



Preschool

Me and My Body

Learning Lapbook

From the
"I Can Do
School Too!"
series



A Journey Through Learning
www.ajourneythroughlearning.com

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**While you are there, sign up for our email newsletter and
receive a FREE lapbook!
You'll also receive great discount codes, special offers, find out
what's new and what's to come!**

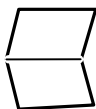
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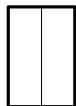
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Things to Know

Hamburger Fold-Fold horizontally



Hotdog Fold-Fold vertically



Folds-Labeled with a small line to show where the fold is and the words “hamburger fold” or “hotdog fold.”

Dotted Lines-These are the cutting lines

Accordion Fold-This fold is like making a paper fan. Fold on the first line so that title is on top. Turn over and fold on next line so that title is on top again. Turn over again and fold again on the next line so that title is on top. Continue until all folds are done.

Cover Labels-Most of the booklets that are folded look nicer with a label on top instead of just a blank space. They will be labeled “cover label.”

So where do the mini-booklets go?

A shape-coded and labeled KEY is included. This key shows you where all of the mini-booklets go in each folder. Keep this page handy! You'll also see at the top of the mini-booklet pages another graphic that shows once again where to place the booklet in each folder. So there are TWO ways to see where to place the booklet. We made it easy! You won't get lost.

Lapbook Assembly Choices

(see photos on how to fold and glue your folders together)

We recommend using Zip Dry Glue.

Choice #1 -Do not glue your folders together until you have completely finished all three folders. It is easier to work with one folder instead of two or three glued together.

Choice #2 -Glue all of your folders together before beginning. Some children like to see the entire project as they work on it. It helps with keeping up with which folder you are supposed to be working in. The choices are completely up to you and your child!

How Long Does it Take to Complete the Lapbook?

Doing a study guide page and mini-booklet a day, a 3-folder lapbook takes about one month to complete. However, you can expand the study portion and make it last as long as you like! That's the beauty of homeschooling! Do it YOUR way!

How It All Goes Together

What you need to get started

- *A printed copy of the lapbook by A Journey Through Learning
- *colored file folders
- *Scissors
- *Glue (We recommend Zip Dry Glue)
- *Hole puncher
- *Brads
- *Stapler

To make the storage system (optional-see directions)

- *Duct tape
- One 3-ring binder

Study Choices

Choice #1- Read the first page of the study guide. Then use the internet and fun children's books to learn more about the topic that is covered in that study guide. For instance-our American Indians lapbook has a study guide page about Geronimo. Dig into Geronimo. There are probably lots of interesting things to learn about him that the study guide does not cover. Spend a day on Geronimo or spend a week! The pace you take for the lapbook is completely up to you. When your child has completed studying that particular topic, it will be time to do the mini-booklet for that topic. The mini-booklet patterns are found right after the study guide page that it goes with. Or, your child might want to do the mini-booklet before he/she delves deeper into the subject. Once again, the order is completely up to you and your child.

Choice #2- Read only the study guide page and do the mini-booklet that goes with it. The mini-booklet patterns are found right after the study guide page that it goes with. You may choose to do one study guide/mini-booklet per day, two per day, two per week, three per week, etc. It doesn't matter. The pace is completely up to you. At one per day, it will take about a month to complete a 3 folder lapbook.

How to fold and connect the folders for your lapbook.



1. Gather the number of folders required for your particular lapbook.



2. Open up each folder and flatten it out.



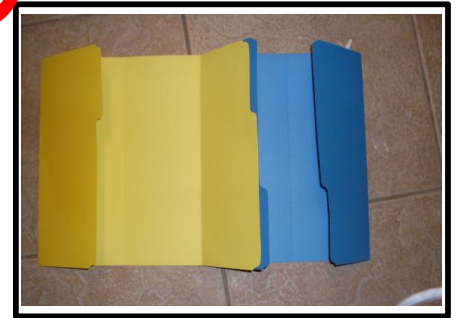
3. Take the right side and fold it all the way over until the tab is just before the middle crease in the folder. Do not overlap this crease with the tab.



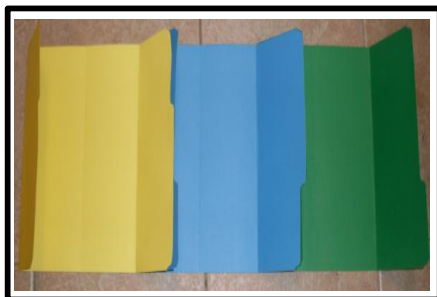
4. Fold the left hand-side over just to the crease but not overlapping it. Your folder now has two flaps. We like to run a ruler down each fold to make the fold neater and flatter. Do steps 3 and 4 to the remaining folders.



