstery cleaner only. Treat stains with spot cleaner with upholstery shampoo or mild detergent foam.
- Do not roll on uneven or rough surfaces.

Massage Chair

Parts and functions

Name And Function Of Components



Massage Chair

Parts and functions

Functions

- Intelligent, quiet, 3D massage hands that hands combine for a professional massage experience.
- Automatic Shoulder detection that can manually be adjusted.
- Intelligent massage modes: fast, comfort, ache relief, fatigue recovery, full air, stress relief, music sync, and waist stretch.
- 2 programable memory modes.
- Configurable manual massage for the upper body with 6 different modes shoulder grasping, kneading, tapping, shiatsu, kneading and tapping, and 3D. Each technique has five adjustable speed levels and the tapping and shiatsu techniques have five adjustable massage ball positions.
- Air pressure arm massage: Upper arm shoulder massage with 4 airbags, Arm sleeve massage with 8 airbags, and 3 levels of air pressure intensity adjustment.
- Lower body air pressure massage functionality: Waist pressure massage with 4 airbags, leg and hip pressure massage with 36 airbags, foot air pressure with 16 airbags, and three levels of air pressure intensity adjustment.
- Z-Smart carbon fiber back and legrest heat with 3 adjustable levels.
- Space-saving design that slides the chair forward when reclining.
- Designed with combo "S" and "L" shape track for full body massage from head to toe.
- 3D Best-In-Class Bluetooth Speakers with fast pairing functionality.
- Waist Twisting functionality: stretches and moves the waist using the left and right waist airbags. Zero-G experience, the legs extend 135 ° and the spine stretches along 118° to create the feeling of weightlessness.
- Adjustable leg base with auto-detection of leg length. When adjusted the footrest will automatically detect the length of the leg to target the most comfortable massage area.
Built-in LED accent lighting.
- O2 ionizer built into the right armrest.
- Adjustable upper arm: each shoulder and upper arm airbag is independently adjustable. To adjust the width, pull inward until you hear a click and release. Continue to pull inward past the 2 settings and release to open back up.
- 8 natural energy magnets in legrest.
- Automatic power off and shutdown sequence.

Standard Functions

1. Negative oxygen ion functionality (button on left upper arm).

- Fresh Ionized air is gently released from the massage chair ionizer vents to provide a fresh and odor free massage.

2. Magnetic therapy function

- 8 built in natural energy magnets in legrest.

3. 3D digital audio

- Built in speakers on each side of the upper armrest, with Bluetooth capability.

4. LED accent lighting

- Red LED lighting on each armrest.



Negative oxygen ion functionality



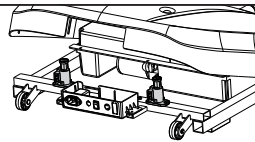
Magnetic therapy function



3D digital audio



LED accent lighting



Safety switch in the power source box. As a safety precaution if weight is exceeded on the box cover the backrest recline function will be stopped.

Massage Chair

LCD remote controller

LCD Remote Controller

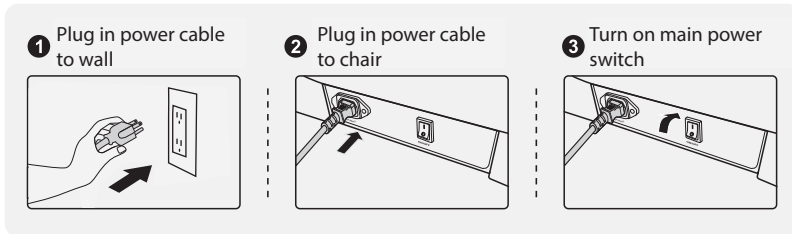


Note: remote pictured may differ from actual unit

Operating Instructions

1. Plug in and power on

- Plug in the power cable
- Turn on the main power switch

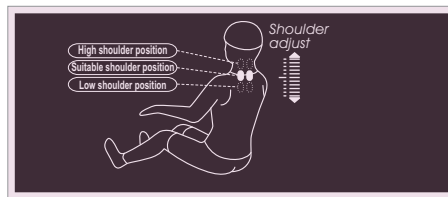


2. Massage function and controls

Start a massage

- Press the "power" button, the backrest will recline, and the footrest will rise slightly.
- Choose an automatic function mode to start the massage. The massage chair will automatically shut down if no mode is selected within 20 minutes. After adjusting the angle, the chair will perform a scan for optimal shoulder positioning.
- Once the shoulder position is detected the buzzer tone will sound. At this point, if you would like to adjust the shoulder positioning you can adjust up and down to find the perfect position. The remote has 11 built-in levels.
- If no adjustment is made on the shoulder position the chair will automatically begin massage after 10 seconds.

