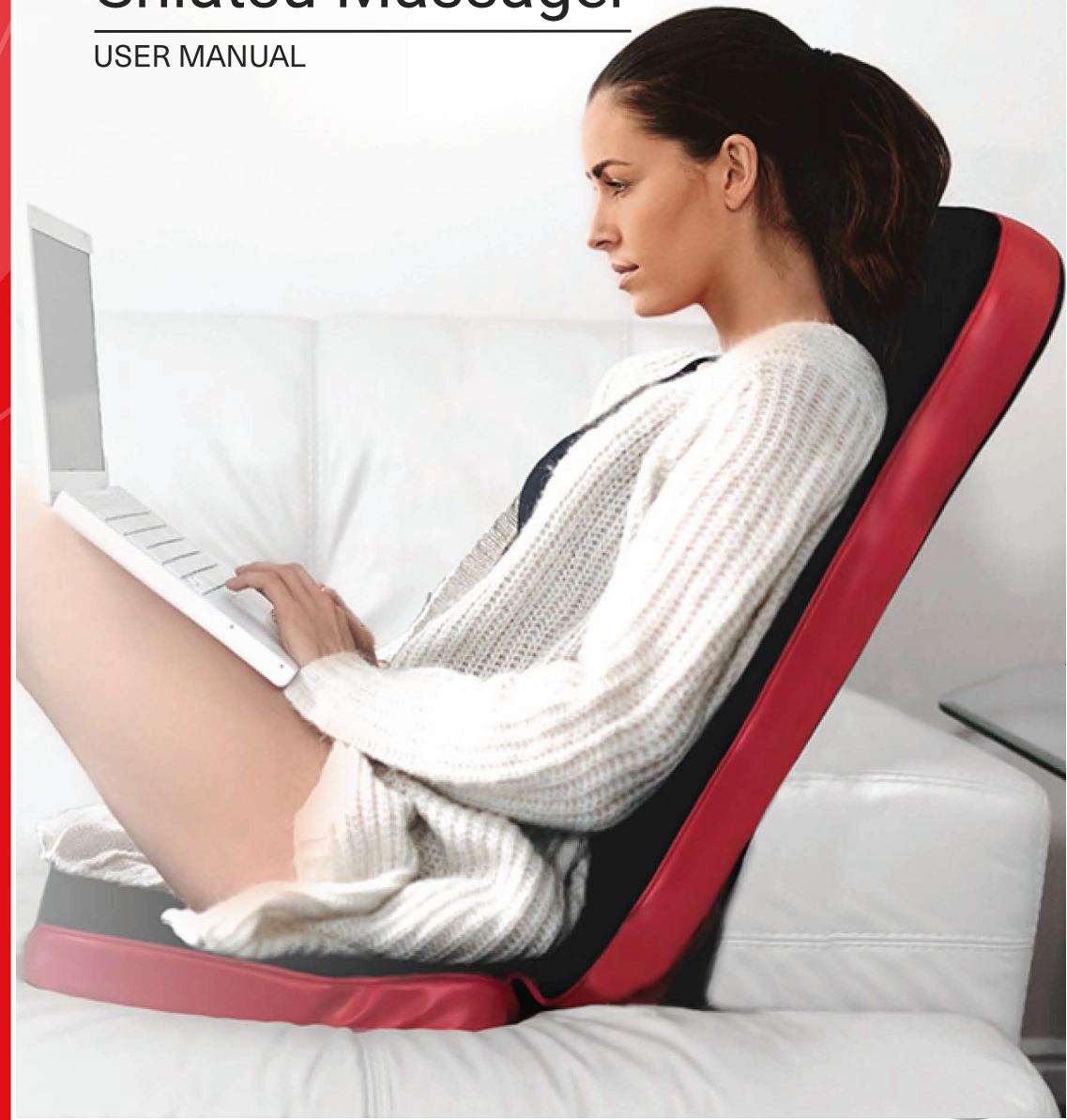




HOME SUITE

Shiatsu Massager

USER MANUAL



 ZARIFA USA



< relax in style

Since being established in 2008, the name Zarifa stands for high quality products on the health-, spa and fitness market. Today, Zarifa Equipment is available in internationally.

