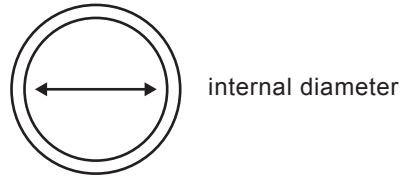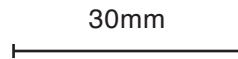# SEOIDÍN

Printable ring sizing guide

This guide is aimed to help you decide which ring size to choose.

For increased accuracy, use a ring in a similar style and with a similar band width to the ring you intend to buy.

internal diameter

Step 1

Print this document out to 100% by ensuring page scaling is set to 'none' on the print dialogue box or PC by selecting the print at 'actual size' option on Mac. This guide must be printed on a full A4 page. When printed, check the line below - it should measure exactly 30mm.

30mm

Step 2

Place your ring band on the chart below and match the inside edge of the ring to the nearest size circle.

Step 3

The letter in the circle that best fits your ring is your ring size. If it falls somewhere in between two sizes then you should opt for the larger size.

H	I	J	K
14.80mm	15.20mm	15.60mm	16mm

L	M	N	O
16.40mm	16.80mm	17.20mm	17.40mm

P	Q	R
18.00mm	18.40mm	18.80mm