Buttons	Description	On Display
 Shoulder position adjustment (Upper button)	Adjust up to move the massage rollers upward to correct position	
 Shoulder position adjustment (Lower button)	Adjust down to move the massage rollers downward to correct position	



- After entering the massage modes, the shoulder position can be adjusted using the shoulder adjustment buttons.

Massage Chair

Operating instructions

- **Memory message:** during the shoulder position detection, you can use M1 or M2 memory buttons to start a massage. No need to wait until the detection is finished and it will recall the stored massage settings instantly.



























• Automatic massage modes

Buttons	Description	On Display
	Express massage mode for a quick massage.	<i>F0 Auto</i>
	A full body massage comfort massage.	<i>F1 Auto</i>
	Deep tissue massage programmed to provide relief from fatigue and stress.	<i>F2 Auto</i>
	Back and waist massage targeting, that loosens stiff muscles and targets the ligaments.	<i>F3 Auto</i>
	Targeting full body massager to recovery and relief whole body.	<i>F5 Auto</i>
	Focused on the waist to loosen stiff muscles and relive sore ligaments.	<i>F6 Auto</i>
	Legrest and backrest recline coordinate with air bag massagers to stretch the neck and lower back.	<i>F7Auto</i>
	Relaxing full body massage mode.	<i>F8 Auto</i>

• Manual massage modes












Upper body manual operation

Buttons	Description	On Display
 SHOULDER GRASP	Shoulder grasp: rotating to grasp and massage shoulders, with adjustable speed and intensity.	
 KNEAD	Kneading: adjustable speed and intensity	
 TAP	Tapping: 2 modes of tapping with adjustable speed, width, and intensity	
 KNEAD&TAP	Kneading and tapping: adjustable speed and intensity	
 SHIATSU	Shiatsu: 2 modes of tapping with adjustable speed, width, and intensity	
 3D	3D: 4 modes with adjustable speed and intensity	
 SPEED	Speed: 5 levels of adjustment	
 WIDTH	Width: 5 levels of adjustment	
 BACK STRETCH	Fixed point position massage	
	Small area narrow targeting partial point massage	
	Overall massage of full upper body	
	Upper back massage	
	Lower back massage	
 LOWER ADJUST	Press “up” and “down” in fixed and partial point modes to adjust the massage area	Moves message hand downward
 UPPER ADJUST		Moves message hand downward









Massage Chair

Operating instructions


• Air massage functions

Buttons	Description	On Display
 LOWER BODY	Lower body air compression function (3 modes: lower body, back and waist, and legs)	Feet  Back  Buttocks 
 INTENSITY	3 levels of intensity adjustment for lower body, back and waist, and leg air compression	Feet  Back  Buttocks 
 ARTHROSIS TRACTION	Adjusts lower body air compression or footrest air compression modes, switch on/off legrest stretch function	
 ARM AIR PRESSURE	Arm air compression on/off and 3 levels of intensity adjustment	Arm 



• Other functions

Buttons	Description	On Display
 Upper body intensity (weaken)	Back massage intensity decrease	 Upper
 Upper body intensity (strengthen)	Back massage intensity increase	 Upper
 SOLE ROLLER	Foot roller switch on/off and speed adjustment, 3 levels of intensity adjustment	S 
 HEATER	Carbon fiber heating therapy, allow 3 minutes to reach temperature	






• Massage time adjustment

Buttons	Description	On Display
 TIME	The default time is set at 20 minutes. Each time you press the button it will be adjusted in increments of 5 min. Once the maximum of 40 min is reached it will return to the minimum amount of 5 minutes. (the cycle will be repeated)	20 Min

• Negative oxygen ion generator – buttons located in the upper arm

Buttons	Description	On Display
Negative oxygen ion function	Negative oxygen ion function on/off	
Speed	2 speed settings available	

• Backrest and legrest angle adjustments

Buttons	Description
	Zero gravity button: When the button is pressed chair enters zero gravity mode. There are three different zero gravity modes to pick between.
	Footrest rise button: Press and hold this button to slowly adjust the frame up, release to stop rising.
	Lower leg lowering button: Press and hold this button to slowly adjust the frame down, release to stop lowering.
	Backrest up button: Press and hold this button to slowly raise the backrest, release to stop rising.
	Backrest down button: Press and hold this button to slowly lower the backrest, release to stop lowering.