Constant further development, an unmistakable design and a focused orientation towards a better quality of life are what characterize Zarifa Products, as much as their unbeatable and reliable quality.

CONGRATULATIONS!

With the purchase of this massage device you have shown awareness of your health.

In order for you to enjoy the advantages of your massage device in the long term, we ask you to read and adhere to the instruction manual carefully.

We wish you a lot of fun with your personal Zarifa Shiatsu Massager.

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SAFETY INSTRUCTIONS



Please carefully read the following instructions to before using this fitness equipment to ensure its proper function and optimal effect. Please retain these instructions for use!

- This massage device complies with the recognised principles of technology and current safety regulations.
- This equipment is maintenance free. Any necessary repairs must be performed by an authorised professional. Improper use and unauthorised repairs are prohibited for safety reasons and will void the warranty.
- Never touch the power plug with wet hands.
- Please avoid the equipment coming into contact with water, high temperatures and direct sunlight.
- Be sure to unplug the equipment from the power point during extended periods of non-use to eliminate the risk of a short circuit.
- Do not use damaged plugs, cords or loose sockets. Damaged plug or cords must be replaced by the manufacturer, service representative or qualified personnel. In the event of malfunction unplug the equipment immediately. We assume no liability for damages resulting from wrongful or improper use.
- In order to prevent excessive stress on muscles and nerves, the recommended massage time of 30 minutes should not be exceeded.
- Never use pointy or sharp objects.
- Any massage – also massage by hand – has to be avoided during pregnancy and/or in case of one or more complaints in the area of the massage: head diseases recent injuries, thrombotic illnesses, inflammations and swelling of any kind as well as cancer. Consultation of your physician is recommended prior to any treatment of afflictions and ailments.
- Do not use the device while driving.
- If you depend on electrical aids such as a pace maker, please consult your physician prior to usage in any case.

START UP

Carefully loosen the screw on the back of the massage device. Remove the cover and connect the plug to the adapter. Attention! The screw is not to be used again. Just remove it.

Please connect the adapter with the device and subsequently plug the power plug into the power socket. Now turn on the device by the remote control.

TECHNICAL DATA

Measurements: 75 x 46 x 8 cm

Weight: 7,8 kg

Power source: Input: AC 100-240 V ~ 50/60 Hz

Output: DC 12 V, 4000 mA

Rated power: 42 watt

Operating time automatic: 15 minutes

Certificates:



EQUIPMENT / FUNCTIONS



In the new Zarifa Shiatsu Massager, the massage heads normally made from plastic are substituted with heads of genuine jade. The natural powers of jade are increased by an integrated heating system. The Massage will be intensified by sending healing warmth into the depths of the muscles.

The heat is permeating through the stone slowly and is only noticeable after a few minutes. During this heating phase the tissue is already being relaxed by the rotating movement of the massage heads and surface hardening and tension are being released. The optional vibration also allows for the stimulation of the circulation and lymphatic system. Blood circulation is effectively improved and the purification facilitated.

Please position the Massager on a stable chair. The burden of your bodyweight intensifies the massage effect. Please ensure that your whole body is positioned centrally so that the massage heads run parallel to your spine. Using the rolling function you can vary the width between the massage heads, pressing the according button.



EQUIPMENT/FUNCTIONS

The massage function will switch off automatically after 15 minutes. In order to increase the lifespan of the motors, please switch on the massage heads again only after a minimum of 30 minutes have passed. This gives the motors time to cool down again. You should also allow a period of rest for your body. We recommend conducting the massages only two, maximum three times a day in order to not overstress your muscles.