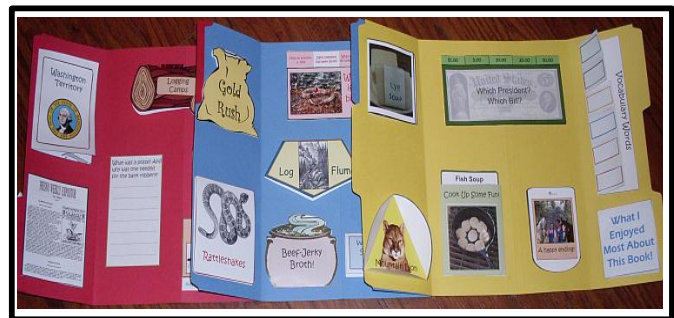
5. Take two of the folders and apply a generous amount of glue to their flaps. We recommend using Zip Dry Paper Glue.



6. Bring the flaps together and press so they stick together.



7. Do steps 5 and 6 to your remaining folders (if any).

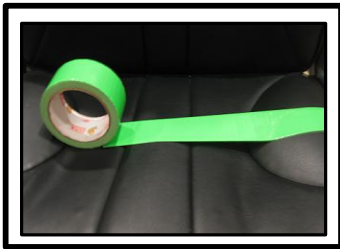


8. The patterns for all the mini-booklets are provided. Just cut out, construct, and glue them into your lapbook. Refer to the color-coded placement page or the actual mini-booklet page for placement of each mini-booklet.

Can I store all of my lapbooks in ONE location?

Yes! A Journey Through Learning has come up with a way that you can store all of your lapbooks from your books in ONE convenient location. A 3-ring binder serves as a great place to keep your lapbooks. This method of storage not only keeps your lapbooks from getting lost but also keeps them neat and readily available to show to dad, grandparents, friends, etc. When they are not being shown off, just place the binder on your bookshelf! Below, we have given you step-by-step directions (with pictures) of how to create a storage binder.

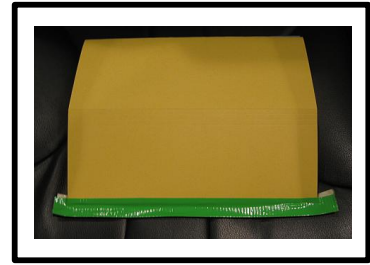
How to make a storage system for your lapbook(s)



Roll out enough duct tape to go across the folders lengthwise.



Put duct tape sticky side up. Place binded edge of lapbook on the duct tape (no more than $\frac{1}{4}$ inch!).



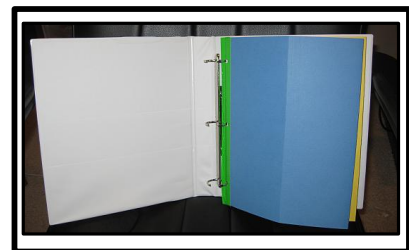
Then stick duct tape to the other side again about $\frac{1}{4}$ inch. There will need to be enough tape to hole punch.



Stick duct tape into hole puncher but be careful not to punch holes in your folders.

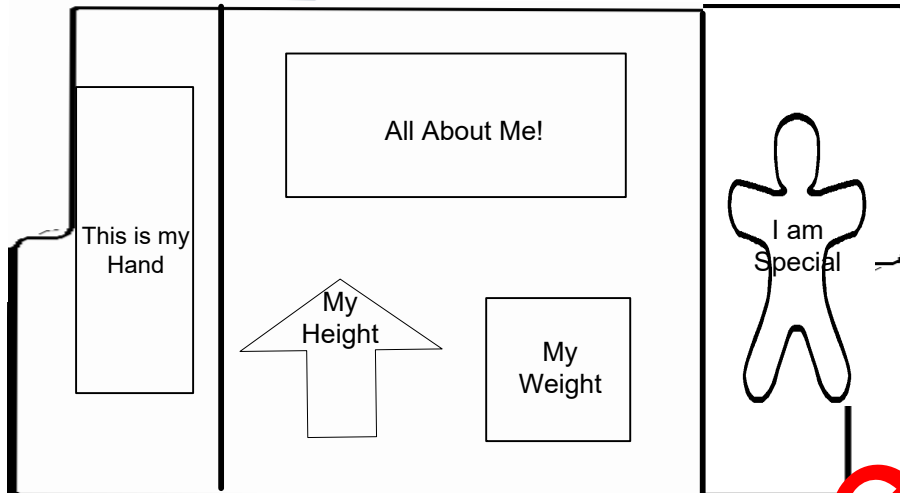


It will look like this.