• Bluetooth

After the Bluetooth-enabled audio source device (such as mobile phone, tablet, etc.) is paired with the massage chair Bluetooth module, the music on the audio source will be wirelessly transmitted to the massage chair audio system for music playback via Bluetooth.

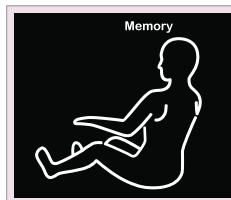
3. Stop massage and power off

- To power off the unit during a massage, press the power button. You can also set the memory function at this time. After a massage mode completes you can also set a memory function.

A: Memory store function: after auto shut off or the end of a massage sequence the remote will flash "memory". This is a reminder you can store the massage mode and settings with one of the two memory buttons "M1" or "M2".

B: Or press the power button again within 10 seconds, the massage hands will return to their original position and the backrest and legrest will return to the original position.

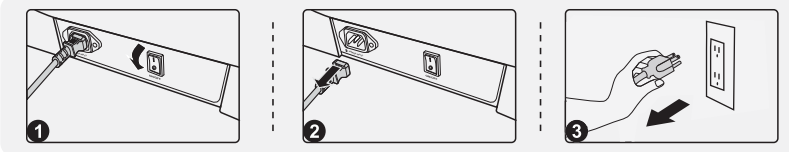
C: Or if more than 10 seconds pass, the massage hands return to their original position but the backrest and legrest won't return to the original position.



Massage Chair

Operating instructions

- Turn off the power switch and unplug the machine between uses.



- 1 Power off the main power switch
- 2 Unplug the power cord from the unit
- 3 Unplug from the wall

4. Installing armrest

1. Locate the corresponding armrest wiring harness in the center frame section and prepare for connection. (figure 1)
2. Match up and connect the wiring to each corresponding plug (follow the markings on each cable). (figure 2).

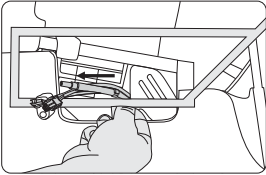


Figure 1

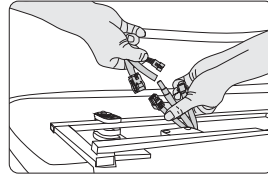


Figure 2

3. Connect each plug and the air pipe securely. Once connected tuck excess wire into the center frame. (figure 3)
4. Ensure that the air pipe has adequate room and is not being cut off or pinched. (figure 4)

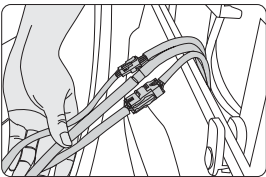


Figure 3

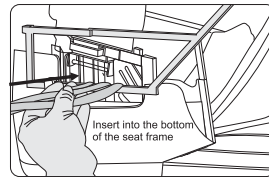


Figure 4

5. Hold the handrail with both hands, connect the front end of the armrest into the steel frame, and secure it in place. (figure 5)

6. Connect the LED lighting wire at the rear end of the armrest and tuck in the excess wire. Then align the connectors on the rear of the armrest and connect them firmly in place. (note that connectors must be properly spaced for accurate fit) (figure 6)

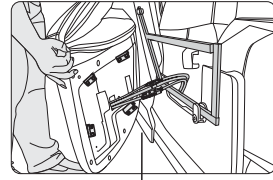
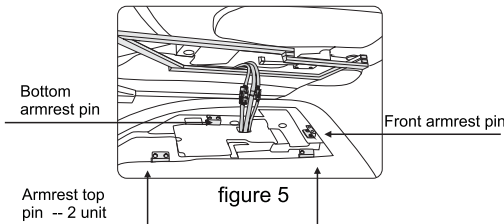


figure 6

Note: pay close attention to the wiring to prevent damage.

