



## **Contraindications**

**DO NOT USE** the Air Relax Recovery system if you have any of the following conditions:

- Inflammation, Infection, Pain of unknown origin, Internal or External Bleeding, any Wounds, Lesions, Tumours , Bone Fractures or Dislocation at or near site of application
- Acute Pulmonary Oedema
- Acute Thrombophlebitis
- Acute Infections
- Deep Vein Thrombosis
- Episodes of Pulmonary Embolism
- Acute Congestive Cardiac Failure
- Or any condition where increased Venous & Lymphatic Return is undesirable
- You are pregnant

Please **consult your doctor before using the Air Relax Recovery system** if you have any of the following conditions:

- You have a cardiac pacemaker
- You have an implant at or near the site of application
- You feel weak
- You suffer from Diabetes (Types I & II)

Please **stop use immediately & consult your doctor** if you develop any of the following symptoms:

- You feel weak, light headed, or faint
- You show signs of peripheral nerve compression such as pain, tingling, numbness and muscle weakness

**Start Using the Air Relax System from the lowest pressure, and increase gradually until you've reached a pressure you are comfortable with. This product is for personal home use only and is not for use as a medical device.**