Store folders in 3-ring binder.

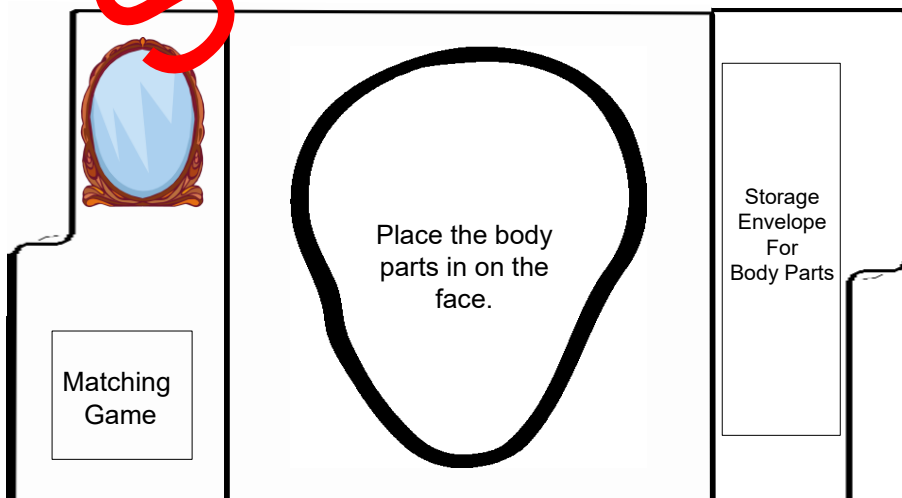
Folder 1



Folder 2



Folder 3



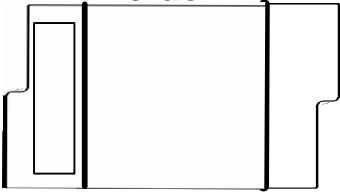
Use the blank body template to draw your hair, eyes, ears, nose, mouth, eyebrows, and your favorite outfit.