7. Secure the rear end of the armrest in place with a M6*20 screw. (figure 7)

8. Then secure the upper arm holster and install M5*16 screw. (figure 8)

9. Align the mounting hardware on the steel frame at the front end of the fixed armrest and secure it with two M5*16 screws. (figure 9)

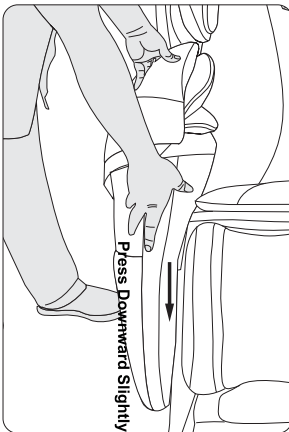


figure 7

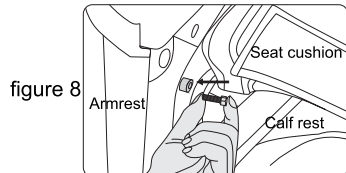


Figure: hex head screw fixed in front part of armrest

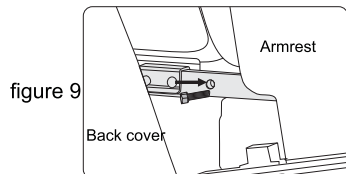


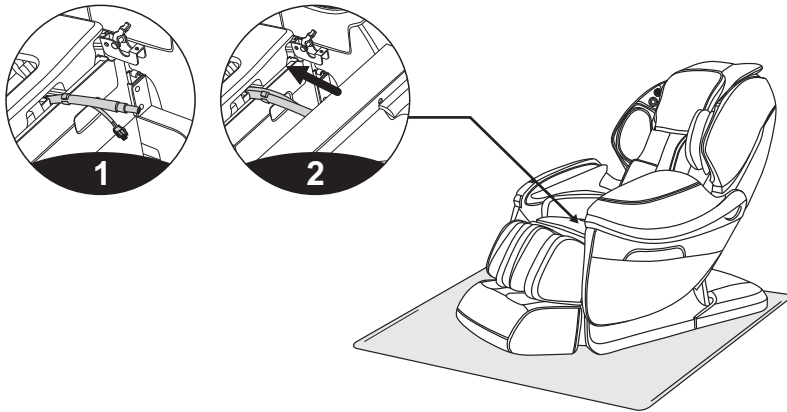
figure: hex head screw fixed in back part of armrest

Massage Chair

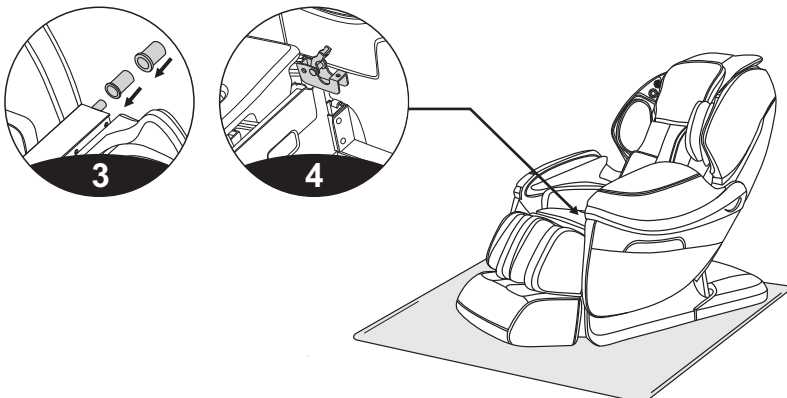
Operating instructions

5. Installing footrest

1. Remove the tie securing the wiring connection and air pipe connection to the metal for shipping. (figure 1)
2. Connect the wiring connector and the air pipe and the leg joint in the lower portion of the frame. Ensure the docking is in place. Then insert the docking cable and the air piper from the lower end of the frame into the lower side of the frame paying attention to the plug. Avoid cutting off the airway when inserting this. (figure 2)



3. Insert the rotating inner sleeve and the rotating outer sleeve into the left side of the footrest and the right side of the lower leg (note: the large step must face inward). (figure 3)
4. Open the footrest support hinge cover on the left and right mounts of the massage chair. (figure 4)

