



Z-DREAM Massage Chair

USER MANUAL



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84123

THANK YOU!

Our Loyal Customer

Our goal is to provide a graceful living experience through drug-free pain relief. Our products are made with the customer in mind. During trying times of an opioid epidemic, we aim to provide the highest quality products using modern methods of traditional practices that achieve beneficial results.

Meeting our customers and hearing their stories are what continually drive us each day. Without customer feedback we would not have the knowledge to be able to continue to innovate our products and perform the research our customers need the most. Thanks to all our customer providing us with their feedback, each of our medical products have been designed with you in mind. We pay the utmost care and attention to detail in order to continue delivering nothing short of the best medical devices possible. We could not be more excited for you to join and continue our journey with us towards stopping cycles of chronic pain in your life.



YAMA MUSTAFAWI / CEO

Massage Chair

Thank you for purchasing our Product. Please read the Safety and Operating Procedures in this User Manual before using the massager. Keep this booklet in a safe place for future reference.

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Important Safety Warnings

- Do not put hands or fingers near the massage mechanism or rollers while this product is running. Touching the mechanism can result in injury from the rollers squeezing together.
- Ensure that the unit is properly grounded before operating.
- Do not leave the product unattended. Unplug from outlet when not in use. Do not use attachments not recommended by the manufacturer.
- Use the product only as intended use as described in this operation manual.
- The recommended usage time is 20 min. Do not use excessively.
- Do not use if chair cover material or leather is broken or damaged.
- Do not operate under a blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- Do not massage any area of the body that is swollen, inflamed, or covered with skin eruptions.
- Do not use this product while sleeping.
- Do not stand on or inside of this appliance. Use only while seated.



Environment Usage

- Do not use if air openings are blocked or obstructed. Inspect regularly to ensure air openings are free from debris such as lint, hair, or foreign objects.
- Never drop or insert anything into the openings of the chair.
- Do not use this product when standing on a damp floor, or when any part of the body is in contact with plumbing or any similar ground.
- Do not use this product outdoors.

Environment Usage

- Do not use in moist or in high-temperature areas such as a bathroom.
- Do not use it in a heavily dusty or caustic environment.
- Use in a well-ventilated environment.

People Not Suitable To Use The Chair

- People with circulatory problems (such as varicose veins or thrombosis), children, and those advised not to use a massage chair by their doctor should not use this chair.
- If you have any of the following health conditions, please consult your doctor for medical advice before using this chair: serious heart problems, serious diabetes, serious osteoporosis, serious skin conditions, malignant tumor(s), sensory impairment, pregnancy (or suspected pregnancy) or those who have just given birth, acute gastrointestinal complaints (gastritis, hepatitis, enteritis), joint dysfunction such as rheumatism, hammer toe, gout, thecitis (or suspected thecitis), high fever, spinal abnormalities due to past injury or ailment, curvature of the spine (scoliosis acute neck sprain (whiplash), or any other medical condition that may contraindicate usage of this product.
- Seek medical advice before using this chair if you have a pacemaker or other electronic medical device if you have been restricted to bed rest, or if you are planning to use this chair to treat a specific ailment, to recover from surgery, or for therapy.
- Elderly people and those with weak bones should seek medical advice before using this chair even if they do not have a specific disease or disorder mentioned above.
- Do not use this chair if you have recently consumed alcohol.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.



Safety

- Do not clean any parts with a wet cloth. Keep moisture away from electric parts.
- Do not use if the power cord is damaged.
- Do not use the product if it becomes damaged or makes irregular noise.
- Do not let children play with the device.
- If the cord is damaged contact the manufacturer for recommended replacement.

Troubleshooting

- If the controller is not working normally check the cable and plug socket. Ensure plug is properly plugged in and secure. Check to ensure that the cable is undamaged.
- This product is equipped with a thermal protection device. This is an added safety feature to protect your product from overheating with usage over the rated operation time. To cool turn the product off and let it rest for at least 30 min.

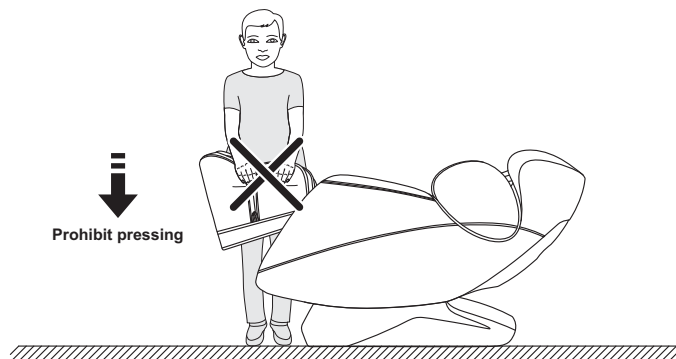
Maintenance

- This product is designed and built to be maintenance-free. No periodic lubrication is required.
- No user-serviceable parts inside. To be repaired by manufacturer certified technician only.
- If the product is not in use for a long period of time, store appropriately. It's recommended to cover the chair, tuck the power cord away, and store in an environment that is dust and moisture free.
- Do not store near heat or open flame.
- Do not leave exposed to sunlight. This may cause damage or fading to the chair.
- Do not store in extreme temperatures. Excessive heat or cold may cause damage to components.
- Clean with a dry cloth and/or vacuum with soft brush extension regularly. If the product becomes dirty, use a water-based upholstery cleaner only. Treat stains with spot cleaner with upholstery shampoo or mild detergent foam.
- Do not roll on uneven or rough surfaces.



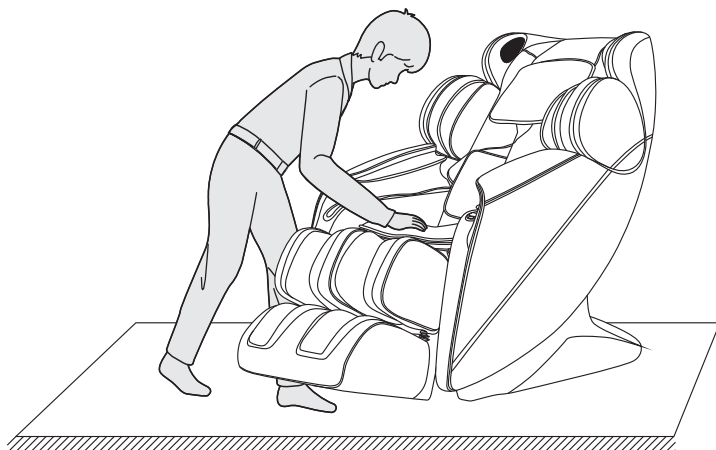
Warning

- Do not push down on the footrest when the footrest is lifting this may result in personal injury or damage to the chair. Do not sit or stand on footrest.



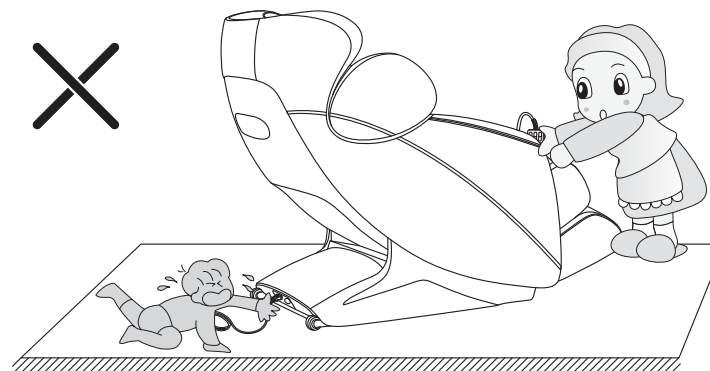
Warning

- Ensure massaging hands are lowered before sitting to avoid discomfort.