For your own safety we equip the machines with a protection against overheating. Heat is created in the motors when placed under great stress and excessive pressure. Before this could create any risk, the machines will switch off automatically and will only allow switching on again after an appropriate downtime between 30 and 40 minutes. Do not use the machine for a period longer than 15 minutes at a time.



FOR MOBILE USE:

In addition to your Shiatsu Massager you will receive a 12 V adapter for mobile use.



REMOTE CONTROL



[1] On/Off
Switch the device on/off here. When switched off, the massage stops and the mechanism returns automatically to the lower rest position.

[2] Heating
Switch the heating function on/off.

[3] Time (10-20 minutes)
The preset massage time is 15 minutes. This button sets the desired massage duration. (5 minute intervals / 10-15-20).

SELECT MESSAGE AREA

[4] Switch the massage on/off over the entire back area.

[5] Switch the massage on/off in the shoulder and neck area.

[6] Switch the massage on/off in the back and lumbar area.

[7] Vibration (in seat area)
Start/stop the vibration massage.

[8] Kneading
This button switches the kneading function on/off.

[9] Reverse (only possible in kneading mode)
This button determines the rotation direction of the massage heads.

[10] Rolling
This button switches the rolling function on/off.

[11] Width (only possible in rolling mode)
This button changes the spacing of the massage heads during a rolling massage.

[12] Spot (only possible in kneading mode)
When held down, these buttons move the position of the massage heads upwards and downwards. When the respective button is released, the mechanism stops at the desired point.

MASSAGE TECHNIQUES

SHIATSU/KNEADING

Shiatsu (finger pressure) is a form of body therapy developed in Japan. The massage technique consists of gentle rhythmic twists and rotations with deep effect. Shiatsu aims to stimulate individual points in the body and to mobilise the muscles.



VIBRATION

The Vibration puts entire body regions into even vibrations, which continue all the way into the depths. Stimulating for circulation, warming and relaxing for the muscles.



ROLLING

The ROLLING is a pleasant change between tension and release of the muscles and therefore is especially calming and relaxing. This technique is often used as a conclusion of the massage for relaxation of the muscles and for regeneration.



HEATING

A deep and warmth-radiating effect, where one can relax perfectly. This function is especially enjoyable in case of muscle tension due to its deep effect.



TROUBLESHOOTING

Error

The massage device cannot operate even though it has been connected to the power supply.

Adjustment

- Check the connection of the adapter.
- The device could be overheated after prolonged use. It will automatically cool down to resume its normal condition. Please turn off the power and allow the device to cool off for 30 to 50 minutes.

STORAGE / CARE

Regular care will extend the life of your Shiatsu Massager whilst also ensuring safe operation at all times.

1. Recommended storage: dry, free of dust.
2. Keep liquids and open fire away from the Shiatsu Massager
3. Clean the equipment using a dry, soft cloth.
4. Always unplug the Shiatsu Massager when not in use.

WARRANTY CONDITIONS

The dealer grants the statutory warranty period on the product described overleaf. The warranty applies from the date of purchase. The date of purchase is demonstrated by the sales receipt.

The dealer is to repair or replace products registered within the USA which are found to be defective free of charge. Parts subject to wear and tear such as cloth covers are not covered. To assert your claim, simply return the defective product with the sales receipt before the end of the warranty period.

The warranty claim does not apply if it is established that a defect has occurred e.g. through external influence or as a result of repair or alteration not carried out by the manufacturer or an authorized dealer. The warranty granted by the seller is limited to repair or replacement of the product. Under this warranty, the manufacturer or seller has no further liability and is not responsible for damage caused by disregard of the operating instructions and/or improper use of the product.

If inspection of the product by the seller reveals that the warranty claim relates to a defect not covered by the warranty or that the warranty period has expired, the cost of the inspection and repair are to be borne by the customer.