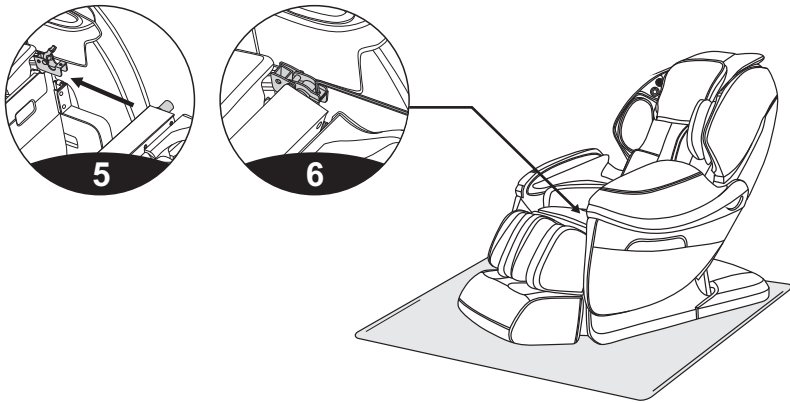


Massage Chair

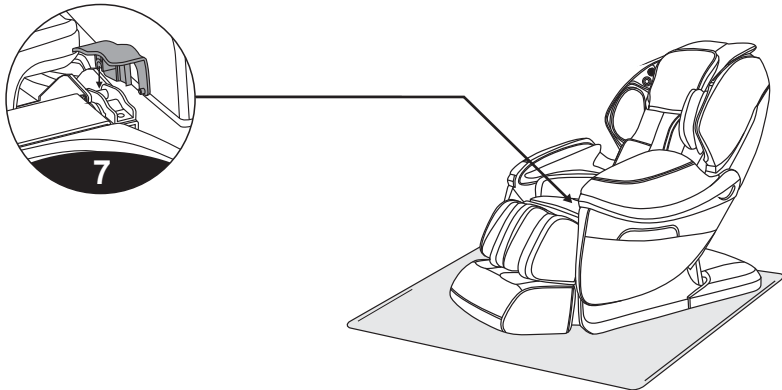
Operating instructions

5. Hang the lower leg (left and right shaft) into the frame support hinge plat at the same time. (figure 5)

6. Cover the rotating shaft cover, press footrest rotating cover, and then tighten footrest rotating cover board with two M5x14-12.9 screws and a 6x12x1.5 flat pad with the supplied hex wrench. (figure 6)



7. After the screw is installed, install the provided footrest cover. (figure 7)



Massage Chair

Operating instructions

8. Backrest and pillow adjustments

- The Head pillow has a three-part (three-layer) fold-down design. Choose the number of layers for the right fit for you.
- For a gentler massage separate the hook and loop fasteners on the headrest to reveal the back pad.
- The additional head pillow/backrest portion may also be removed or adjust by adjusting the hook and loop fastener.

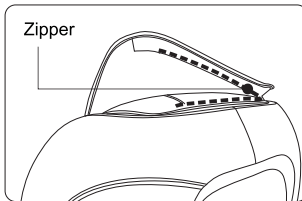


Figure 1

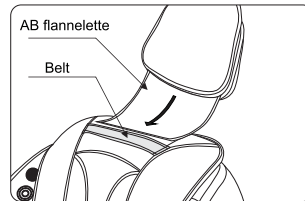


Figure 2

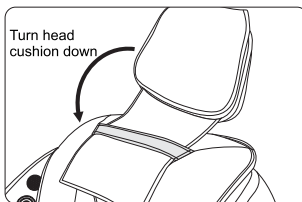
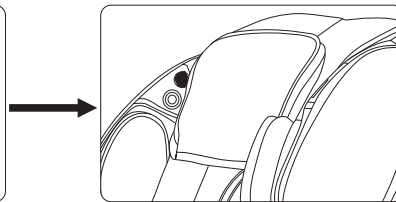
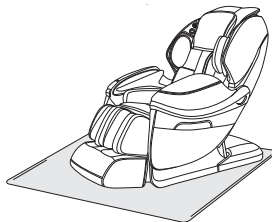


Figure 3



9. Floor protection

- Place on carpet or floor protector to avoid damage to surfaces. The massage chair can do damage to sensitive surfaces, such as wood flooring.



Caution: Do not move the chair by the wheels on wood flooring, rough ground, or narrow spaces. Two people are required to lift the massage chair. Remove footrest and armrests.

Massage Chair

Operating instructions

10. Moving the chair

- Before moving detach or secure the power cable. Tilt the chair by the backrest backward until well balanced at the center of gravity on the wheels. Push the chair forward or backward to the desired location then set the chair down slowly and carefully.



Note: Turn off the power and unplug and detach the power cable before moving.



www.zarifausa.com



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