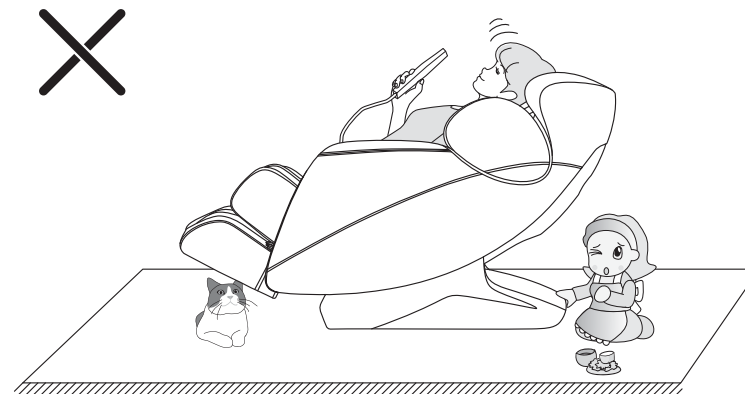
Warning

- Do not pull on the remote control cable or power cord. It is recommended that the power cable is unplugged when the chair is not in use.

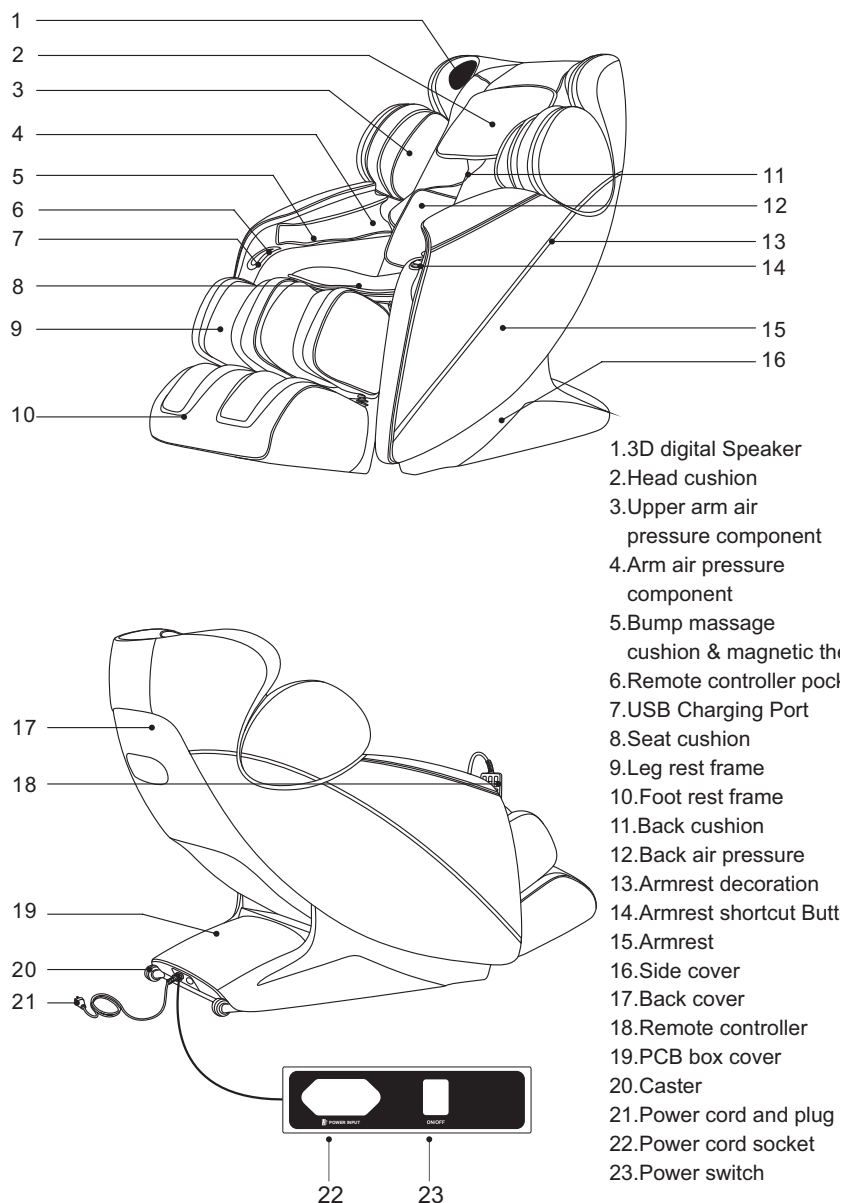


Warning

- Inspect the area before enabling Zero-Gravity Mode to make sure the area is free of children and pets to avoid injury.



Name and function of components



Functions

- Intelligent, 4 wheel driven, and quiet massage hands combine for a professional massage experience.
- Designed to perform the 5 following massage actions: knead, squeeze, flap, press, push, hold, swing, and twist.
- The massager chair has built-in automatic shoulder detection.
- 8 different intelligent massage modes: Fast, Comfort, Relax, Ease ache, Fatigue recover, Spinal care, Pressure relief, Waist stretch.
- Two Programmable Memory Functions.
- Configurable manual massage for the upper body with 5 different modes full, partial, fixed point, upper back, and lower back. There are also 5 massage modes with 5 adjustable speeds shiatsu, kneading, tapping, knocking, kneading and tapping. In tapping and shiatsu modes, the massage hands are adjustable between 5 widths to find the best position.
- Air pressure massage functionality with three modes: full body air pressure, arms, and legs. With 5 levels of adjustable air pressure intensity adjustment.
- Z-Dream Infrared carbon fiber heat with 3 adjustable levels.
- Space saving design that slides the chair forward when reclining.
- Designed with combo "S" and "L" shape track for full body massage from head to toe.
- 3D Best-In-Class Bluetooth Speakers with fast pairing functionality.
- Quick access controller embedded into right armrest for quick and easy access to adjustments.
- Zero-G experience, the legs extend 135 ° and the spine stretches along 118° to create the feeling of weightlessness.
- Adjustable leg base with auto detection of leg length. When adjusted the footrest with automatically detect the length of the leg to target the most comfortable massage area.
- Foot massager with two pairs of rollers. One on the heel and arch, and one that rotates on the toe area.
- Magnetic Therapy Function: Two high-energy magnets in the left and right calves, one high-energy magnet in the head and seat cushion.
- Bumpy massage pads with magnetic therapy in the left and right palm airbags. USB charging port built into the right armrest.
- Colorful LCD remote controller with adjustable brightness.
- Adjustable shoulder massagers: each shoulder and upper arm airbag is independently adjustable. To adjust the width, pull inward until you hear a click and release. Continue to pull inward past the 2 settings and release to open back up.
- Automatic power off and shutdown sequence.