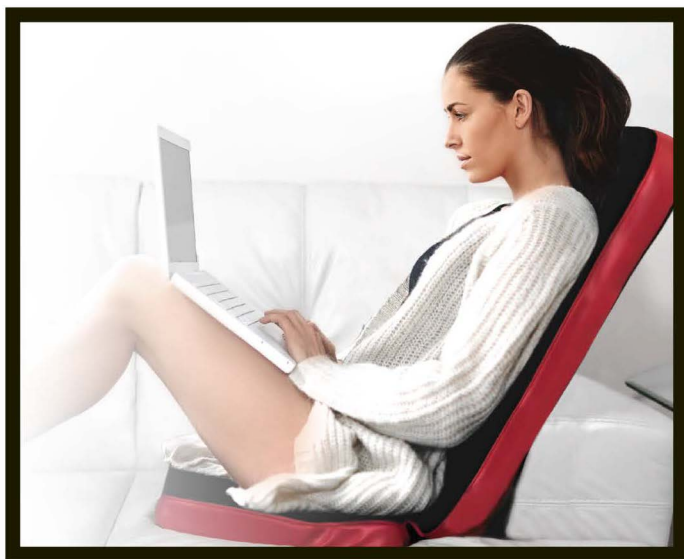
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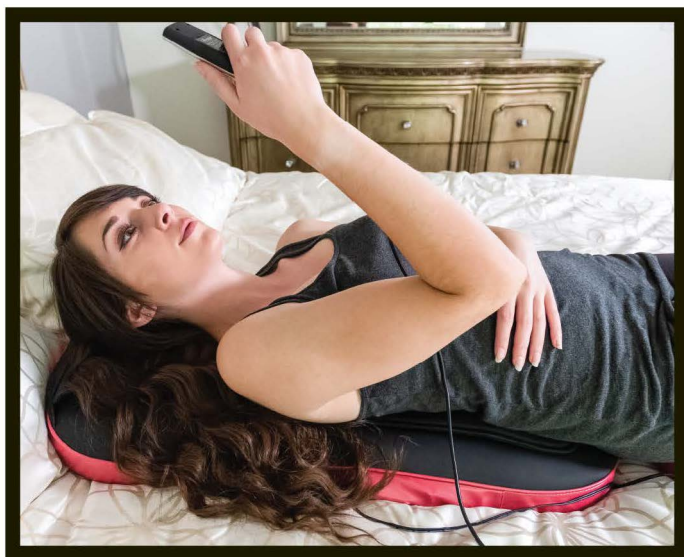
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HOW TO USE YOUR MASSAGER