My Body



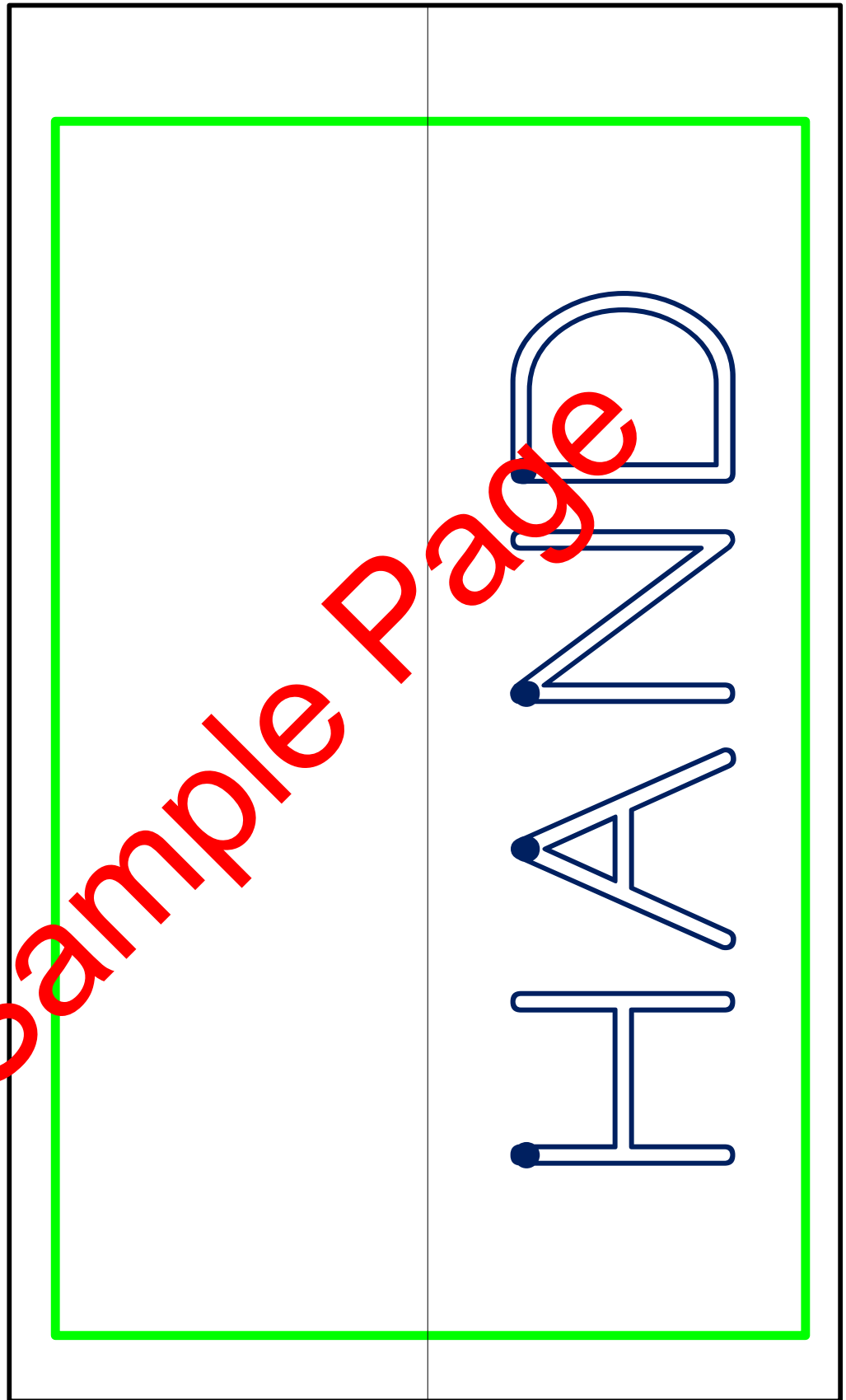
Hotdog fold

Folder 1

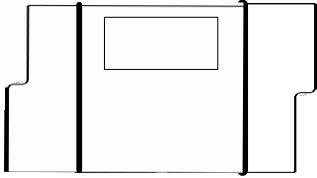


Cut out the booklet and fold in half. Glue into lap book.

Directions:
Trace the word. On the inside, trace your hand print.

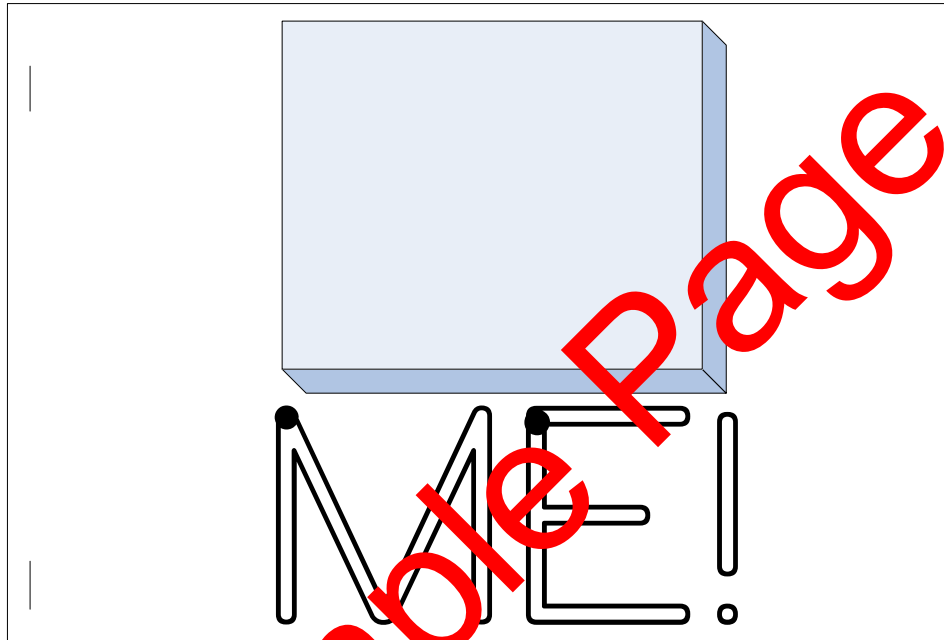


Folder 1



Cut out the pieces. DO NOT CUT OFF TABS. Stack together with title page on top and staple down the left side. Glue into lapbook.

Directions: Trace the words on each piece and write in the answers to the questions. Place a picture of yourself in the square. Fill out the information for each page.



Name



Age

AGE

Birthday

BORN

Birth
year

YEAR

Sample Page