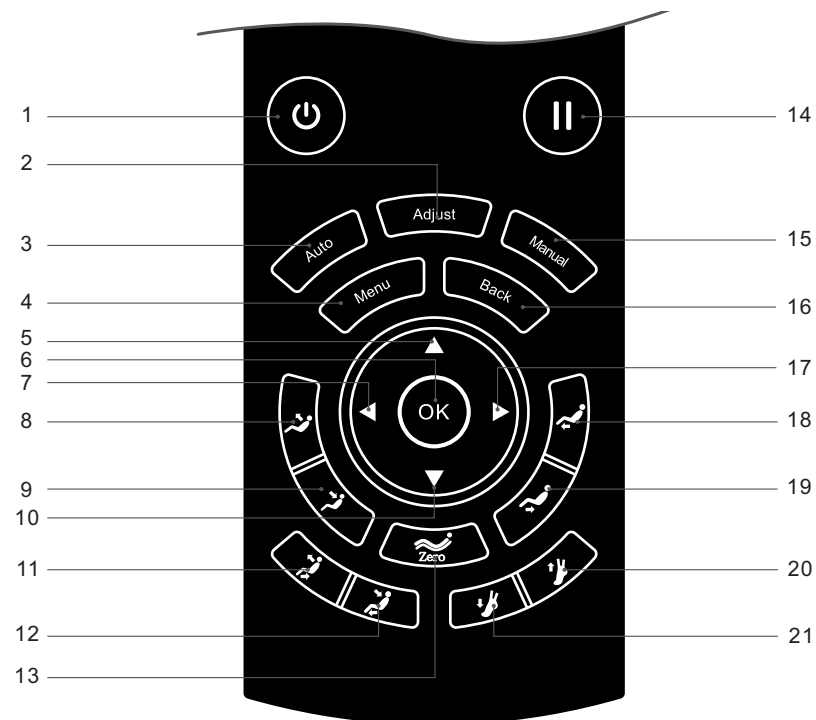
Remote Controller Display



Note: Remote pictured may differ from actual unit.

- | | |
|---|--|
| 1. TFT colorful LCD | 11. Shoulder position adjustable |
| 2. Massage function information display | 12. Bluetooth display |
| 3. Time display | 13. Mode display |
| 4. Zero Gravity Mode display | 14. Massage position display |
| 5. Back stretch display | 15. Back / Footrest heat display |
| 6. Arm air pressure display | 16. Width adjustment |
| 7. Leg & Foot air pressure display | 17. Heating temperature adjustment |
| 8. Sole roller display | 18. Upper body air pressure adjustment |
| 9. Speed adjustment | 19. Lower body air pressure adjustment |
| 10. Adjustment | 20. Information bar |

Button Panel

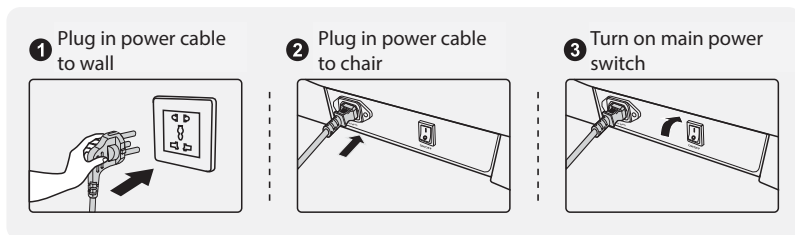


- | | |
|---|---|
| 1. Power: on/off | 12. Lie Down: Lowers backrest down and raises footrest up |
| 2. Adjustment: Enters adjustment mode | 13. Zero: Adjust Zero Gravity function |
| 3. Auto: Enters automatic program selection | 14. Pause: Pause at current function |
| 4. Menu: Enter main menu | 15. Manual: Enter to manual function selection |
| 5. Up: Guide button goes up | 16. Return: Back to function information |
| 6. Ok: Ok button | 17. Right Guide button goes right |
| 7. Left: Guide button goes left | 18. Footrest up: Adjust footrest up |
| 8. Backrest up: Backrest goes up | 19. Footrest down: Adjust footrest rest down |
| 9. Backrest down: Backrest goes down | 20. Footrest shorten: Shortens footrest length |
| 10. Down: Guide button goes down | 21. Footrest extend: Extends footrest length |
| 11. Raise Up: Raises backrest up and lowers footrest down | |

Operating Instructions

1. Turn on the power

- Plug in the power cable
- Switch the power switch to the "on" position



2. Massage function and controls

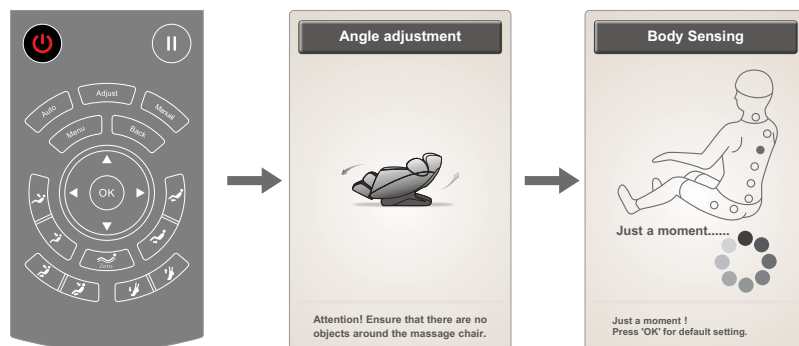
1. Standby

When the massage chair is powered on and off it is in standby mode. The Set function is the only function that can be performed in standby mode.

2. Massage function controll operation

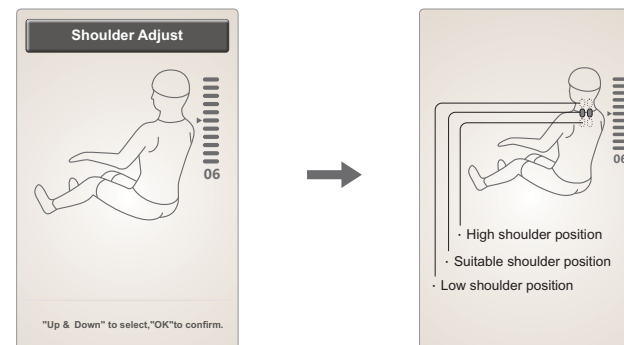
Press "Power" button, start the massage, the backrest and footrest will begin recline and automatically set the angle.

The chair will perform a scan for optimal positioning. You can press "Ok" to skip this and start the default massage program.



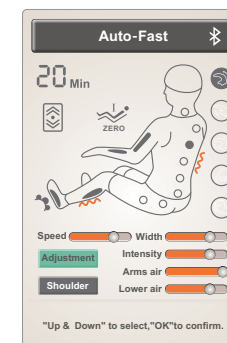
Operating Instructions

- Once the shoulder position is detected the buzzer will sound. . At this point, if you would like to adjust the shoulder positioning you can adjust up and down to find the perfect position. The remote has 11 built-in levels. If no adjustment is made on the shoulder position the chair will automatically begin massage after 10 seconds.



Button	Function
	Adjust up to move the massage balls upward to correct position
	Adjust up to move the massage balls downward to correct position

- From this view select "Adjustment" or "Shoulder" by pressing the guide button up or down and select "Ok" to select.



Operating Instructions

3. Pause

When a massage mode is operating, press "Pause" to temporarily suspend all massage function. Press "Pause" again to resume. If the function remains paused for over 20 min, then all massage function will shut down automatically.



4. Menu

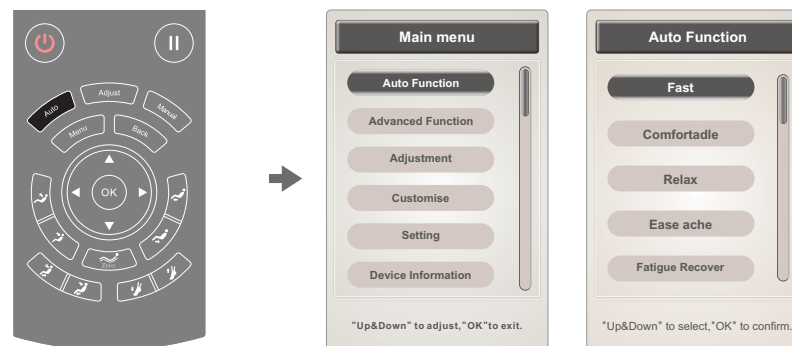
Press "Menu" to navigate to the main menu selections, including automatic mode, manual mode, adjustments, customize, settings, and device information. Press "Up" or "Down" to select a function, then press "Ok" to confirm selection. Press "Return" to go back to the previous screen.