USE AT HOME ON YOUR COUCH,

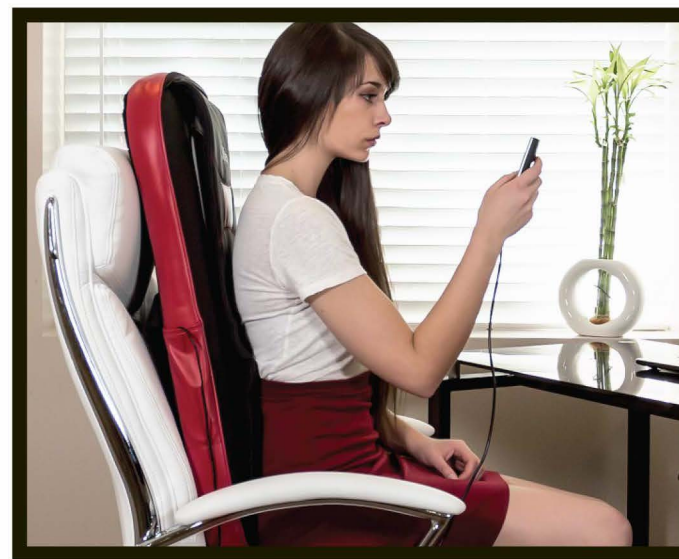


WHILE LAYING IN YOUR BED,

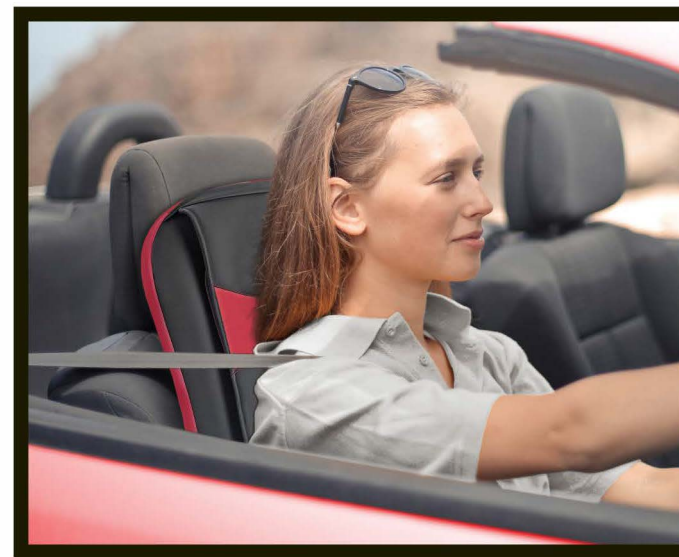


MORE WAYS!

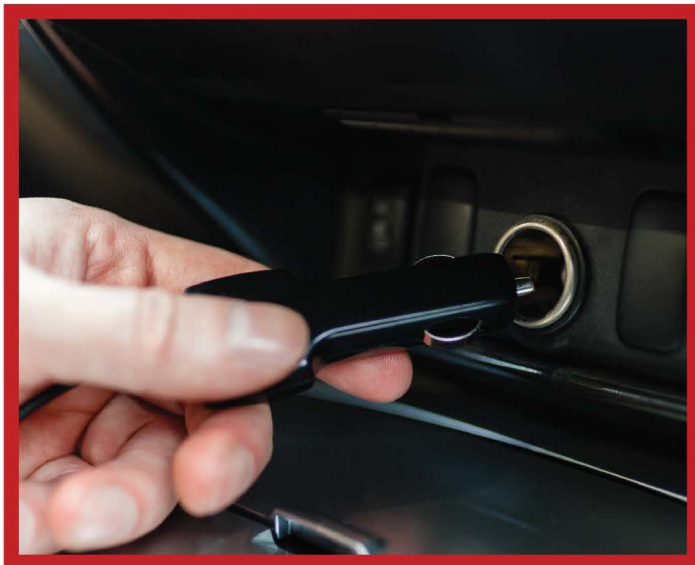
DURING WORK AT THE OFFICE,



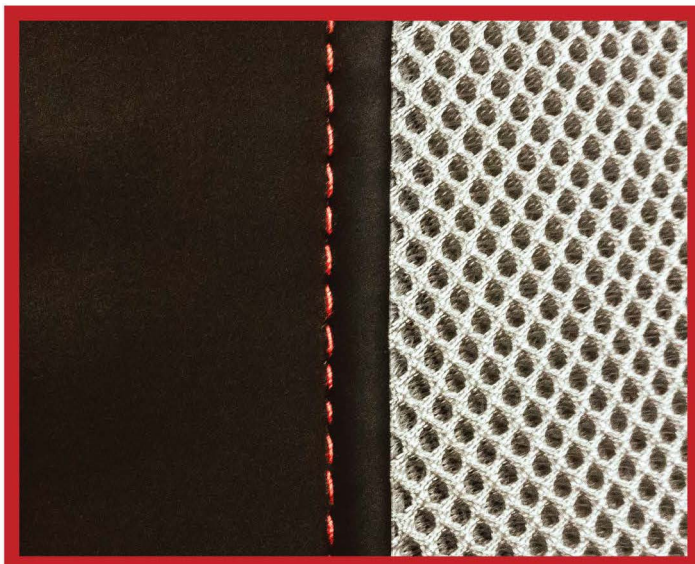
AND IN THE CAR ON THE ROAD.



CAR ADAPTER INCLUDED



QUALITY STITCHING, BETTER LEATHER



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