

212.366.4787 | www.beautyfixmedspa.com

## **MORPHEUS8**

## **PRE- AND POST-CARE GUIDE**

## PRE-TREATMENT INSTRUCTIONS

Avoid skin irritation or intentional sun tanning. Sunscreen is advisable when outdoors during daylight hours.

Discontinue any irritant topical agents for **2-3 days** prior to treatment.

Arrive for treatment with clean skin. There should be no lotion, make-up, perfume, powder or bath/shower oil present on the skin in the area to be treated.

## **POST-TREATMENT INSTRUCTIONS**

Immediately after treatment, most patients will experience erythema (redness) for **1-3 days.** 

Slight to moderate edema (swelling) and a mild to moderate sunburn sensation are also common post treatment and may last **1-3 days.** 

Skin may crust and peel for 2-7 days depending on treatment settings.

Before discharge, a topical ointment may be applied to the face - no bandages or wraps are necessary.

There are no restrictions on bathing except to treat the skin gently; avoid scrubbing or trauma to the treated area.

Avoid sun exposure to reduce the chance of hyperpigmentation. The use of a zinc oxide sunblock SPF 30+ is recommended at all times after **24-48 hours.** 

We want you to have a safe and exceptional experience at BeautyFix!

If you experience discomfort within 12 hours post-treatment, please call BeautyFix at 212-366-4787 or email us at customercare@beautyfixmedspa.com with your concerns.