Operating Instructions

5. Automatic function (Auto button – Pressing the "Auto" button will also enable this function.)

Press "Menu" to enter the main menu screen, select auto function icon, there are 8 automatic modes: Fast, Comfort, Relax, Ease ache, Fatigue recover, Spinal care, Pressure relief, Waist stretch. Press "Up" or "Down" to select massage function, press "Ok" to confirm and enter the selected massage function. Press "Back" to go back to the function setting screen.

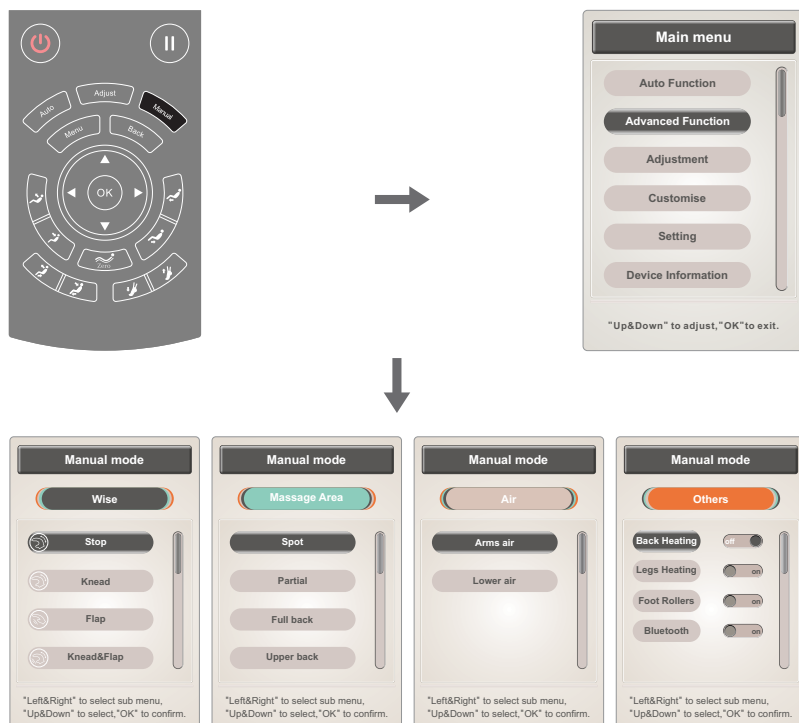


Function	Description
Fast	Express massage mode for a quick massage.
Comfort	A full body massage comfortable pressure massage.
Relax	Kneading and air pressure massage programed to provide relief from fatigue and stress.
Ease ache	Relive your aching muscles and stiffness by stretching the back, relaxing muscles, and relieving fatigue.
Fatigue recover	A deep massage mode to awaken and revitalize.
Spinal care	Spinal massage with shiatsu air pressure to loosen the body and alleviate fatigue.
Pressure relief	Stress relief massage program to help relieve fatigue and refresh.
Wait stretch	The footrest airbags will pull and stretch your legs and feet in conjunction with the backrest to adjust your spine while stretching your muscles and joints.

Note: The selected functions will show in the massage function status bar, press "Back" to check it directly.

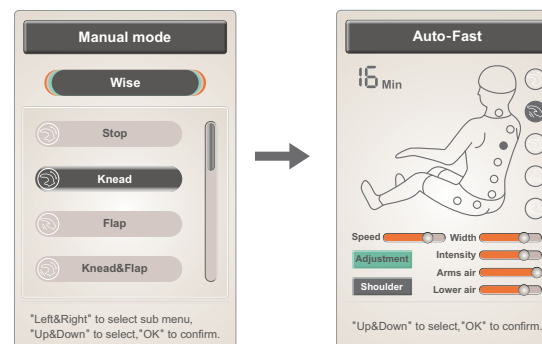
6. Manual (Manual button – Pressing the “Manual” button will also enable this function.)

Press “Menu” to enter main menu screen, select the manual mode icon, including massage mode, massage position, air pressure. Etc.
Press “Left” or “Right” to switch to submenu, then press “Up” or “Down” to select massage function, press “Back” to return to status information screen.



1. Manual mode (manual button-mode)

Manual mode (Mode): Including kneading, flap, kneading & flap, shiatsu, tapping, five different massage modes. When in flap, shiatsu, or tapping, the width of massage ball can be adjusted. Press “Up” or “Down” to select the manual function icon, press “Back” to confirm starting the selected mode.

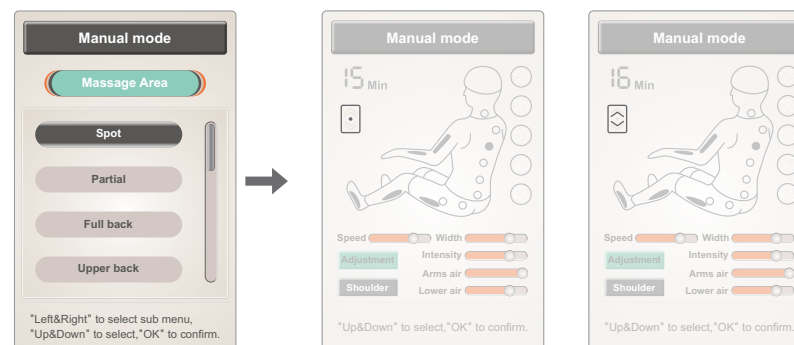


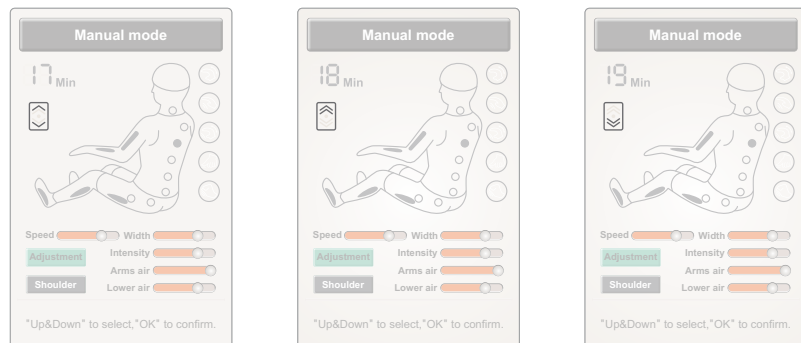
Note: Select the stop icon to stop all the manual modes, select single manual mode icon to start certain massage function alone.

Function		Description
Kneading	Speed	5-level speed adjustable 3-level width adjustable
Flap	Speed, width	
Kneading & Flap	Speed	
Shiatsu	Speed, width	
Tapping	Speed, width	

2. Manual mode (manual button – massage area)

Manual mode (Massage area): Spot, Partial, Full back, Upper back, Lower back.
Press “Up” or “Down” to select massage area button, press “Ok” to confirm.



