

Lookee Sleep Monitor Quick Start Guide

Video Guide:

Open Box Demo Video:

https://youtu.be/_GAHXDNkBuY

How to Connect, Setup App, Check Report

<https://youtu.be/NMXFGDWBQC8>

How to Sync Data to App:

https://youtu.be/wZ_AEzNyEuA

Text Guide:

Charge:

Charge your Lookee Sleep Monitor for 2-3 hours by USB Charging Cable. The LED will turn off after it is fully charged. You may need to charge the device every 1-2 day as it depends on your sleep condition and use hours. Please make sure the enough battery power for a whole night monitoring. You can see the battery power on Dashboard when the App is connecting with the Sleep Monitor.

Download and Connect the APP:

Download App on your Smartphone or Tablet and Enable Bluetooth on your mobile. **App name: ViHealth**
Compatible with Mobiles with Android 5.0+, iOS 9.0+

Enable Bluetooth on your mobile. Press the button to turn on the device, and then open the App. You will see the reminder on the open screen to ask you to select the device to connect. Click and connect the Lookee Sleep Monitor with your App on your mobile. The last 4 digits of the Serial Number (SN) of your device will be needed for the connection. You can find it at the back of the device when you take it off from the wrist band. You can see here if you can't find the SN on your Lookee Wrist Sleep Monitor:

<https://www.lookeetech.com/pages/where-i-can-find-the-serial-numbers-sn-on-the-lookee-device>

Monitor Your Sleep:

Wear the Lookee Sleep Monitor on your wrist, put the silicone sensor on your thumb. **If it is too tight, try another finger.** Press the button on side to turn the device on to start to monitor your sleep. Please turn off your App during sleep.

Sync Data to App:

After monitoring, take the device off, and you will see the green light is still on for a couple of seconds to save the data and then you will see the blue light is flashing that mean the device is ready to sync data to your mobile device. Turn on App to sync the data. After the download is completed, you can check your sleep report on the App.

Check Real Time SpO2 and Heart Rate:

Wear the Lookee Sleep Monitor, press the button on side to turn it on. And then open your App from your mobile device. Your App will connect the monitor automatically. Check Dashboard to see the real time Oxygen Level and Heart Rate.

Check Sleep Report on App:

On the App, tap the Results to see the data list. Slide to left, you can delete it. Select one to view the report. You can zoom in by selecting 5h, 1h, or 30 min on iPhone, or pinch in or outward with your fingers on Android Phones to see more details on the infographic. Tap the Magnification Lens Icon at lower right corner and touch and move the check line to see the data on the specific time.

Smart Vibration Alarm Setting:

The vibration is triggered when Oxygen Level drops below the threshold preseted on App and stops when Oxygen recovers. You can adjust the threshold to find the best one to fit your sleep condition. Make sure your device is connected to App first. Then you can configure it in App->Settings.

Any question? Please feel free to contact us at Lookee Tech Customer Support:

Email 7/24 Support: Support@LookeeTech.com



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Phone Support: 1-818-287-7958 (7AM – 4PM, PST, Mon. – Fri.)