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## VENUS NANO (FRACTIONAL RADIOFREQUENCY) PRE- AND POST-CARE GUIDE

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### PRE-TREATMENT INSTRUCTIONS

Wear sunscreen with an SPF of at least 30 and avoid excessive sun exposure.

Discontinue the use of Accutane for **6 months** prior to the procedure.

Discontinue the use of products such as Retin-A, Hydroquinone, higher strength glycolic acids, and any acne products that contain Salicylic Acid or Benzoyl Peroxide for **3 days** prior to the procedure.

If you have a tendency to develop cold sores, inform your BeautyFix provider so that we can treat you prophylactically to prevent an outbreak.

### POST-TREATMENT INSTRUCTIONS

Wear sunscreen with an SPF of at least 30 and avoid excessive sun exposure.

Do not resume the use of products such as Retin-A, Hydroquinone, higher strength glycolic acids, and any acne products that contain Salicylic Acid or Benzoyl Peroxide **2 weeks** post-treatment.

Only mineral makeup should be used **3 to 7 days** post-procedure.

The duration of swelling and redness will vary according to individual variations and also the settings used. On average, swelling lasts **1 to 2 days** and redness may persist for another **5 days**.

Avoid touching your face as much as possible. Anything which touches the skin, particularly in the first **3 to 5 days** post procedure, must be clean.

**We want you to have a safe and exceptional experience at BeautyFix!**

**If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at [customercare@beautyfixmedspa.com](mailto:customercare@beautyfixmedspa.com) with your concerns.**