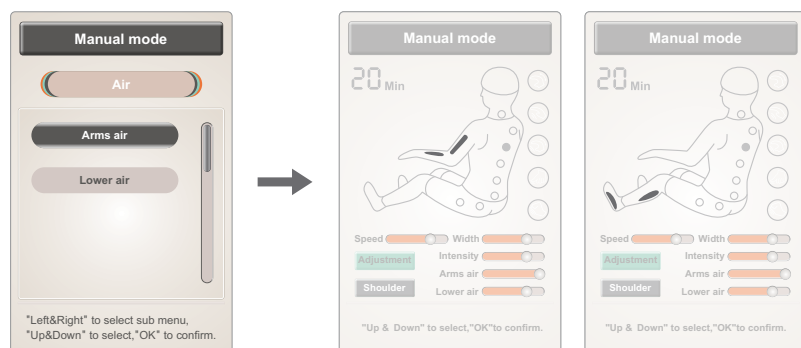


Function	Description
Spot	Fixed point position massage
Partial	Small area narrow targeting massage
Full back	Overall massage of full back
Upper back	Upper back massage
Lower back	Lower back massage

Press "Up" and "Down" in these modes to adjust the massage area

3. Manual mode (manual button – air pressure)

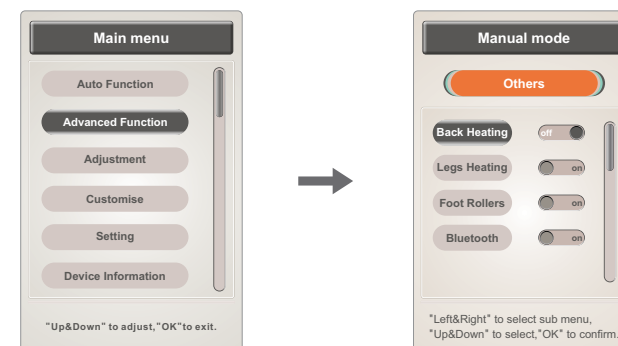
Manual mode (Air pressure): Including upper body, lower body air pressure massage function. Press "Up" or "Down" to choose different air pressure function, press "Ok" to confirm it.



Function	Description
Upper air	Turn on/off upper air
Lower air	Turn on/off lower air

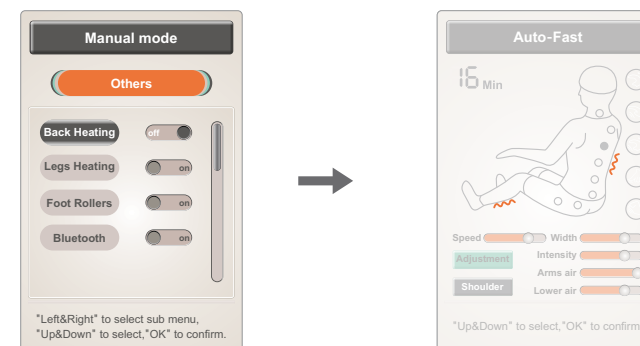
4. Manual mode (manual button – others)

Manual mode / Others: Back heating, footrest heating, foot rolling, Bluetooth. Press "Up" or "Down" to choose massage function, press "Ok" to toggle on/off the selected function.



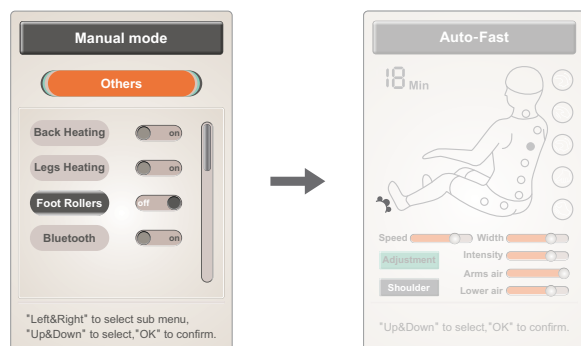
• Manual mode (other – back heating, footrest heating)

- Press "Enter" to turn on/off back heating or footrest heating. Once enabled allow 3 min for it to come up to temperature.
- Press "Up" or "Down" to select other massage functions, press "Back" to return to function selecting screen.



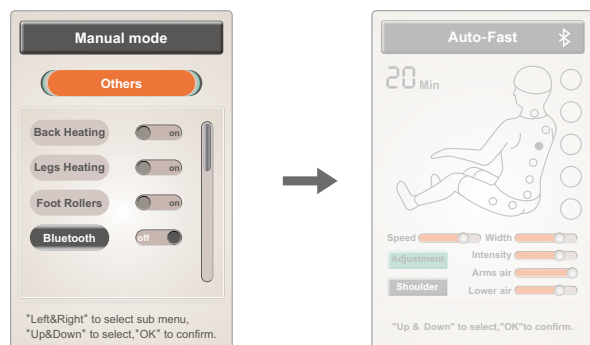
• Manual mode (other - foot rolling)

- Turn the foot roller massage function on or off by pressing the "Ok" button.
- Press "Up" or "Down" to select other massage functions, press "Back" to return to function selecting screen.



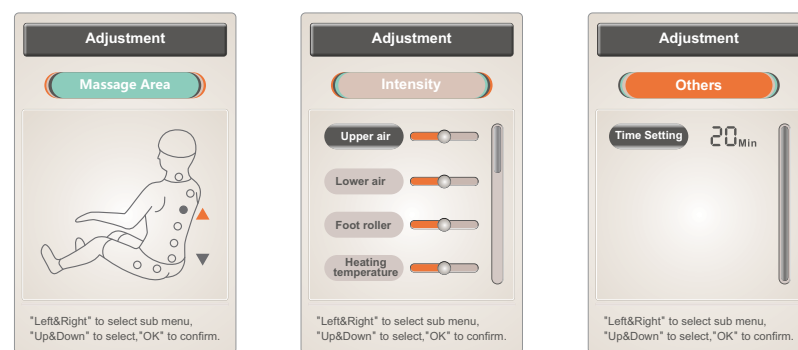
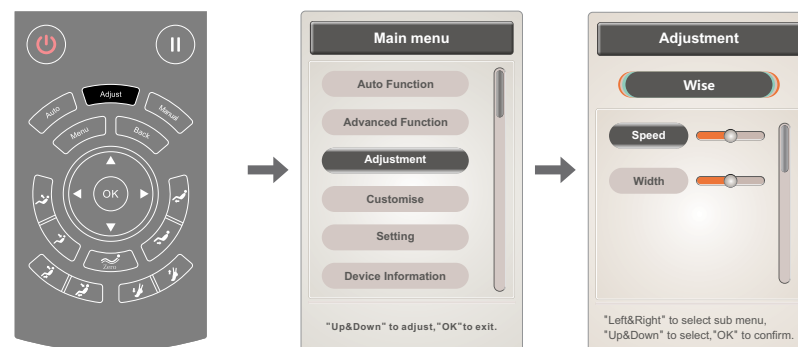
• Manual mode (other - bluetooth)

- Turn the Bluetooth functionality on or off by pressing the "Ok" button.
- After the Bluetooth-enabled audio source device (such as mobile phone, Tablet, Etc.) is paired with the massage chair Bluetooth module, the music on the audio source will be wirelessly transmitted to the massage chair audio system for music playback via Bluetooth
- Press "Up" or "Down" to select other massage functions, press "Back" to return to function selecting screen.



