

FILLERS PRE-CARE

instructions



Avoid blood-thinning medications and supplements unless prescribed otherwise by your physician



Do not consume any alcoholic beverages the day before and day of your appointment to lessen the risk of bruising



Avoid salty foods a few days before and after the treatment as excess sodium causes the body to retain water, which in turn can worsen swelling and bruising



If you are susceptible to cold sores, the punctures from your fillers may cause a new one to form. Talk to your doctor about ways to prevent an outbreak



Do not schedule a dermal filler appointment if you are pregnant or breastfeeding



Avoid scheduling dental appointments for two weeks after your treatment

+1 (212) 366 4787 | booking@beautyfixmedspa.com | www.beautyfixmedspa.com

BOOTYFIX PRE-CARE *instructions*



Avoid blood-thinning medications and supplements unless prescribed otherwise by your physician



Do not consume any alcoholic beverages the day before and day of your appointment to lessen the risk of bruising



Do not schedule a dermal filler appointment if you are pregnant or breastfeeding



Avoid any exposure to the sun for at least two weeks prior to your treatment



Avoid salty foods a few days before the treatment as excess sodium can worsen swelling



Avoid scheduling CoolSculpting or EmSculpt NEO appointments for two weeks after your treatment

+1 (212) 366 4787 | booking@beautyfixmedspa.com | www.beautyfixmedspa.com

SKINFIX PRE-CARE *instructions*



Do not schedule a SkinFix appointment if you are pregnant or breastfeeding



Avoid drinking alcoholic beverages at least 24 hours before your appointment



Big event? Schedule your appointment about six weeks in advance with a follow-up appointment closer to your event date



Do not wear makeup or lotion on the treatment area the day of your appointment



Let your BeautyFixer know about any medications, medical conditions, and/or past skin conditions



Avoid being in the sun for at least two weeks prior to your treatment and wear SPF 30+

+1 (212) 366 4787 | booking@beautyfixmedspa.com | www.beautyfixmedspa.com

LASER HAIR REMOVAL PRE-CARE

instructions



Do not schedule a laser hair removal appointment if you are pregnant or breastfeeding



Do not wax or tweeze your hair for at least three weeks prior to your appointment and come clean shaven



Laser hair removal cannot be done over or near areas of the body that have tattoos or permanent makeup



Reschedule your Bikini or Brazilian Laser Hair Removal appointment if you're menstruating



Avoid being in the sun for at least one week prior to your treatment



Avoid drinking alcoholic beverages at least 24 hours before your appointment

+1 (212) 366 4787 | booking@beautyfixmedspa.com | www.beautyfixmedspa.com