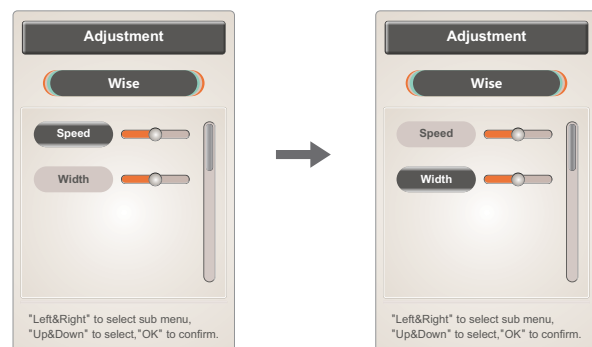
7. Adjustment function (adjustment button – you can also directly press the "adjustment button" to enter the adjustment function interface)

- Press "Menu" to enter the main menu interface, select the adjustment function button. This will adjust massage techniques, massage area, intensity, other (currently timing), and other adjustment functions.
- Press the "Left" button or "Right" button to switch the submenu function, select the massage function in the menu, press "Up" or "Down" to select the function to adjust, press "Ok" to confirm, press "Back" to return to status screen.



1. Adjustment function (adjustment key – technique)

- Adjustment function (method): Massage method or technique adjustment including speed and other massage function adjustment.
- Press the “Up” or “Down” button to select the speed or width function, and press “Ok” button to adjust the speed and width.

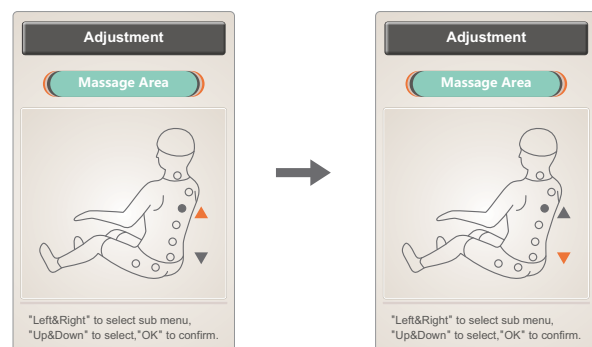


Note:

- Speed: The speed of the massage can be adjusted with 5 level settings.
- Width: In the modes of tapping, shiatsu and tapping massage, the width can be adjusted between 3 levels.

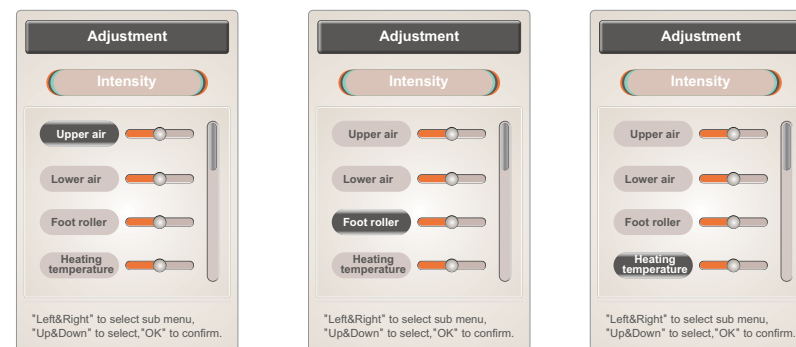
2. Adjustment function (adjustment button – massage area)

- Adjustment function (massage area): In the modes of fixed point or partial massage area, press and hold the “Up” button to move the massage area up, release to stop. Press and hold the “Down” button to move the massage area down, release to stop.



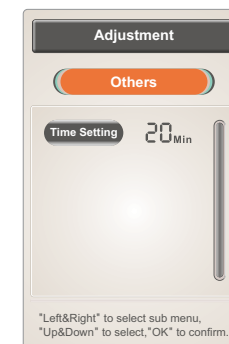
3. Adjustment function (adjustment key – strength)

- Adjustment function (strength adjustment): adjusts upper body air pressure, lower body air pressure, roller, with 5 speeds of adjustment. Infrared carbon fiber heat with 3 adjustable levels.
- Press “Up” and “Down” to select the air pressure or the wheel strength, and press “Ok” to adjust the intensity.



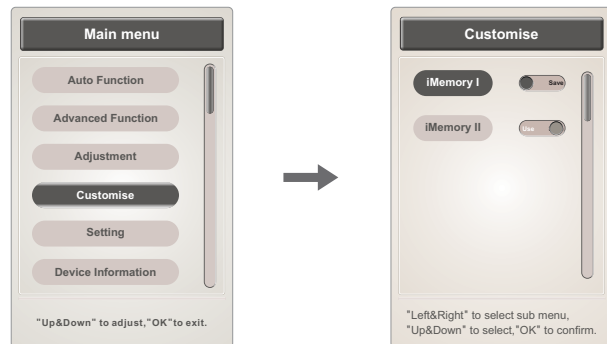
4. Adjustment function (adjustment button – other adjustments)

- Adjustment function (other adjustments), Settings for timing currently. Each time you press the “Ok” button it will be adjusted in increments of 5 min. Once the maximum of 40 min is reached it will return to the minimum amount of 5 minutes. (the cycle will be repeated)



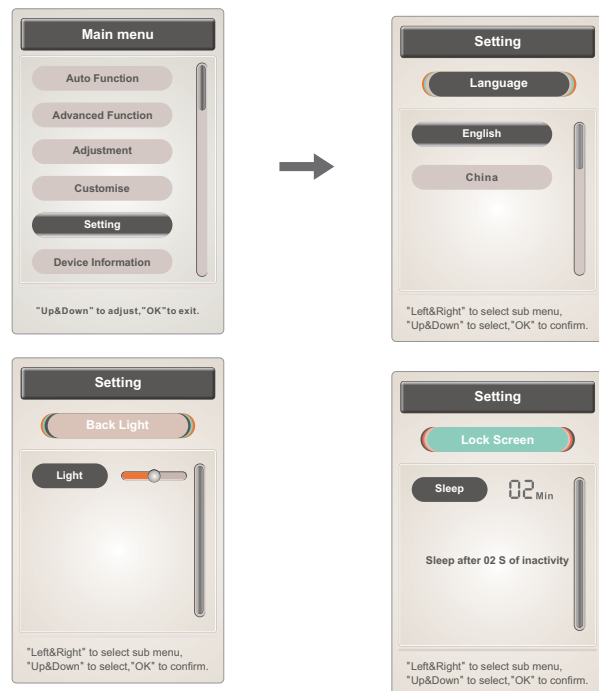
8. Custom

- Press “Menu” to select “Custom” function under the main menu to enter the custom storage and selection menu.
- Select “Save” or “Use” with the “Left” button or “Right” button and select “Ok” to confirm selection.
- Select Custom Storage I or Custom Storage II with the “Up” or “Down” button. Storage: Store all the current techniques, Pressure, angle, and other massage function settings.
- Call: Recall the previously stored techniques, air pressure, angle, and other massage function settings.
- Press “Back” to return to the previous screen.



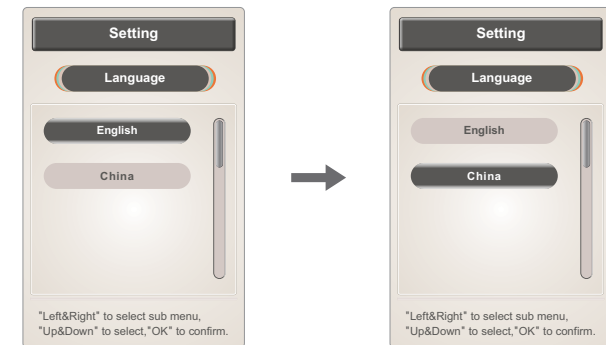
9. Setting

- Press "Menu" to enter the main menu screen, select "Settings" function button, to enter the settings screen. Adjust language, backlight, lock screen and other settings.
- Press the "Left" button or "Right" button to switch the submenu. Press "Up" or "Down" to select the function, press "Back" to return to the status screen.



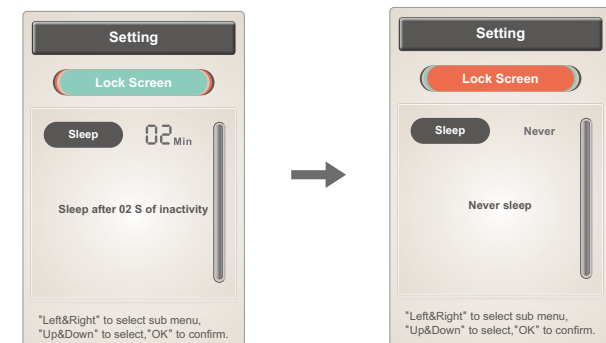
1. Settings (language)

- Settings (language): Sets language to English or Chinese.
- Press "Up" or "Down" to select the language type, press "Ok" to confirm, press "Back" to return to the status screen.



2. Settings (lock screen)

- Settings (lock screen): Press "Ok" to adjust the lock screen time. Each time you press "Ok" the lock screen is adjusted between the following settings: 15 seconds, 30 seconds, 1 minute, 2 minutes, or never lock screen. Press "Ok" to enter loop and press "Back" to return to the status screen.



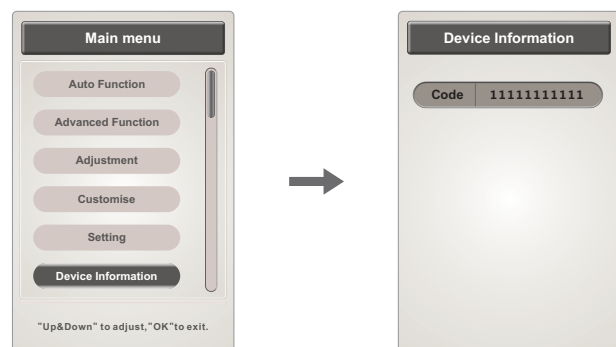
3. Settings (back light)

- Set (back light) brightness, press "Enter" to adjust the brightness, a total of 5 level settings. Press "Back" to return to the status screen.



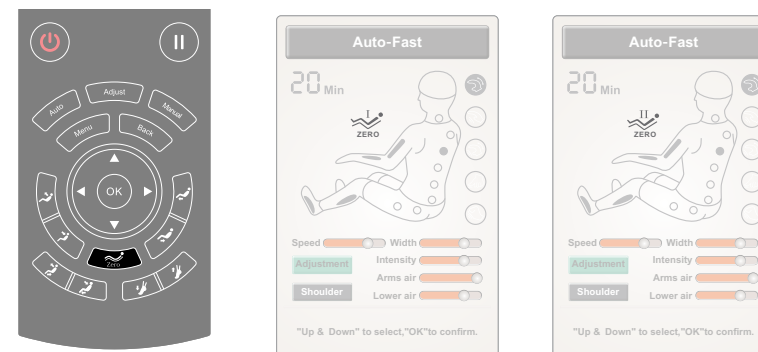
10. Device information

- Press "Menu" to enter the main menu interface and select the device information function to display the current model number and other information.
- Press "Up" or "Down" to select and press "Ok" to confirm, press "Back" to return to the status screen.



11. Zero gravity button

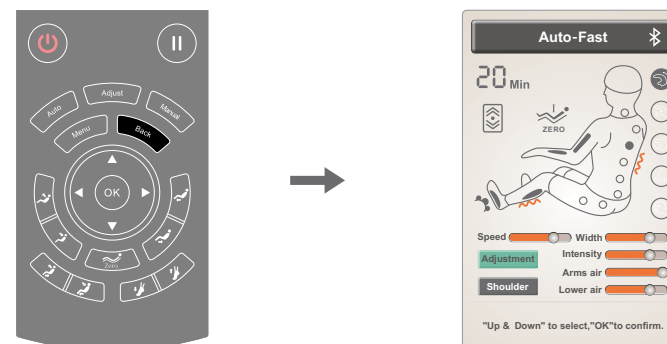
- Press "Zero Gravity" to turn on the zero gravity massage function, you can choose "Zero Gravity I" or "Zero Gravity II" mode to find the setting that best fits your needs.



Function	Description
	Zero Gravity: You can choose the "Zero Gravity I" or "Zero Gravity II" massage mode according to your needs.

12. Back button

- To return to the main interface screen press this button to display the current massage mode settings and operation status.



13. Position and Adjustment buttons

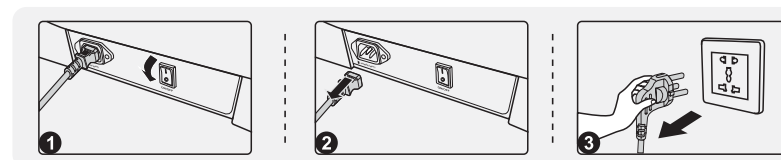
Function	Description
	Footrest rise button: Press and hold this button to slowly adjust the frame up, release to stop rising. After adjusted it will cycle to auto detect to the length of leg and foot.
	Lower leg lowering button: Press and hold this button to slowly adjust the frame down, release to stop lowering. After adjusted it will cycle to auto detect to the length of leg and foot.
	Backrest rise button: Press and hold this button to slowly rise the backrest, release to stop rising.
	Backrest lower button: Press and hold this button to slowly lower the backrest, release to stop lowering.
	Rise Button: Press and hold this button, the backrest rises slowly, while the footrest frame slowly lowers until the button is released to stop.
	Lower Button: Press and hold this button, the backrest lowers slowly, while the footrest fame slowly rises until the button is released to stop.
	Zero gravity button: When button is pressed chair enters Zero-Gravity mode. There are two different zero gravity modes to pick between.
	Footrest raise button: Press and hold this button to manual adjust the footrest to shorten, release to stop.
	Footrest lower button: Press and hold this button to manual adjust the footrest to lengthen, release to stop.

14. Quick access controller

Function	Description
	Power Button: Press this button to turn all massage functions on or off.
	Rise Button: Press and hold this button, the backrest rises slowly, while the footrest frame slowly lowers until the button is released to stop.
	Lower Button: Press and hold this button, the backrest lowers slowly, while the footrest fame slowly rises until the button is released to stop.
	Zero gravity button: When button is pressed chair enters Zero-Gravity mode. There are two different zero gravity modes to pick between.
	Footrest raise/lower button: Press and hold this button to manual adjust the footrest to shorten, release to stop.
AUTO	Auto mode button: cycle between the automatic modes with each button press

3. Turn off the power and stop massage

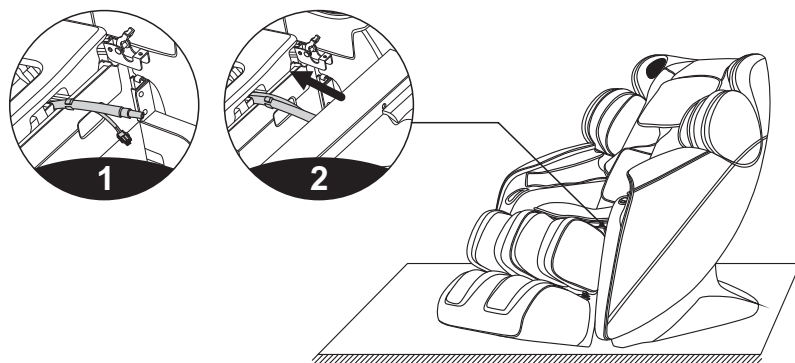
- At any time during the massage process press the power key to stop all massage functions. The seat and backrest will return to starting position and all functions of the massage are immediately turned off.
- Turn off the power switch and unplug the machine between uses.



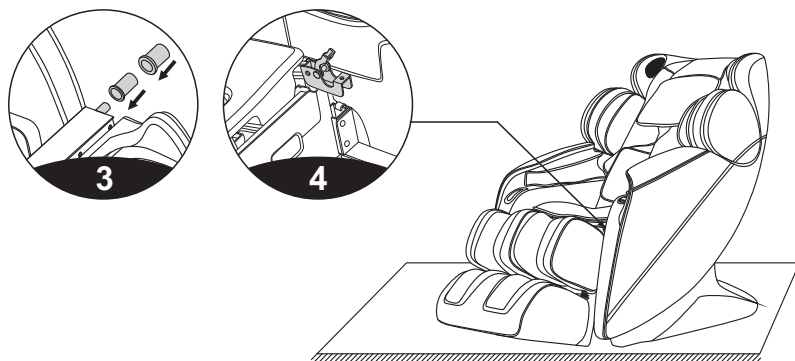
- 1 Power off the main power switch
- 2 Unplug the power cord from the unit
- 3 Unplug from the wall

4. Footrest Installation

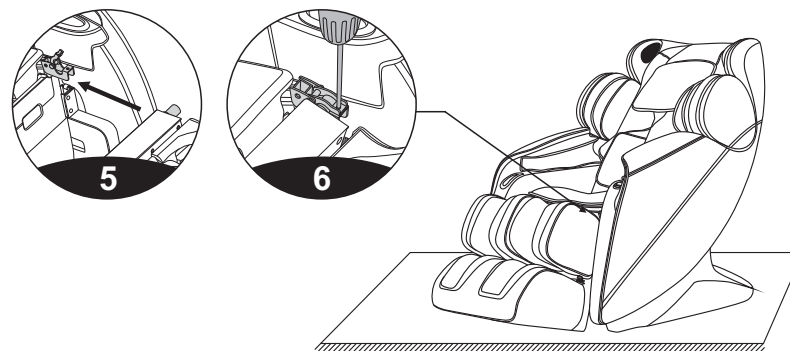
1. Remove the tie securing the wiring connection and air pipe connection to the metal for shipping (Figure 1).
2. Connect the wiring connector and the air pipe and the leg joint in the lower portion of the frame. Ensure the docking is in place. Then insert the docking cable and the air piper from the lower end of the frame into the lower side of the frame paying attention to the plug. Avoid cutting off the airway when inserting this (Figure 2).



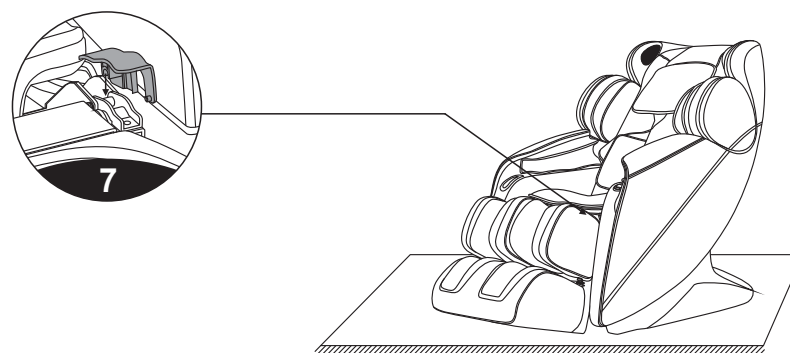
3. Insert the rotating inner sleeve and the rotating outer sleeve into the left side of the footrest and the right side of the lower leg (note: the large step must face inward) (Figure 3).
4. Open the footrest support hinge cover on the left and right mounts of the massage chair (Figure 4).



5. Then hang the lower leg (left and right shaft) into the frame support hinge plat at the same time.
6. Cover the rotating shaft cover, press footrest rotating cover, and then tighten footrest rotating cover board with tow M5x14-12.9 screws and a 6x12x1.5 flat pad with the supplied hex wrench. (Figure 6)

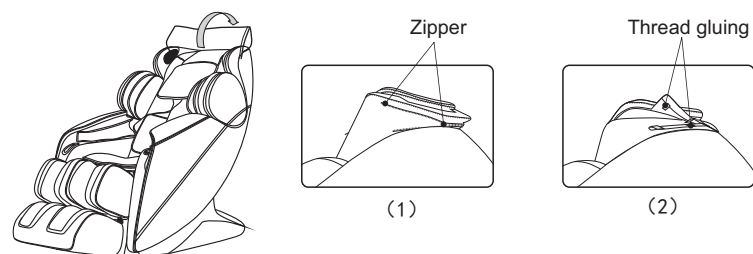


7. After the screw is installed, install the provided footrest cover (Figure 7).



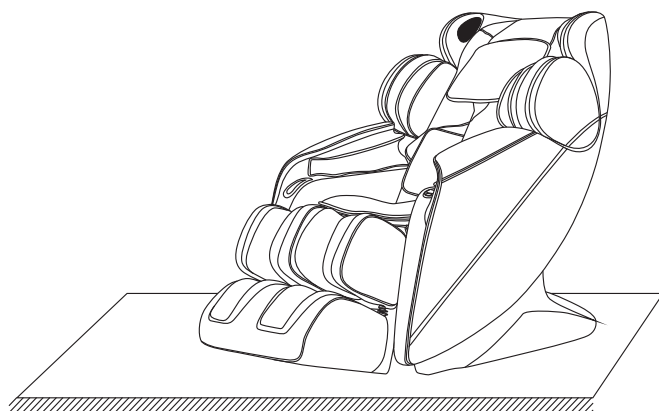
5. Backrest and Head Pillow Adjustments

- The Head pillow has a three par (three-layer) fold-down design. Choose the number of layers for the right fit for you. For a gentler massage separate the Velcro on the headrest to reveal the back pad. The additional head pillow/backrest portion may also be removed by unzipping and/or detaching Velcro.



6. Floor Protection

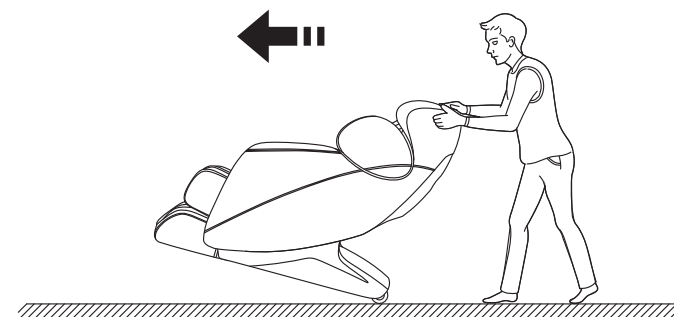
- Place on carpet or floor protector to avoid damage to surfaces. The massage chair can do damage to sensitive surfaces, such as wood flooring.



Caution: Do not move the chair by the wheels on wood flooring, rough ground, or narrow spaces. Two people are required to lift the massage chair. Remove Footrest or armrests.

7. Moving the Chair

- Before moving detach or secure the power cable. Tilt the chair by the backrest backward until well balanced at the center of gravity on the wheels. Push the forward or backward to the desired location then set the chair down slowly and carefully.



Note: Turn off the power and unplug and detach the power cable before moving.

Product specification

Model: A392
Configure: 1
Name: Massage Chair
Rated voltage: 110-120V~ 60Hz ☐
220-240V~ 50Hz/60Hz ☐
Rated power input: 200W
Rated time: 20Min
Safety structure: Class I

Material introduction: PVC, PA, steel parts and electric & electron parts

MATERIAL	PU	LEATHER	CLOTH	WOOD